



*Community Health  
Needs Assessment  
2013*

**St. Bernards Medical Center**  
**Community Health Needs Assessment**  
**September 2013**

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## Introduction

As a result of the *Affordable Care Act*, tax-exempt hospitals are required to assess the health needs of their communities and adopt implementation strategies to address identified needs. Compliance with section 501(r) of the Internal Revenue Code (IRC) requires that a tax-exempt hospital facility:

- Conduct a community health needs assessment every three years.
- Adopt an implementation strategy to meet the significant community health needs identified through the assessment.
- Report how it is addressing the significant needs identified in the community health needs assessment and a description of significant needs that are not being addressed with the reasons why such needs are not being addressed.

The community health needs assessment must take into account input from persons who represent the broad interest of the community served by the hospital facility, including those with special knowledge or expertise in public health, as well as those representing medically underserved, low-income or minority populations. The hospital facility must make the community health needs assessment widely available to the public.

This community health needs assessment, which describes both a process and a document, is intended to document St. Bernards Medical Center's compliance with IRC Section 501(r). Health needs of the community have been identified and prioritized so that St. Bernards Medical Center (the Medical Center) may adopt an implementation strategy to address specific needs of the community.

The *process* involved:

- Collection and analysis of a large range of data, including demographic, socioeconomic and health statistics, health care resources and patient use rates.
- Interviews with key informants who represent a) broad interests of the community, b) populations of need or c) persons with specialized knowledge in public health.

This *document* is a summary of all the available evidence collected during the initial cycle of community health needs assessments required by the IRS. It will serve as a compliance document as well as a resource until the next assessment cycle.

Both the process and document serve as the basis for prioritizing the community's health needs and will aid in planning to meet those needs.

## Summary of Community Health Needs Assessment

The purpose of the community health needs assessment is to help further the Medical Center's understanding of the health needs of the community and to document compliance with new federal laws outlined above.

The Medical Center engaged **BKD, LLP** to conduct a formal community health needs assessment. **BKD, LLP** is one of the largest CPA and advisory firms in the United States, with approximately 2,000 partners and employees in 32 offices. BKD serves more than 900 hospitals and health care systems across the country. The community health needs assessment was conducted from January 2013 through July 2013.

Based on current literature and other guidance from the U.S. Treasury Department and the IRS, the following steps were conducted as part of St. Bernards Medical Center's community health needs assessment:

- The "community" served by the Medical Center was defined by utilizing inpatient and outpatient data regarding patient origin. This process is further described in the section titled "Community Served by the Medical Center."
- Population demographics and socioeconomic characteristics of the community were gathered and reported utilizing various third parties (see references in Appendices). The health status of the community was then reviewed. Information on the leading causes of death and morbidity information was analyzed in conjunction with health outcomes and factors reported for the community by CountyHealthrankings.org. Health factors with significant opportunity for improvement were noted.
- An inventory of health care facilities and resources was prepared.
- Community input was provided through key informant interviews of 30 stakeholders, including those with special knowledge of or expertise in public health, as well as those representing medically underserved, low-income or minority populations. Results and findings are described in the Key Informant portion of this report.
- Information gathered in the steps above was analyzed and reviewed to identify health issues of uninsured persons, low-income persons and minority groups and the community as a whole. Health needs were ranked utilizing a weighting method that weighs 1) the ability to evaluate and measure outcomes, 2) the size of the problem, 3) the seriousness of the problem and 4) the prevalence of common themes.

### ***General Description of the Medical Center***

The Medical Center is a nonprofit organization, located in Jonesboro, Arkansas. A 16-member board of governors directs the Medical Center and ensures that the strategic direction of the hospital consistently meets the health care needs of the people which it serves.

St. Bernards Medical Center strives to provide high quality outpatient and inpatient health care services to the community it serves.

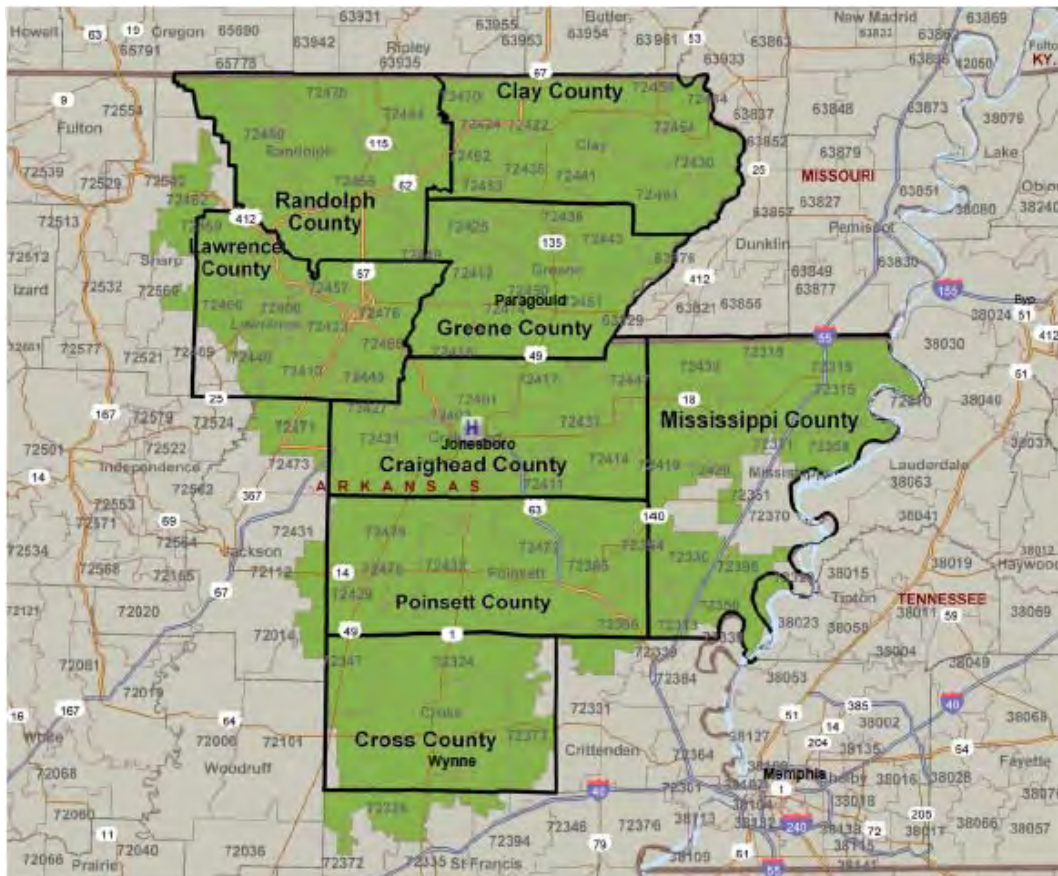
## Community Served by the Medical Center

The Medical Center is located in the city of Jonesboro, Arkansas, in Craighead County. Jonesboro is located approximately two hours northeast of Little Rock, Arkansas.

### Defined Community

A community is defined as the geographic area from which a significant number of the patients utilizing hospital services reside. While the community health needs assessment considers other types of health care providers, the Medical Center is the single largest provider of acute care services in Craighead and the surrounding counties. For this reason, the utilization of Medical Center services provides the clearest definition of the community.

The Medical Center analyzed its inpatient discharges and outpatient visits for the fiscal year 2012 to determine in which zip codes the majority of its patients resided. Any zip code that made up more than 2% of inpatient discharges or outpatient visits was considered to be part of the Medical Center's community. Zip codes where the Medical Center had more than 20% of inpatient market share were considered part of the community as well, along with any zip codes that were contiguous to the defined community. After eliminating zip codes that represented P.O. boxes rather than geographic areas, the Medical Center's community was determined to be made up of the 64 zip codes shaded in green on the map below. A listing of these zip codes, along with corresponding towns and discharge information, can be found at *Appendix A*.



As shown on the map, the Medical Center’s defined community aligns closely with the boundaries of Craighead, Greene, Mississippi, Poinsett, Cross, Randolph, Clay and Lawrence Counties. Because the majority of the publicly available data used in this report is available at the county level rather than the zip code level, and because of the large number of zip codes included in the Medical Center’s community, these eight counties will be used throughout this report as a basis for presenting demographic and public health information about the community. As shown in Exhibit 1 below, approximately 88% of the Medical Center’s inpatient discharges originate from these eight counties.

**Exhibit 1**  
**St. Bernards Medical Center**  
**Summary of Inpatient Discharges by County**  
**10/1/2011 - 9/30/2012**

| County      | Inpatient Discharges | Percent of Total Discharges |
|-------------|----------------------|-----------------------------|
| Craighead   | 9,955                | 51.9%                       |
| Greene      | 1,714                | 8.9%                        |
| Mississippi | 1,459                | 7.6%                        |
| Poinsett    | 933                  | 4.9%                        |
| Cross       | 784                  | 4.1%                        |
| Randolph    | 696                  | 3.6%                        |
| Clay        | 660                  | 3.4%                        |
| Lawrence    | 630                  | 3.3%                        |
| All other   | 2,360                | 12.3%                       |
| Total       | 19,191               | 100.0%                      |

Source: St. Bernards Medical Center

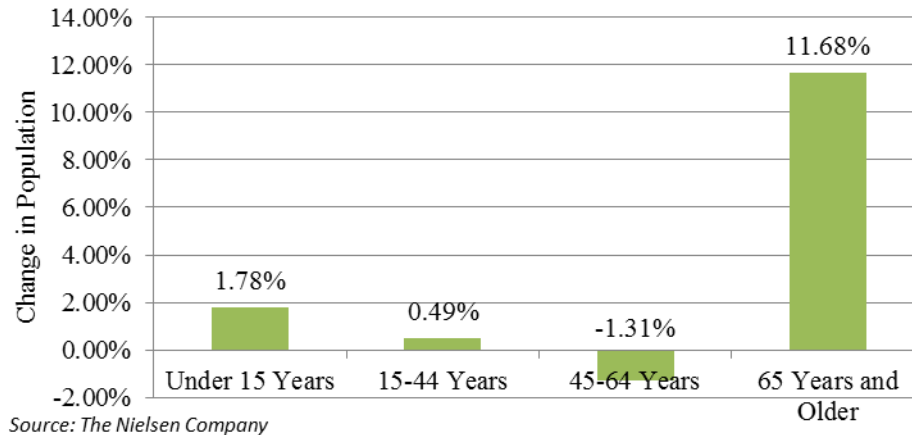
## Community Population and Demographics

The U.S. Bureau of Census has compiled population and demographic data based on the 2010 census. The Nielsen Company, a firm specializing in the analysis of demographic data, has extrapolated this data by county to estimate population trends from 2013 through 2018. Relevant trends determined from this data are presented below, while detailed demographic can be found at *Appendix A*.

### **An Aging Population**

Exhibit 2 below shows the percentage change in population by age of the community. All age groups are expected to remain relatively stable, with changes of less than 2%, except for the group that tends to require the most medical attention: those ages 65 and older. This age group is expected to increase by nearly 12%.

**Exhibit 2**  
**St. Bernards Medical Center**  
**Population Change by Age**  
**2013-2018**



The health implications of this demographic shift have the potential to be huge. Because older people tend to require more medical services, the Medical Center is preparing for a greater volume of patients. Demand for services such as hospice care, home health and nursing home services is likely to increase considerably. Careful consideration has been given to this issue, and steps are being taken to ensure that the health needs of the growing older demographic are met.

### **Increasing Diversity**

While the relative age of the community population can impact community health needs, so can the ethnicity and race of a population. Cultural differences and language barriers can make it more difficult for some people to obtain care, and some diseases are more prevalent in some ethnicities. The Medical Center’s community is about 80% white, making it more racially homogeneous than either the state of Arkansas or the United States as a whole. However, there is considerable variance among the racial profiles of the individual counties. Detailed tables showing racial data at the county level can be found at *Appendix A*.

The racial profile community is projected to remain fairly stable over the next few years with one major exception: The Hispanic population is expected to grow by 18%, with Craighead County alone experiencing a nearly 24% increase. This change is likely to have a significant effect on the community’s health needs. The Medical Center will consider implementing programs to help overcome language and cultural barriers to ensure that the growing Hispanic population is able to obtain necessary medical care.

### **Socioeconomic Characteristics of the Community**

The socioeconomic characteristics of a geographic area influence the way residents access health care services and perceive the need for health care services within society. The economic status of an area may be assessed by examining multiple variables within the community. The following exhibits are a compilation of data that includes household income, employment rates, educational attainment and poverty for the community served by the Medical Center. These standard measures were used to compare the socioeconomic status of the county internally as well as to the state.

## Income and Employment

Exhibit 3 presents the average and median income for households in the community by county. Average income is projected to increase by approximately 6% between 2013 and 2018, while the median income is projected to increase around 5%. These increases exceed both state and national rates.

**Exhibit 3**  
**St. Bernard's Medical Center**  
**Estimated Family Income and Wealth for 2013 and 2018 with Percent Difference**

| County               | Estimated 2013      |                     | Projected 2018      |                     | Percent Difference  |                     |
|----------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
|                      | Avg.                | Median              | Avg.                | Median              | Avg.                | Median              |
|                      | Household<br>Income | Household<br>Income | Household<br>Income | Household<br>Income | Household<br>Income | Household<br>Income |
| Craighead            | \$ 56,566           | \$ 37,110           | \$ 57,695           | \$ 37,841           | 2.0%                | 2.0%                |
| Greene               | 46,232              | 38,287              | 48,580              | 40,067              | 5.1%                | 4.6%                |
| Mississippi          | 48,251              | 34,681              | 49,752              | 35,605              | 3.1%                | 2.7%                |
| Poinsett             | 41,416              | 32,638              | 43,616              | 34,227              | 5.3%                | 4.9%                |
| Cross                | 49,233              | 38,396              | 53,255              | 40,846              | 8.2%                | 6.4%                |
| Randolph             | 48,808              | 31,990              | 55,576              | 35,157              | 13.9%               | 9.9%                |
| Clay                 | 44,847              | 29,880              | 47,671              | 31,528              | 6.3%                | 5.5%                |
| Lawrence             | 38,503              | 30,336              | 40,924              | 32,171              | 6.3%                | 6.0%                |
| <b>Average</b>       | <b>\$ 46,732</b>    | <b>\$ 34,165</b>    | <b>\$ 49,634</b>    | <b>\$ 35,930</b>    | <b>6.2%</b>         | <b>5.2%</b>         |
| <b>Arkansas</b>      | <b>\$ 53,061</b>    | <b>\$ 38,667</b>    | <b>\$ 55,666</b>    | <b>\$ 40,130</b>    | <b>4.9%</b>         | <b>3.8%</b>         |
| <b>United States</b> | <b>\$ 69,637</b>    | <b>\$ 49,297</b>    | <b>\$ 71,917</b>    | <b>\$ 49,815</b>    | <b>3.3%</b>         | <b>1.1%</b>         |

Source: The Nielsen Company



*Exhibit 4* presents the average annual resident unemployment rates for each county in the community, Arkansas and the United States. As *Exhibit 4* illustrates, the employment situation varies considerably from county to county. While Craighead and Poinsett Counties compare favorably to the United States, other counties, such as Mississippi and Clay, are doing significantly worse. However, all counties seem to be on a positive trajectory, with unemployment rates decreasing from 2011 to 2012.

**Exhibit 4**  
**St. Bernards Medical Center**  
**Unemployment Rates (%)**  
**2008-2012**

| County               | 2008       | 2009       | 2010       | 2011       | 2012       |
|----------------------|------------|------------|------------|------------|------------|
| Craighead            | 4.8        | 6.7        | 7.2        | 7.2        | 6.7        |
| Greene               | 6.4        | 9.6        | 10.1       | 9.8        | 8.8        |
| Mississippi          | 7.5        | 13.4       | 11.7       | 10.9       | 10.0       |
| Poinsett             | 6.3        | 8.5        | 9.1        | 8.9        | 7.8        |
| Cross                | 6.7        | 8.0        | 8.5        | 8.4        | 8.2        |
| Randolph             | 8.0        | 8.9        | 9.5        | 10.1       | 9.9        |
| Clay                 | 7.9        | 10.9       | 12.4       | 13.4       | 12.4       |
| Lawrence             | 7.0        | 8.8        | 9.2        | 9.6        | 9.0        |
| <b>Average</b>       | <b>6.8</b> | <b>9.4</b> | <b>9.7</b> | <b>9.8</b> | <b>9.1</b> |
| <b>Arkansas</b>      | 5.4        | 7.5        | 7.9        | 7.9        | 7.3        |
| <b>United States</b> | 5.8        | 9.3        | 9.6        | 8.9        | 8.1        |

Source: FDIC

## Poverty

Exhibit 5 presents the percentage of total population in poverty (including under age 18) and median household income for households in the community counties versus the state of Arkansas and the United States.

In 2012, a family of two adults and two children was considered in poverty if their annual household income fell below \$23,050. Arkansas is consistently ranked one of the poorest states in the country. Poverty rates vary from county to county, but the community's wealth as a whole compares unfavorably to both Arkansas and the United States.

**Exhibit 5**  
**St. Bernards Medical Center**  
**Poverty Estimate: Percentage of Total Population in Poverty and Median Household Income**  
**2010 and 2011**

| County               | 2010        |              |                         | 2011        |              |                         |
|----------------------|-------------|--------------|-------------------------|-------------|--------------|-------------------------|
|                      | All Persons | Under Age 18 | Median Household Income | All Persons | Under Age 18 | Median Household Income |
| Craighead            | 21.1%       | 27.3%        | \$ 37,780               | 20.6%       | 28.3%        | \$ 39,410               |
| Greene               | 17.0%       | 25.7%        | \$ 36,391               | 17.4%       | 25.6%        | \$ 37,893               |
| Mississippi          | 25.0%       | 36.2%        | \$ 32,169               | 25.4%       | 36.3%        | \$ 33,426               |
| Poinsett             | 27.1%       | 39.0%        | \$ 32,130               | 25.0%       | 37.1%        | \$ 30,761               |
| Cross                | 19.6%       | 29.5%        | \$ 35,080               | 19.2%       | 28.3%        | \$ 35,268               |
| Randolph             | 19.2%       | 31.4%        | \$ 33,401               | 23.4%       | 35.4%        | \$ 33,210               |
| Clay                 | 18.3%       | 28.6%        | \$ 31,976               | 20.1%       | 28.9%        | \$ 32,564               |
| Lawrence             | 22.4%       | 35.2%        | \$ 32,869               | 23.0%       | 34.4%        | \$ 32,678               |
| <b>Average</b>       | 21.2%       | 31.6%        | \$ 33,975               | 21.8%       | 31.8%        | \$ 34,401               |
| <b>Arkansas</b>      | 18.7%       | 27.3%        | \$ 38,413               | 19.3%       | 27.8%        | \$ 38,889               |
| <b>United States</b> | 15.3%       | 21.6%        | \$ 50,046               | 15.9%       | 22.5%        | \$ 50,502               |

Source: U.S. Census Bureau, Small Areas Estimates Branch

## Uninsured Population

Exhibit 6 presents health insurance coverage status by age (under 65 years) and income for the community counties versus the state of Arkansas. The federal poverty level (FPL) used below refers to the poverty threshold for each family, which varies based on the numbers of adults and children living in the household. Overall, the community fares slightly better than the state as a whole, although some counties, such as Clay and Randolph, have a higher percentage of uninsured residents.

**Exhibit 6**  
**St. Bernards Medical Center**  
**Health Insurance Coverage Status by Age (Under 65 years) and Income (At or Below 400%) of Poverty**  
**2010**

| County          | All Income Levels     |                      |                     |                    | At or Below 400% of FPL |                      |                     |                    |
|-----------------|-----------------------|----------------------|---------------------|--------------------|-------------------------|----------------------|---------------------|--------------------|
|                 | Under 65<br>Uninsured | Percent<br>Uninsured | Under 65<br>Insured | Percent<br>Insured | Under 65<br>Uninsured   | Percent<br>Uninsured | Under 65<br>Insured | Percent<br>Insured |
| Craighead       | 16,966                | 20.7%                | 64,926              | 79.3%              | 15,605                  | 25.7%                | 45,169              | 74.3%              |
| Greene          | 7,010                 | 19.6%                | 28,665              | 80.4%              | 6,497                   | 22.7%                | 22,068              | 77.3%              |
| Mississippi     | 7,137                 | 17.9%                | 32,673              | 82.1%              | 6,609                   | 20.4%                | 25,745              | 79.6%              |
| Poinsett        | 4,106                 | 20.2%                | 16,237              | 79.8%              | 3,833                   | 22.4%                | 13,248              | 77.6%              |
| Cross           | 3,019                 | 20.2%                | 11,890              | 79.8%              | 2,785                   | 23.7%                | 8,977               | 76.3%              |
| Randolph        | 3,178                 | 22.1%                | 11,185              | 77.9%              | 2,964                   | 25.0%                | 8,888               | 75.0%              |
| Clay            | 2,817                 | 22.2%                | 9,875               | 77.8%              | 2,620                   | 25.1%                | 7,831               | 74.9%              |
| Lawrence        | 2,925                 | 21.2%                | 10,886              | 78.8%              | 2,756                   | 23.5%                | 8,953               | 76.5%              |
| <b>Total</b>    | 47,158                | 20.2%                | 186,337             | 79.8%              | 43,669                  | 23.7%                | 140,879             | 76.3%              |
| <b>Arkansas</b> | 500,134               | 20.6%                | 1,931,198           | 79.4%              | 457,757                 | 25.3%                | 1,350,191           | 74.7%              |

Source: U.S. Census Bureau, SAHIE/ State and County by Demographic and Income Characteristics

## Education

Exhibit 7 presents educational attainment by age cohort for individuals in the community counties versus the state of Arkansas and national percentages.

**Exhibit 7**  
**St. Bernards Medical Center**  
**Educational Attainment by Age - Total Population**  
**2011**

| County                  | Less than<br>12th Grade | High School<br>Diploma | Some<br>College | Bachelor's<br>Degree | Graduate<br>Degree |
|-------------------------|-------------------------|------------------------|-----------------|----------------------|--------------------|
| Craighead               | 11,263                  | 21,666                 | 13,985          | 8,473                | 5,134              |
| Greene                  | 5,158                   | 11,509                 | 7,675           | 2,586                | 1,129              |
| Mississippi             | 6,057                   | 11,276                 | 7,981           | 2,763                | 746                |
| Poinsett                | 4,127                   | 7,018                  | 3,483           | 1,151                | 652                |
| Cross                   | 2,805                   | 4,591                  | 2,653           | 1,516                | 366                |
| Randolph                | 2,700                   | 4,670                  | 3,831           | 859                  | 262                |
| Clay                    | 2,880                   | 4,217                  | 2,967           | 701                  | 410                |
| Lawrence                | 2,920                   | 4,296                  | 3,145           | 1,014                | 347                |
| <b>Total</b>            | <b>37,910</b>           | <b>69,243</b>          | <b>45,720</b>   | <b>19,063</b>        | <b>9,046</b>       |
| <b>Percent of Total</b> | 21%                     | 38%                    | 25%             | 11%                  | 5%                 |
| <b>AR Percentages</b>   | 18%                     | 35%                    | 28%             | 13%                  | 6%                 |
| <b>U.S. Percentages</b> | 16%                     | 28%                    | 28%             | 18%                  | 10%                |

Source: EMSI

Education levels obtained by community residents may impact the local economy. Higher levels of education generally lead to higher wages, less unemployment and job stability. These factors may indirectly influence community health. Levels reported in *Exhibit 7* are comparable to the state of Arkansas but are significantly less than national averages.

## Health Status of the Community

This section of the assessment reviews the health status of the community. As in the previous section, comparisons are provided with the state of Arkansas. This in-depth assessment of the mortality and morbidity data, health outcomes, health factors and mental health indicators of the county residents that make up the community will enable the Medical Center to identify significant issues related to the health status of its residents.

Good health can be defined as a state of physical, mental and social well-being, rather than the absence of disease or infirmity. According to *Healthy People 2020*, the national health objectives released by the U.S. Department of Health and Human Services, individual health is closely linked to community health. Community health, which includes both the physical and social environment in which individuals live, work and play, is profoundly affected by the collective behaviors, attitudes and beliefs of everyone who lives in the community. Healthy people are among a community's most essential resources.

Numerous factors have a significant impact on an individual's health status: lifestyle and behavior, human biology, environmental and socioeconomic conditions, as well as access to adequate and appropriate health care and medical services. Studies by the American Society of Internal Medicine conclude that up to 70% of an individual's health status is directly attributable to personal lifestyle decisions and attitudes. Persons who do not smoke, who drink in moderation (if at all), use automobile seat belts (car seats for infants and small children), maintain a nutritious low-fat, high-fiber diet, reduce excess stress in daily living and exercise regularly have a significantly greater potential of avoiding debilitating diseases, infirmities and premature death.

The interrelationship among lifestyle/behavior, personal health attitude and poor health status is gaining recognition and acceptance by both the general public and health care providers. Some examples of lifestyle/behavior and related health care problems include the following:

| Lifestyle          | Impact on Health   |
|--------------------|--|
| Smoking            | Lung cancer<br>Cardiovascular disease<br>Emphysema<br>Chronic bronchitis   |
| Alcohol/drug abuse | Cirrhosis of liver<br>Motor vehicle crashes<br>Unintentional injuries<br>Malnutrition<br>Suicide<br>Homicide<br>Mental illness |
| Poor nutrition     | Obesity<br>Digestive disease<br>Depression   |
| Lack of exercise   | Cardiovascular disease<br>Depression   |
| Overstressed       | Mental illness<br>Alcohol/drug abuse<br>Cardiovascular disease   |

Health problems should be examined in terms of morbidity as well as mortality. Morbidity is defined as the incidence of illness or injury and mortality is defined as the incidence of death. However, law does not require reporting the incidence of a particular disease, except when the public health is potentially endangered. Due to limited morbidity data, this health status report relies heavily on death and death rate statistics for leading causes in death in the community counties and the state of Arkansas. Such information provides useful indicators of health status trends and permits an assessment of the impact of changes in health services on a resident population during an established period of time. Community attention and health care resources may then be directed to those areas of impact and concern.

### Leading Causes of Death

Exhibit 8 reflects the leading causes of death for community residents and compares the rates, per thousand, to the state of Arkansas average rates, per thousand.

Exhibit 8  
St. Bernards Medical Center  
Selected Causes of Resident Deaths: Rate per 100,000 Population, 2011

|  | Craighead<br>County | Greene<br>County | Mississippi<br>County | Poinsett<br>County | Cross<br>County | Randolph<br>County | Clay<br>County | Lawrence<br>County | Average<br>Rate | Arkansas<br>Rate | Percent<br>Difference |
|--|---------------------|------------------|-----------------------|--------------------|-----------------|--------------------|----------------|--------------------|-----------------|------------------|-----------------------|
| Total Deaths, All Causes                 | 893.05              | 1,088.48         | 1,024.67              | 1,272.74           | 1,136.04        | 1,204.42           | 1,423.17       | 1,315.64           | 1,169.78        | 994.87           | 17.6%                 |
| Malignant Neoplasm (Cancer)              | 174.95              | 210.67           | 195.80                | 244.76             | 236.21          | 310.82             | 270.78         | 314.36             | 244.79          | 209.02           | 17.1%                 |
| <b>Diabetes</b>                          | <b>23.39</b>        | <b>49.16</b>     | <b>95.72</b>          | <b>32.63</b>       | <b>33.74</b>    | <b>27.75</b>       | <b>31.49</b>   | <b>29.11</b>       | <b>40.37</b>    | <b>29.27</b>     | <b>37.9%</b>          |
| Diseases of the Heart                    | 207.50              | 220.04           | 245.83                | 277.39             | 247.46          | 227.56             | 497.48         | 279.43             | 275.34          | 230.12           | 19.6%                 |
| Cerebrovascular Diseases                 | 49.84               | 74.91            | 39.16                 | 40.79              | 67.49           | 66.60              | 94.46          | 46.57              | 59.98           | 53.00            | 13.2%                 |
| <b>Pneumonia and Influenza</b>           | <b>34.58</b>        | <b>28.09</b>     | <b>10.88</b>          | <b>61.19</b>       | <b>56.24</b>    | <b>44.40</b>       | <b>31.49</b>   | <b>29.11</b>       | <b>37.00</b>    | <b>23.01</b>     | <b>60.8%</b>          |
| <b>Bronchitis, Emphysema, and Asthma</b> | <b>18.31</b>        | <b>4.68</b>      | <b>15.23</b>          | <b>12.24</b>       | <b>16.87</b>    | <b>5.55</b>        | <b>18.89</b>   | <b>5.82</b>        | <b>12.20</b>    | <b>6.26</b>      | <b>94.9%</b>          |
| Chronic Liver Disease and Cirrhosis      | 12.21               | 21.07            | 2.18                  | 32.63              | -               | 5.55               | 6.30           | -                  | 9.99            | 9.80             | 2.0%                  |
| Unintentional Injuries                   | 37.63               | 56.18            | 30.46                 | 44.87              | 39.37           | 66.60              | 62.97          | 40.75              | 47.35           | 44.35            | 6.8%                  |
| Homicide                                 | 4.07                | 2.34             | 13.05                 | 12.24              | -               | -                  | -              | -                  | 3.96            | 6.33             | -37.4%                |

Source: Arkansas Department of Health

The average rate for the community is higher than the state rate for all listed causes except for homicide. Causes where the community rate exceeds the state rate by more than 30% are highlighted in red.

## Health Outcomes and Factors

An analysis of various health outcomes and factors for a particular community can, if improved, help make that community a healthier place to live, learn, work and play. A better understanding of the factors that affect the health of the community will assist with how to improve the community's habits, culture and environment. This portion of the community health needs assessment utilizes information from County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project, a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute.

The County Health Rankings model is grounded in the belief that programs and policies implemented at the local, state and federal levels have an impact on the variety of factors that, in turn, determine the health outcomes for communities across the nation. The model provides a ranking method that ranks all 50 states and the counties within each state, based on the measurement of two types of health outcomes for each county: how long people live (mortality) and how healthy people feel (morbidity). These outcomes are the result of a collection of health factors and are influenced by programs and policies at the local, state and federal levels.

Counties in each of the 50 states are ranked according to summaries of a variety of health measures. Those having high ranks, *e.g.* 1 or 2, are considered to be the "healthiest." Counties are ranked relative to the health of other counties in the same state on the following summary measures:

- Health Outcomes – rankings are based on an equal weighting of one length of life (mortality) measure and four quality of life (morbidity) measures.
- Health Factors – rankings are based on weighted scores of four types of factors:
  - Health behaviors (six measures)
  - Clinical care (five measures)
  - Social and economic (six measures)
  - Physical environment (two measures)

A more detailed discussion about the ranking system, data sources and measures, data quality and calculating scores and ranks can be found at the website for County Health Rankings ([www.countyhealthrankings.org](http://www.countyhealthrankings.org)).

As part of the analysis of the needs assessment for the community, the community counties will be used to compare the relative health status of the community to the state of Arkansas as well as to a national benchmark, if available. A better understanding of the factors that affect the health of the community will assist with how to improve the community's habits, culture and environment.

The following table, from County Health Rankings, summarizes the 2012 health outcomes and factors for the community counties. Each measure is described, and measures where an individual county underperforms the state are highlighted in red.

Exhibit 9  
St. Bernards Medical Center  
County Health Rankings - 2012

|  | Craighead County | Greene County | Mississippi County | Poinsett County | Cross County | Randolph County | Clay County | Lawrence County | National Benchmark | AR      |
|--|------------------|---------------|--------------------|-----------------|--------------|-----------------|-------------|-----------------|--------------------|---------|
| <i>Mortality</i>   |                  |               |                    |                 |              |                 |             |                 |                    |         |
| Rank (of 75 counties)  | 16               | 42            | 72                 | 73              | 49           | 47              | 14          | 46              |                    |         |
| <b>Premature death</b> - Years of potential life lost before age 75 per 100,000 population (age-adjusted)                      | 8,849            | 10,162        | 13,682             | 13,684          | 10,713       | 10,455          | 8,680       | 10,428          | 5,317              | 9,290   |
| <i>Morbidity</i>   |                  |               |                    |                 |              |                 |             |                 |                    |         |
| Rank (of 75 counties)  | 18               | 8             | 70                 | 69              | 60           | 37              | 32          | 46              |                    |         |
| <b>Poor or fair health</b> - Percent of adults reporting fair or poor health (age-adjusted)                                    | 20%              | 17%           | 26%                | 27%             | 24%          | 22%             | 27%         | N/A             | 10%                | 19%     |
| <b>Poor physical health days</b> - Average number of physically unhealthy days reported in past 30 days (age-adjusted)         | 3.8              | 3.9           | 5.5                | 4.6             | 3.8          | 4.8             | 4.5         | 4.2             | 2.6                | 4.1     |
| <b>Poor mental health days</b> - Average number of mentally unhealthy days reported in past 30 days (age-adjusted)             | 3.7              | 3.9           | 4.6                | 6.9             | 5.0          | 4.9             | 3.1         | 3.6             | 2.3                | 3.9     |
| <b>Low birthweight</b> - Percent of live births with low birthweight (<2500 grams)   | 8.3%             | 7.6%          | 11.6%              | 9.9%            | 12.1%        | 7.3%            | 8.0%        | 7.6%            | 6.0%               | 9.1%    |
| <i>Health Behaviors</i>  |                  |               |                    |                 |              |                 |             |                 |                    |         |
| Rank (of 75 counties)  | 16               | 34            | 74                 | 66              | 65           | 27              | 36          | 20              |                    |         |
| <b>Adult smoking</b> - Percent of adults that report smoking at least 100 cigarettes and that they currently smoke             | 19%              | 22%           | 29%                | 24%             | 28%          | 18%             | 24%         | 19%             | 13%                | 23%     |
| <b>Adult obesity</b> - Percent of adults that report a BMI >= 30   | 33%              | 34%           | 39%                | 37%             | 34%          | 35%             | 32%         | 34%             | 25%                | 32%     |
| <b>Excessive drinking</b> - Percent of adults that report excessive drinking in the past 30 days                               | 9%               | 12%           | 7%                 | 11%             | 11%          | 10%             | 6%          | 6%              | 7%                 | 13%     |
| <b>Motor vehicle crash death rate</b> - Motor vehicle deaths per 100K population   | 24               | 27            | 26                 | 33              | 30           | 33              | 32          | 39              | 10                 | 23      |
| <b>Sexually transmitted infections</b> - Chlamydia rate per 100K population  | 699              | 304           | 1,102              | 631             | 778          | 340             | 118         | 293             | 92                 | 529     |
| <b>Teen birth rate</b> - Per 1,000 female population, ages 15-19   | 51               | 66            | 89                 | 84              | 64           | 57              | 65          | 49              | 21                 | 59      |
| <i>Clinical Care</i>   |                  |               |                    |                 |              |                 |             |                 |                    |         |
| Rank (of 75 counties)  | 2                | 46            | 59                 | 52              | 49           | 18              | 43          | 58              |                    |         |
| <b>Uninsured adults</b> - Percent of population under age 65 without health insurance  | 21%              | 20%           | 18%                | 20%             | 20%          | 22%             | 22%         | 21%             | 11%                | 21%     |
| <b>Primary care physicians</b> - Ratio of population to primary care physicians  | 997:1            | 1,757:1       | 2,574:1            | 4,910:1         | 2,229:1      | 1,634:1         | 4,018:1     | 2,904:1         | 1,067:1            | 1,613:1 |
| <b>Preventable hospital stays</b> - Hospitalization rate for ambulatory-care sensitive conditions per 1,000 Medicare enrollees | 74               | 112           | 106                | 106             | 95           | 94              | 110         | 136             | 47                 | 79      |
| <b>Diabetic screening</b> - Percent of diabetic Medicare enrollees that receive HbA1c screening                                | 85%              | 79%           | 72%                | 85%             | 74%          | 90%             | 86%         | 87%             | 90%                | 82%     |
| <b>Mammography screening</b> - Percent of female Medicare enrollees that receive mammography screening                         | 62%              | 55%           | 47%                | 60%             | 49%          | 59%             | 61%         | 56%             | 73%                | 61%     |
| <i>Social &amp; Economic Factors</i>   |                  |               |                    |                 |              |                 |             |                 |                    |         |
| Rank (of 75 counties)  | 10               | 32            | 70                 | 63              | 47           | 36              | 62          | 46              |                    |         |
| <b>High school graduation</b> - Percent of ninth grade cohort that graduates in 4 years  | 85%              | 83%           | 75%                | 77%             | 82%          | 95%             | 84%         | 90%             | N/A                | 81%     |
| <b>Some college</b> - Percent of adults aged 25-44 years with some post-secondary education                                    | 58%              | 48%           | 46%                | 39%             | 36%          | 50%             | 42%         | 41%             | 70%                | 53%     |
| <b>Children in poverty</b> - Percent of children under age 18 in poverty   | 29%              | 26%           | 36%                | 37%             | 28%          | 35%             | 29%         | 34%             | 14%                | 28%     |
| <b>Inadequate social support</b> - Percent of adults without social/emotional support  | 19%              | 19%           | 28%                | N/A             | 23%          | 27%             | 23%         | N/A             | 14%                | 21%     |
| <b>Children in single-parent households</b> - Percent of children that live in household headed by single parent               | 38%              | 27%           | 53%                | 43%             | 32%          | 27%             | 31%         | 27%             | 20%                | 36%     |
| <b>Violent crime rate</b>  | 368              | 272           | 890                | 497             | 499          | 35              | 126         | 190             | 66                 | 508     |
| <i>Physical Environment</i>  |                  |               |                    |                 |              |                 |             |                 |                    |         |
| Rank (of 75 counties)  | 60               | 47            | 70                 | 72              | 18           | 39              | 62          | 52              |                    |         |
| <b>Limited access to healthy foods</b> - Healthy food outlets include grocery stores and produce stands/farmers' markets       | 10%              | 8%            | 7%                 | 5%              | 8%           | 14%             | 5%          | 13%             | 1%                 | 8%      |
| <b>Access to recreational facilities</b> - Rate of recreational facilities per 100,000 population                              | 7                | 9             | 4                  | -               | 17           | 11              | 6           | -               | 16                 | 8       |



## Health Care Resources

The availability of health resources is a critical component to the health of a community and a measure of the soundness of the area’s health care delivery system. An adequate number of health care facilities and health care providers is vital for sustaining a community’s health status. Fewer health care facilities and health care providers can impact the timely delivery of services. A limited supply of health resources, especially providers, results in the limited capacity of the health care delivery system to absorb charity and indigent care, as there are fewer providers upon which to distribute the burden of such care. This section will address the availability of health care resources to the residents of the Medical Center’s community.

### Hospitals and Health Centers

The Medical Center has 377 beds and is the largest hospital in Craighead County. Approximately 40% of all discharges originating from the Medical Center’s defined community are from the Medical Center. However, because the community spans a large geographic area, there are several other hospitals that receive a significant share of the community’s patients. *Exhibit 10* below shows the breakout of community discharges between the area hospitals (Medicare inpatient only), and *Exhibit 11* shows more information about each hospital, including its location in relation to the Medical Center.

**Exhibit 10**  
**St. Bernards Medical Center Community**  
**Patient Origin Analysis: Medicare Inpatient Discharges by Hospital (2011)**

| Hospital                            | Community Discharges | Percent of Total | Running Total |
|-------------------------------------|----------------------|------------------|---------------|
| St. Bernards Medical Center         | 7,770                | 38.5%            | 38.5%         |
| NEA Baptist Memorial Hospital       | 3,122                | 15.5%            | 54.0%         |
| Arkansas Methodist Medical Center   | 2,297                | 11.4%            | 65.4%         |
| Healthsouth Rehabilitation Hospital | 1,075                | 5.3%             | 70.7%         |
| Five Rivers Medical Center          | 736                  | 3.7%             | 74.4%         |
| Lawrence Memorial Hospital          | 499                  | 2.5%             | 76.9%         |
| Great River Medical Center          | 490                  | 2.4%             | 79.3%         |
| Crossridge Community Hospital       | 442                  | 2.2%             | 81.5%         |
| Methodist Le Bonheur Healthcare     | 366                  | 1.8%             | 83.3%         |
| Baptist Memorial Hospital           | 358                  | 1.8%             | 85.1%         |
| Piggott Community Hospital          | 312                  | 1.5%             | 86.6%         |
| All other hospitals                 | 2,695                | 13.4%            | 100.0%        |
| <b>Total</b>                        | <b>20,162</b>        | <b>100.00%</b>   |               |

Source: Centers for Medicare and Medicaid Services

**Exhibit 11**  
**St. Bernards Medical Center**  
**Summary of Acute Care Hospitals**

|                                     |   | Facility Type         | Miles from Hospital | Bed Size | Annual Discharges |
|-------------------------------------|---|-----------------------|---------------------|----------|-------------------|
| St. Bernards Medical Center         | 225 East Jackson, Jonesboro, AR 72401                   | Short-term Acute Care | -                   | 377      | 16,776            |
| NEA Baptist Memorial Hospital       | 3024 Stadium Blvd., Jonesboro, AR 72401                 | Short-term Acute Care | 4                   | 100      | 6,304             |
| Arkansas Methodist Medical Center   | 900 W. Kingshighway, P.O. Box 339, Paragould, AR 72451  | Short-term Acute Care | 21                  | 129      | 5,272             |
| Healthsouth Rehabilitation Hospital | 1201 Fleming Avenue, P.O. Box 1680, Jonesboro, AR 72401 | Rehabilitation        | 1                   | 67       | 1,414             |
| Five Rivers Medical Center          | 2801 Medical Center Dr., Pocahontas, AR 72455           | Short-term Acute Care | 41                  | 44       | 1,138             |
| Lawrence Memorial Hospital          | 1309 West Main, Walnut Ridge, AR 72476                  | Critical Access       | 25                  | 25       | 722               |
| Great River Medical Center          | 1520 N Division St, Blytheville, AR 72315               | Short-term Acute Care | 53                  | 148      | 2,194             |
| Crossridge Community Hospital       | 310 Falls Blvd S, Wynne, AR 72396                       | Critical Access       | 46                  | 15       | 627               |
| Methodist Le Bonheur Healthcare     | 1265 Union Avenue, Memphis, TN 38104                    | Short-term Acute Care | 73                  | 1,293    | 68,755            |
| Baptist Memorial Hospital           | 6019 Walnut Grove Rd, Memphis, TN 38120                 | Short-term Acute Care | 86                  | 821      | 32,755            |

Source: Costreportdata.com

**Other Health Care Facilities and Providers**

The Medical Center’s eight-county service area has numerous clinics and other organizations dedicated to improving the health and well-being of the community. A listing of available resources compiled by the United Way of Northeast Arkansas in conjunction with the Medical Center can be found at *Appendix F*.

## Primary Data

In conducting this community health needs assessment, the Medical Center used two methods to gather input from residents of the community: circulating a community input questionnaire and conducting interviews with key informants. These methods allowed the Medical Center to obtain both broad data about the health of the community and specialized information about issues facing specific groups.

### ***Community Input Questionnaire***

The Medical Center circulated community health input questionnaires in order to gather broad community input regarding health issues. There were 1,134 responses to the questionnaire. The input process was launched on March 29, 2013, and was closed on May 23, 2013.

The community health questionnaire was intended to gather information regarding the overall health of the community. The results are intended to provide information on different health and community factors. Requested community input included demographics and socioeconomic characteristics, behavioral risk factors, health conditions and access to health resources.

A web-based tool, Survey Monkey, was utilized to conduct the community input process. Paper questionnaires, which were identical to the electronic questionnaire, were also distributed to populations who may not have access to the internet or generationally are more likely to complete a paper questionnaire. Electronic and paper questionnaires were circulated to the residents of the community.

The instrument used for this input process was based largely on the Centers for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), as well as various other public health surveys and customized questions. The final instrument was developed by Medical Center representatives in conjunction with BKD. A compilation of the detailed survey results is included at *Appendix D* to allow for a more detailed analysis.

The community health questionnaire process was not a scientific survey, as the demographics of the respondents may not be representative of the community as a whole. However, the information obtained from the questionnaires was useful in determining the community's perception of the Medical Center and in bringing up issues that might go unnoted in public health data.

Excerpts from the community questionnaires follow:

- ***What do citizens say about the health of their community?***

The five most important "health problems":

1. Drug abuse
2. Obesity (adult and child)
3. Cancer
4. Diabetes
5. Heart disease and stroke

The three most prevalent “risky behaviors”:

1. Drug abuse
2. Alcohol abuse
3. Poor eating habits

The five most important factors for a “healthy community”:

1. Health care (affordable, available)
2. Healthy food sources (affordable)
3. Emergency response services
4. Clean and safe environment
5. Job security

### **Key Informant Interviews**

Interviewing key informants (community stakeholders that represent the broad interest of the community with knowledge of or expertise in public health) is a technique employed to assess public perceptions of the county’s health status and unmet needs. These interviews are intended to ascertain opinions among individuals likely to be knowledgeable about the community and influential over the opinions of others about health concerns in the community.

Interviews with 30 key informants were conducted in March and April 2013. Informants were determined based on their specialized knowledge or expertise in public health or their involvement with underserved and minority populations. Medically underserved and minority populations represented by the key informants include the Hispanic population and residents of the more poor and rural areas of the community. A list of people who participated in key informant interviews can be found at *Appendix E*.

All interviews were conducted by Medical Center personnel using a standard questionnaire. A copy of the interview instrument is included at *Appendix C*. A summary of their opinions is reported without judging the truthfulness or accuracy of their remarks. Community leaders provided comments on the following issues:

- Health and quality of life for residents of the primary community
- Barriers to improving health and quality of life for residents of the primary community
- Opinions regarding the important health issues that affect community residents and the types of services that are important for addressing these issues
- Delineation of the most important health care issues or services discussed and actions necessary for addressing those issues

Interview data was initially recorded in narrative form. Interviewees were assured that personal identifiers such as name or organizational affiliations would not be connected in any way to the information presented in this report. This technique does not provide a quantitative analysis of the leaders' opinions, but reveals community input for some of the factors affecting the views and sentiments about overall health and quality of life within the community.

Key findings from the interviews were:

- The Medical Center's community is large and diverse; issues that were extremely prevalent in one county were not mentioned at all in others.
- Migrant workers and their children seem to have the most difficulty obtaining health care.
- Substance abuse seems to be on the rise in some areas of the community; this has led to declining health among young adults in these areas.
- Transportation is a major barrier for many people in the community, especially those in more remote rural areas. There are some vans available to bring people to doctor's appointments, but they are limited by space and service area.
- The growing elderly population struggles with meeting their health needs, especially those who lack transportation or are living on a fixed income.
- Some areas suffer from a lack of primary care physicians; many doctors are not taking new patients and residents have to travel long distances to get primary care.
- It seems that more and more children in the community are struggling with obesity; some areas do not offer enough affordable, healthy food and recreation options for families.
- Many people in the community are not educated about health issues. More education could encourage people to make better choices and decrease noncompliance with medical professionals' directions on disease management.
- There is a lack of mental health facilities in the community.
- Some areas of the community do not have recreational or exercise facilities available for residents.
- There are not enough free and/or after-hours clinics in the community; some counties have several but others do not have any at all.

## Identification and Prioritization of Health Needs

Based on a review of the data gathered during this assessment, including leading causes of death, rankings of health outcomes and factors as well as surveys and interviews, numerous health needs were identified. These needs were prioritized and evaluated to determine which were significant to the Community. The criteria included the numbers of persons affected, the seriousness of the issue, whether the health need particularly affected persons living in poverty or members of an underserved population, and availability of community resources to address the need.

As a result, the following list of significant needs was identified:

1. Obesity
2. Uninsured Adults
3. Diabetes
4. Access to Clinics and Primary Care Physicians
5. Heart Disease
6. Tobacco Use

Other identified needs include:

- Drug use
- Elder care
- Health education
- Cancer
- Children in poverty
- Lack of transportation
- Mental health
- Preventable hospital stays
- Teen birth rate
- Access to recreational facilities
- Access to healthy foods
- Migrant workers healthcare
- Low birth weight
- Inadequate social support
- Cerebrovascular diseases
- Sexually transmitted infections
- Pneumonia and influenza
- Bronchitis, emphysema & asthma
- Motor vehicle crash deaths
- Violent crime
- Unintentional injuries

## **APPENDICES**

**APPENDIX A**  
**DETAILED COMMUNITY DEMOGRAPHIC INFORMATION**



Exhibit A1

St. Bernards Medical Center

Defined Community - Zip Code Level

| ZIP   | City          | County      | ST | Discharges | Pct of Total | Running Total | Market Share |
|-------|---------------|-------------|----|------------|--------------|---------------|--------------|
| 72401 | Jonesboro     | Craighead   | AR | 5,220      | 27.2%        | 27.2%         | 73.8%        |
| 72450 | Paragould     | Greene      | AR | 1,541      | 8.0%         | 35.2%         | 27.6%        |
| 72404 | Jonesboro     | Craighead   | AR | 1,131      | 5.9%         | 41.1%         | 57.5%        |
| 72472 | Trumann       | Craighead   | AR | 994        | 5.2%         | 46.3%         | 60.1%        |
| 72315 | Blytheville   | Mississippi | AR | 604        | 3.1%         | 49.5%         | 23.5%        |
| 72432 | Harrisburg    | Poinsett    | AR | 592        | 3.1%         | 52.5%         | 62.1%        |
| 72476 | Walnut Ridge  | Lawrence    | AR | 566        | 2.9%         | 55.5%         | 37.9%        |
| 72455 | Pocahontas    | Randolph    | AR | 564        | 2.9%         | 58.4%         | 29.5%        |
| 72396 | Wynne         | Cross       | AR | 491        | 2.6%         | 61.0%         | 27.4%        |
| 72416 | Bono          | Craighead   | AR | 451        | 2.4%         | 63.3%         | 67.7%        |
| 72442 | Manila        | Mississippi | AR | 346        | 1.8%         | 65.1%         | 54.1%        |
| 72365 | Marked Tree   | Poinsett    | AR | 341        | 1.8%         | 66.9%         | 70.6%        |
| 72437 | Lake City     | Craighead   | AR | 271        | 1.4%         | 68.3%         | 54.4%        |
| 72417 | Brookland     | Craighead   | AR | 255        | 1.3%         | 69.7%         | 52.8%        |
| 72447 | Monette       | Craighead   | AR | 212        | 1.1%         | 70.8%         | 70.9%        |
| 72433 | Hoxie         | Lawrence    | AR | 207        | 1.1%         | 71.8%         | 48.5%        |
| 72422 | Corning       | Clay        | AR | 201        | 1.0%         | 72.9%         | 31.4%        |
| 72438 | Leachville    | Craighead   | AR | 195        | 1.0%         | 73.9%         | 54.9%        |
| 72419 | Caraway       | Craighead   | AR | 178        | 0.9%         | 74.8%         | 76.7%        |
| 72411 | Bay           | Craighead   | AR | 173        | 0.9%         | 75.7%         | 50.6%        |
| 72454 | Piggott       | Clay        | AR | 173        | 0.9%         | 76.6%         | 22.0%        |
| 72354 | Lepanto       | Mississippi | AR | 152        | 0.8%         | 77.4%         | 42.8%        |
| 72461 | Rector        | Clay        | AR | 150        | 0.8%         | 78.2%         | 25.3%        |
| 72443 | Marmaduke     | Greene      | AR | 130        | 0.7%         | 78.9%         | 34.7%        |
| 72434 | Imboden       | Lawrence    | AR | 110        | 0.6%         | 79.5%         | 44.2%        |
| 72324 | Cherry Valley | Cross       | AR | 97         | 0.5%         | 80.0%         | 43.9%        |
| 72415 | Black Rock    | Lawrence    | AR | 88         | 0.5%         | 80.4%         | 40.0%        |
| 72479 | Weiner        | Craighead   | AR | 85         | 0.4%         | 80.9%         | 46.7%        |
| 72459 | Ravenden      | Lawrence    | AR | 78         | 0.4%         | 81.3%         | 51.3%        |
| 72444 | Maynard       | Randolph    | AR | 77         | 0.4%         | 81.7%         | 29.6%        |
| 72471 | Swifton       | Jackson     | AR | 74         | 0.4%         | 82.1%         | 30.8%        |
| 72386 | Tyronza       | Crittenden  | AR | 68         | 0.4%         | 82.4%         | 38.9%        |
| 72373 | Parkin        | Cross       | AR | 66         | 0.3%         | 82.8%         | 35.3%        |
| 72421 | Cash          | Craighead   | AR | 63         | 0.3%         | 83.1%         | 55.8%        |
| 72326 | Colt          | Cross       | AR | 61         | 0.3%         | 83.4%         | 20.7%        |
| 72482 | Williford     | Sharp       | AR | 54         | 0.3%         | 83.7%         | 26.5%        |
| 72350 | Joiner        | Mississippi | AR | 46         | 0.2%         | 83.9%         | 30.9%        |

**Exhibit A1**

**St. Bernards Medical Center**

**Defined Community - Zip Code Level**

| ZIP                 | City             | County      | ST | Discharges | Pct of Total | Running Total | Market Share |
|---------------------|------------------|-------------|----|------------|--------------|---------------|--------------|
| 72436               | Lafe             | Clay        | AR | 44         | 0.2%         | 84.1%         | 34.6%        |
| 72460               | Ravenden Springs | Randolph    | AR | 43         | 0.2%         | 84.4%         | 39.4%        |
| 72458               | Powhatan         | Lawrence    | AR | 41         | 0.2%         | 84.6%         | 47.1%        |
| 72466               | Smithville       | Lawrence    | AR | 40         | 0.2%         | 84.8%         | 23.3%        |
| 72358               | Luxora           | Mississippi | AR | 39         | 0.2%         | 85.0%         | 21.1%        |
| 72347               | Hickory Ridge    | Cross       | AR | 32         | 0.2%         | 85.2%         | 28.3%        |
| 72395               | Wilson           | Mississippi | AR | 31         | 0.2%         | 85.3%         | 24.8%        |
| 72412               | Beech Grove      | Greene      | AR | 27         | 0.1%         | 85.5%         | 29.7%        |
| 72410               | Alicia           | Lawrence    | AR | 27         | 0.1%         | 85.6%         | 28.4%        |
| 72330               | Dyess            | Mississippi | AR | 26         | 0.1%         | 85.7%         | 25.7%        |
| 72456               | Pollard          | Clay        | AR | 25         | 0.1%         | 85.9%         | 25.8%        |
| 72414               | Black Oak        | Craighead   | AR | 22         | 0.1%         | 86.0%         | 41.5%        |
| 72413               | Biggers          | Clay        | AR | 22         | 0.1%         | 86.1%         | 31.4%        |
| 72430               | Greenway         | Clay        | AR | 20         | 0.1%         | 86.2%         | 27.0%        |
| 72425               | Delaplaine       | Greene      | AR | 16         | 0.1%         | 86.3%         | 31.4%        |
| 72429               | Fisher           | Cross       | AR | 16         | 0.1%         | 86.4%         | 28.6%        |
| 72440               | Lynn             | Lawrence    | AR | 16         | 0.1%         | 86.5%         | 21.3%        |
| 72428               | Etowah           | Mississippi | AR | 13         | 0.1%         | 86.5%         | 81.3%        |
| 72431               | Grubbs           | Jackson     | AR | 13         | 0.1%         | 86.6%         | 25.5%        |
| 72478               | Warm Springs     | Randolph    | AR | 12         | 0.1%         | 86.7%         | 27.9%        |
| 72005               | Amagon           | Jackson     | AR | 12         | 0.1%         | 86.7%         | 20.0%        |
| 72453               | Peach Orchard    | Clay        | AR | 9          | 0.0%         | 86.8%         | 56.3%        |
| 72470               | Success          | Clay        | AR | 9          | 0.0%         | 86.8%         | 37.5%        |
| 72474               | Walcott          | Greene      | AR | 6          | 0.0%         | 86.8%         | 50.0%        |
| 72310               | Armored          | Mississippi | AR | 5          | 0.0%         | 86.9%         | 100.0%       |
| 72475               | Waldenburg       | Poinsett    | AR | 5          | 0.0%         | 86.9%         | 45.5%        |
| 72445               | Minturn          | Lawrence    | AR | 5          | 0.0%         | 86.9%         | 27.8%        |
| All Other Zip Codes |                  |             |    | 2,510      | 13.1%        | 100.0%        |              |
| Total               |                  |             |    | 19,191     | 100.00%      |               |              |

**Exhibit A2  
St. Bernards Medical Center  
Estimated 2013 Population and Projected 2018 Population**

| County                           | Under 15 years | 15-44 years    | 45-64 years   | 65 years and over | Total          | Male           | Female         |
|----------------------------------|----------------|----------------|---------------|-------------------|----------------|----------------|----------------|
| <b>Estimated 2013 Population</b> |                |                |               |                   |                |                |                |
| Craighead                        | 21,343         | 43,273         | 22,931        | 12,964            | 100,511        | 49,101         | 51,410         |
| Greene                           | 8,985          | 16,636         | 11,206        | 6,626             | 43,453         | 21,306         | 22,147         |
| Mississippi                      | 10,478         | 17,550         | 11,364        | 5,935             | 45,327         | 21,982         | 23,345         |
| Poinsett                         | 4,836          | 8,904          | 6,543         | 4,140             | 24,423         | 11,861         | 12,562         |
| Cross                            | 3,477          | 6,460          | 4,786         | 2,946             | 17,669         | 8,531          | 9,138          |
| Randolph                         | 3,381          | 6,305          | 4,802         | 3,577             | 18,065         | 8,855          | 9,210          |
| Clay                             | 2,780          | 5,288          | 4,244         | 3,316             | 15,628         | 7,645          | 7,983          |
| Lawrence                         | 3,115          | 6,096          | 4,426         | 3,249             | 16,886         | 8,209          | 8,677          |
|                                  | <u>58,395</u>  | <u>110,512</u> | <u>70,302</u> | <u>42,753</u>     | <u>281,962</u> | <u>137,490</u> | <u>144,472</u> |
| <b>Projected 2018 Population</b> |                |                |               |                   |                |                |                |
| Craighead                        | 22,872         | 44,634         | 23,928        | 15,033            | 106,467        | 52,083         | 54,384         |
| Greene                           | 9,283          | 17,060         | 11,564        | 7,622             | 45,529         | 22,323         | 23,206         |
| Mississippi                      | 10,121         | 17,037         | 10,443        | 6,454             | 44,055         | 21,433         | 22,622         |
| Poinsett                         | 4,806          | 8,743          | 6,233         | 4,560             | 24,342         | 11,826         | 12,516         |
| Cross                            | 3,373          | 6,349          | 4,566         | 3,224             | 17,512         | 8,465          | 9,047          |
| Randolph                         | 3,423          | 6,325          | 4,614         | 3,944             | 18,306         | 8,968          | 9,338          |
| Clay                             | 2,617          | 5,057          | 3,938         | 3,507             | 15,119         | 7,389          | 7,730          |
| Lawrence                         | 2,937          | 5,851          | 4,095         | 3,402             | 16,285         | 7,911          | 8,374          |
|                                  | <u>59,432</u>  | <u>111,056</u> | <u>69,381</u> | <u>47,746</u>     | <u>287,615</u> | <u>140,398</u> | <u>147,217</u> |

Source: The Nielsen Company

**Exhibit A3**  
**St. Bernards Medical Center**  
**Estimated 2013 Population vs Projected 2018 Population Percent Difference**

| County                              | Under 15 years | 15-44 years | 45-64 years | 65 years and over | Total   | Male    | Female  |
|-------------------------------------|----------------|-------------|-------------|-------------------|---------|---------|---------|
| Craighead                           | 7.2%           | 3.1%        | 4.3%        | 16.0%             | 5.9%    | 6.1%    | 5.8%    |
| Greene                              | 3.3%           | 2.5%        | 3.2%        | 15.0%             | 4.8%    | 4.8%    | 4.8%    |
| Mississippi                         | -3.4%          | -2.9%       | -8.1%       | 8.7%              | -2.8%   | -2.5%   | -3.1%   |
| Poinsett                            | -0.6%          | -1.8%       | -4.7%       | 10.1%             | -0.3%   | -0.3%   | -0.4%   |
| Cross                               | -3.0%          | -1.7%       | -4.6%       | 9.4%              | -0.9%   | -0.8%   | -1.0%   |
| Randolph                            | 1.2%           | 0.3%        | -3.9%       | 10.3%             | 1.3%    | 1.3%    | 1.4%    |
| Clay                                | -5.9%          | -4.4%       | -7.2%       | 5.8%              | -3.3%   | -3.3%   | -3.2%   |
| Lawrence                            | -5.7%          | -4.0%       | -7.5%       | 4.7%              | -3.6%   | -3.6%   | -3.5%   |
| <b>Total Percent Difference</b>     | 1.8%           | 0.5%        | -1.3%       | 11.7%             | 2.0%    | 2.1%    | 1.9%    |
| <b>AR 2013 Estimated (1,000s)</b>   | 600            | 1,152       | 758         | 453               | 2,963   | 1,455   | 1,508   |
| <b>AR 2018 Projected (1,000s)</b>   | 618            | 1,162       | 750         | 513               | 3,043   | 1,495   | 1,547   |
| <b>PERCENT DIFFERENCE</b>           | 3.0%           | 0.9%        | -1.1%       | 13.2%             | 2.7%    | 2.7%    | 2.6%    |
| <b>U.S. 2013 Estimated (1,000s)</b> | 61,804         | 126,083     | 83,113      | 43,862            | 314,862 | 154,820 | 160,042 |
| <b>U.S. 2018 Projected (1,000s)</b> | 63,380         | 126,608     | 84,336      | 50,998            | 325,322 | 160,000 | 165,322 |
| <b>PERCENT DIFFERENCE</b>           | 2.5%           | 0.4%        | 1.5%        | 16.3%             | 3.3%    | 3.3%    | 3.3%    |

Source: The Nielsen Company

**Exhibit A4**  
**St. Bernards Medical Center Community Zip Codes**  
**Estimated 2013 Population vs Projected 2018 Population with Percent Totals**

| County                           | Under 15 years | 15-44 years | 45-64 years | 65 years and over | Total  | Male  | Female |
|----------------------------------|----------------|-------------|-------------|-------------------|--------|-------|--------|
| <b>Estimated 2013 Population</b> |                |             |             |                   |        |       |        |
| Craighead                        | 21.2%          | 43.1%       | 22.8%       | 12.9%             | 100.0% | 48.9% | 51.1%  |
| Greene                           | 20.7%          | 38.3%       | 25.8%       | 15.2%             | 100.0% | 49.0% | 51.0%  |
| Mississippi                      | 23.1%          | 38.7%       | 25.1%       | 13.1%             | 100.0% | 48.5% | 51.5%  |
| Poinsett                         | 19.8%          | 36.5%       | 26.8%       | 17.0%             | 100.0% | 48.6% | 51.4%  |
| Cross                            | 19.7%          | 36.6%       | 27.1%       | 16.7%             | 100.0% | 48.3% | 51.7%  |
| Randolph                         | 18.7%          | 34.9%       | 26.6%       | 19.8%             | 100.0% | 49.0% | 51.0%  |
| Clay                             | 17.8%          | 33.8%       | 27.2%       | 21.2%             | 100.0% | 48.9% | 51.1%  |
| Lawrence                         | 18.4%          | 36.1%       | 26.2%       | 19.2%             | 100.0% | 48.6% | 51.4%  |
| <b>Total</b>                     | 20.7%          | 39.2%       | 24.9%       | 15.2%             | 100.0% | 48.8% | 51.2%  |
| <b>Projected 2018 Population</b> |                |             |             |                   |        |       |        |
| Craighead                        | 21.5%          | 41.9%       | 22.5%       | 14.1%             | 100.0% | 48.9% | 51.1%  |
| Greene                           | 20.4%          | 37.5%       | 25.4%       | 16.7%             | 100.0% | 49.0% | 51.0%  |
| Mississippi                      | 23.0%          | 38.7%       | 23.7%       | 14.6%             | 100.0% | 48.7% | 51.3%  |
| Poinsett                         | 19.7%          | 35.9%       | 25.6%       | 18.7%             | 100.0% | 48.6% | 51.4%  |
| Cross                            | 19.3%          | 36.3%       | 26.1%       | 18.4%             | 100.0% | 48.3% | 51.7%  |
| Randolph                         | 18.7%          | 34.6%       | 25.2%       | 21.5%             | 100.0% | 49.0% | 51.0%  |
| Clay                             | 17.3%          | 33.4%       | 26.0%       | 23.2%             | 100.0% | 48.9% | 51.1%  |
| Lawrence                         | 18.0%          | 35.9%       | 25.1%       | 20.9%             | 100.0% | 48.6% | 51.4%  |
| <b>Total</b>                     | 20.7%          | 38.6%       | 24.1%       | 16.6%             | 100.0% | 48.8% | 51.2%  |
| <b>ESTIMATED 2013</b>            | 20.7%          | 39.2%       | 24.9%       | 15.2%             | 100.0% | 49.1% | 50.9%  |
| <b>PROJECTED 2018 POPULATION</b> | 20.7%          | 38.6%       | 24.1%       | 16.6%             | 100.0% | 49.1% | 50.8%  |
| <b>PERCENT DIFFERENCE</b>        | 0.0%           | -1.5%       | -3.2%       | 9.5%              | 0.0%   | 2.1%  | 1.9%   |
| <b>ARKANSAS 2013</b>             | 20.2%          | 38.9%       | 25.6%       | 15.3%             | 100.0% | 49.1% | 50.9%  |
| <b>UNITED STATES 2013</b>        | 19.6%          | 40.0%       | 26.4%       | 13.9%             | 100.0% | 49.2% | 50.8%  |

Source: The Nielsen Company

**Exhibit A5**  
**St. Bernards Medical Center**  
**Estimated 2013 Population vs Projected 2018 Population with Percent Difference**

| County                   | Estimated 2013 |                |                | Projected 2018 |                |                | % Difference |              | 2018 % Total |              |
|--------------------------|----------------|----------------|----------------|----------------|----------------|----------------|--------------|--------------|--------------|--------------|
|                          | Hispanic       | Non-Hispanic   | Total          | Hispanic       | Non-Hispanic   | Total          | Hispanic     | Non-Hispanic | Hispanic     | Non-Hispanic |
| Craighead                | 5,025          | 95,486         | 100,511        | 6,209          | 100,258        | 106,467        | 23.6%        | 5.0%         | 5.8%         | 94.2%        |
| Greene                   | 1,033          | 42,420         | 43,453         | 1,228          | 44,301         | 45,529         | 18.9%        | 4.4%         | 2.7%         | 97.3%        |
| Mississippi              | 1,807          | 43,520         | 45,327         | 1,969          | 42,086         | 44,055         | 9.0%         | -3.3%        | 4.5%         | 95.5%        |
| Poinsett                 | 584            | 23,839         | 24,423         | 639            | 23,703         | 24,342         | 9.4%         | -0.6%        | 2.6%         | 97.4%        |
| Cross                    | 287            | 17,382         | 17,669         | 316            | 17,196         | 17,512         | 10.1%        | -1.1%        | 1.8%         | 98.2%        |
| Randolph                 | 318            | 17,747         | 18,065         | 368            | 17,938         | 18,306         | 15.7%        | 1.1%         | 2.0%         | 98.0%        |
| Clay                     | 229            | 15,399         | 15,628         | 249            | 14,870         | 15,119         | 8.7%         | -3.4%        | 1.6%         | 98.4%        |
| Lawrence                 | 162            | 16,724         | 16,886         | 165            | 16,120         | 16,285         | 1.9%         | -3.6%        | 1.0%         | 99.0%        |
| <b>Total</b>             | <b>9,445</b>   | <b>272,517</b> | <b>281,962</b> | <b>11,143</b>  | <b>276,472</b> | <b>287,615</b> | <b>18.0%</b> | <b>1.5%</b>  | <b>3.9%</b>  | <b>96.1%</b> |
| <b>Arkansas (1,000s)</b> | 213            | 2,750          | 2,963          | 255            | 2,787          | 3,042          | 19.7%        | 1.3%         | 8.4%         | 91.6%        |
| <b>U.S. (1,000s)</b>     | 54,578         | 260,284        | 314,862        | 61,050         | 264,272        | 325,322        | 11.9%        | 1.5%         | 18.8%        | 81.2%        |

Source: The Nielsen Company

**Exhibit A6**  
**St. Bernards Medical Center**  
**Estimated 2013 Population vs Projected 2018 Population with Percent Difference**

| County                   | Estimated 2013 |               |               |                | Projected 2018 |               |               |                | 2018 Percent Total |              |             |
|--------------------------|----------------|---------------|---------------|----------------|----------------|---------------|---------------|----------------|--------------------|--------------|-------------|
|                          | White          | Black         | Other         | Total          | White          | Black         | Other         | Total          | White              | Black        | Other       |
| Craighead                | 79,701         | 14,493        | 6,317         | 100,511        | 81,213         | 17,622        | 7,632         | 106,467        | 76.3%              | 16.6%        | 7.2%        |
| Greene                   | 41,795         | 287           | 1,371         | 43,453         | 43,655         | 377           | 1,497         | 45,529         | 95.9%              | 0.8%         | 3.3%        |
| Mississippi              | 27,707         | 15,523        | 2,097         | 45,327         | 26,662         | 15,171        | 2,222         | 44,055         | 60.5%              | 34.4%        | 5.0%        |
| Poinsett                 | 21,887         | 1,759         | 777           | 24,423         | 21,752         | 1,729         | 861           | 24,342         | 89.4%              | 7.1%         | 3.5%        |
| Cross                    | 13,394         | 3,841         | 434           | 17,669         | 13,400         | 3,634         | 478           | 17,512         | 76.5%              | 20.8%        | 2.7%        |
| Randolph                 | 17,417         | 116           | 532           | 18,065         | 17,637         | 95            | 574           | 18,306         | 96.3%              | 0.5%         | 3.1%        |
| Clay                     | 15,218         | 61            | 349           | 15,628         | 14,688         | 70            | 361           | 15,119         | 97.1%              | 0.5%         | 2.4%        |
| Lawrence                 | 16,419         | 147           | 320           | 16,886         | 15,814         | 163           | 308           | 16,285         | 97.1%              | 1.0%         | 1.9%        |
| <b>Total</b>             | <b>233,538</b> | <b>36,227</b> | <b>12,197</b> | <b>281,962</b> | <b>234,821</b> | <b>38,861</b> | <b>13,933</b> | <b>287,615</b> | <b>81.6%</b>       | <b>13.5%</b> | <b>4.8%</b> |
| <b>Arkansas (1,000s)</b> | 2,258          | 458           | 247           | 2,963          | 2,281          | 472           | 289           | 3,042          | 75.0%              | 15.5%        | 9.5%        |
| <b>U.S. (1,000s)</b>     | 225,086        | 40,007        | 49,769        | 314,862        | 228,213        | 41,798        | 55,312        | 325,322        | 70.1%              | 12.8%        | 17.0%       |

Source: The Nielsen Company

**APPENDIX B**  
**ANALYSIS OF CHNA DATA**

**St. Bernards Medical Center - Ranking of Health Needs**

| Rank | Health Need                       | How important is the issue to the community? | How many people are affected by the issue? | What are the consequences of not addressing this problem? | How prevalent was the issue in our research? | Does the issue affect vulnerable populations? | Total Score |
|------|-----------------------------------|--|--|---|--|---|-------------|
| 1    | Obesity                           | 5  | 5  | 5   | 5  | 5   | 25.0        |
| 2    | Uninsured Adults                  | 4  | 4  | 5   | 5  | 5   | 23.0        |
| 3    | Diabetes                          | 5  | 4  | 5   | 5  | 3   | 22.0        |
| 4    | Lack of Clinics                   | 4  | 4  | 5   | 4  | 5   | 22.0        |
| 5    | Heart Disease                     | 5  | 4  | 5   | 4  | 3   | 21.0        |
| 6    | Tobacco Use                       | 5  | 3  | 4   | 5  | 4   | 21.0        |
| 7    | Lack of Primary Care Physicians   | 4  | 3  | 5   | 4  | 5   | 21.0        |
| 8    | Drug use                          | 5  | 3  | 4   | 4  | 5   | 21.0        |
| 9    | Elder Care                        | 4  | 4  | 4   | 3  | 5   | 20.0        |
| 10   | Health Education                  | 3  | 5  | 5   | 3  | 4   | 20.0        |
| 11   | Cancer                            | 5  | 4  | 4   | 3  | 3   | 19.0        |
| 12   | Children in Poverty               | 3  | 4  | 4   | 3  | 5   | 19.0        |
| 13   | Lack of Transportation            | 4  | 3  | 4   | 3  | 5   | 19.0        |
| 14   | Mental Health                     | 3  | 3  | 4   | 4  | 4   | 18.0        |
| 15   | Preventable Hospital Stays        | 3  | 3  | 4   | 3  | 5   | 18.0        |
| 16   | Teen Birth Rate                   | 3  | 2  | 4   | 4  | 4   | 17.0        |
| 17   | Access to Recreational Facilities | 3  | 3  | 3   | 4  | 4   | 17.0        |
| 18   | Access to Healthy Foods           | 3  | 2  | 3   | 4  | 4   | 16.0        |
| 19   | Migrant Workers Health Care       | 3  | 2  | 3   | 3  | 5   | 16.0        |
| 20   | Low Birth Weight                  | 3  | 2  | 3   | 2  | 5   | 15.0        |
| 21   | Inadequate Social Support         | 2  | 3  | 3   | 3  | 4   | 15.0        |
| 22   | Cerebrovascular Diseases          | 2  | 3  | 4   | 2  | 3   | 14.0        |
| 23   | Sexually Transmitted Infections   | 2  | 3  | 3   | 2  | 4   | 14.0        |
| 24   | Pneumonia and Influenza           | 3  | 2  | 3   | 2  | 3   | 13.0        |
| 25   | Bronchitis, Emphysem, & Asthma    | 2  | 2  | 3   | 2  | 3   | 12.0        |
| 26   | Motor Vehicle Crash Deaths        | 2  | 2  | 2   | 2  | 3   | 11.0        |
| 27   | Violent Crime Rate                | 2  | 2  | 1   | 2  | 4   | 11.0        |
| 28   | Unintentional Injuries            | 1  | 2  | 1   | 2  | 3   | 9.0         |



**APPENDIX C**  
**KEY INFORMANT INTERVIEW QUESTIONS**

## KEY INFORMANT INTERVIEW

### Name of Hospital

Interviewer's Initials:

Date: \_ Start Time: End Time:

Name: Title:

Agency/Organization:

# of years living in County: # of years in current position:

E-mail address:

**Introduction:** Good morning/afternoon. My name is **[interviewer's name]**. Thank you for taking time out of your busy day to speak with me. I'll try to keep our time to approximately 40 minutes, but we may find that we run over – up to 50 minutes total - once we get into the interview. **(Check to see if this is okay).**

**[Name of Organization]** is gathering local data as part of developing a plan to improve health and quality of life in \_\_\_ County. Community input is essential to this process. A combination of surveys and key informant interviews are being used to engage community members. You have been selected for a key informant interview because of your knowledge, insight, and familiarity with the community. The themes that emerge from these interviews will be summarized and made available to the public; however, individual interviews will be kept strictly confidential.

**To get us started, can you tell me briefly about the work that you and your organization do in the community?**

Thank you. Next I'll be asking you a series of questions about health and quality of life in \_\_\_ County. As you consider these questions, keep in mind the broad definition of health adopted by the World Health Organization: 'Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity,' while sharing the local perspectives you have from your current position and from experiences in this community.

Questions:

1. In general, how would you rate health and quality of life in \_\_\_ County?

2. In your opinion, has health and quality of life in \_\_\_\_\_ County improved, stayed the same, or declined over the past few years?
3. Why do you think it has (based on answer from previous question: improved, declined, or stayed the same)?
4. What other factors have contributed to the (based on answer to question 2: improvement, decline **or** to health and quality of life staying the same)?
5. Are there people or groups of people in \_\_\_\_\_ County whose health or quality of life may not be as good as others?
  - a. Who are these persons or groups (whose health or quality of life is not as good as others)?
  - b. Why do you think their health/quality of life is not as good as others?
6. What barriers, if any, exist to improving health and quality of life in \_\_\_\_\_ County?
7. In your opinion, what are the most critical health and quality of life issues in \_\_\_\_\_ County?
8. What needs to be done to address these issues?
9. In your opinion, what else will improve health and quality of life in \_\_\_\_\_ County?
10. Is there someone whom you would recommend as a “key informant” for this assessment?

**Close:** Thanks so much for sharing your concerns and perspectives on these issues. The information you have provided will contribute to develop a better understanding about factors impacting health and quality of life in \_\_\_\_\_ County. Before we conclude the interview,

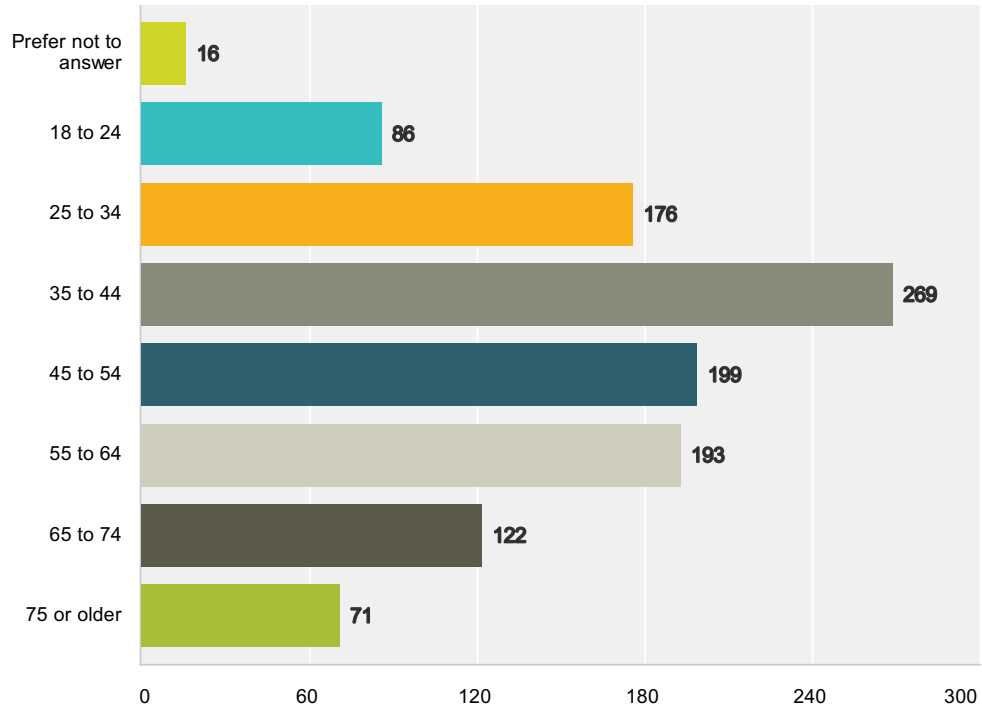
**Is there anything you would like to add?**

As a reminder, summary results will be made available by the [Name of organization] and used to develop a community-wide health improvement plan. Should you have any questions, please feel free to contact \_\_\_\_\_ at [Name of organization]. Here is his/her contact information. Thanks once more for your time. It’s been a pleasure to meet you.

**APPENDIX D**  
**COMMUNITY INPUT QUESTIONNAIRE**

### Q1 What is your age?

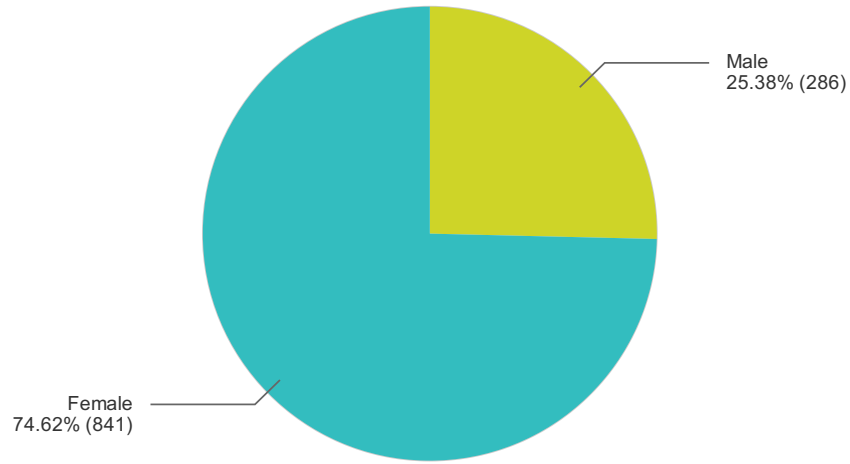
Answered: 1,132 Skipped: 2



| Answer Choices              | Responses     |              |
|-----------------------------|---------------|--------------|
| <b>Prefer not to answer</b> | <b>1.41%</b>  | 16           |
| <b>18 to 24</b>             | <b>7.60%</b>  | 86           |
| <b>25 to 34</b>             | <b>15.55%</b> | 176          |
| <b>35 to 44</b>             | <b>23.76%</b> | 269          |
| <b>45 to 54</b>             | <b>17.58%</b> | 199          |
| <b>55 to 64</b>             | <b>17.05%</b> | 193          |
| <b>65 to 74</b>             | <b>10.78%</b> | 122          |
| <b>75 or older</b>          | <b>6.27%</b>  | 71           |
| <b>Total</b>                |               | <b>1,132</b> |

## Q2 What is your gender?

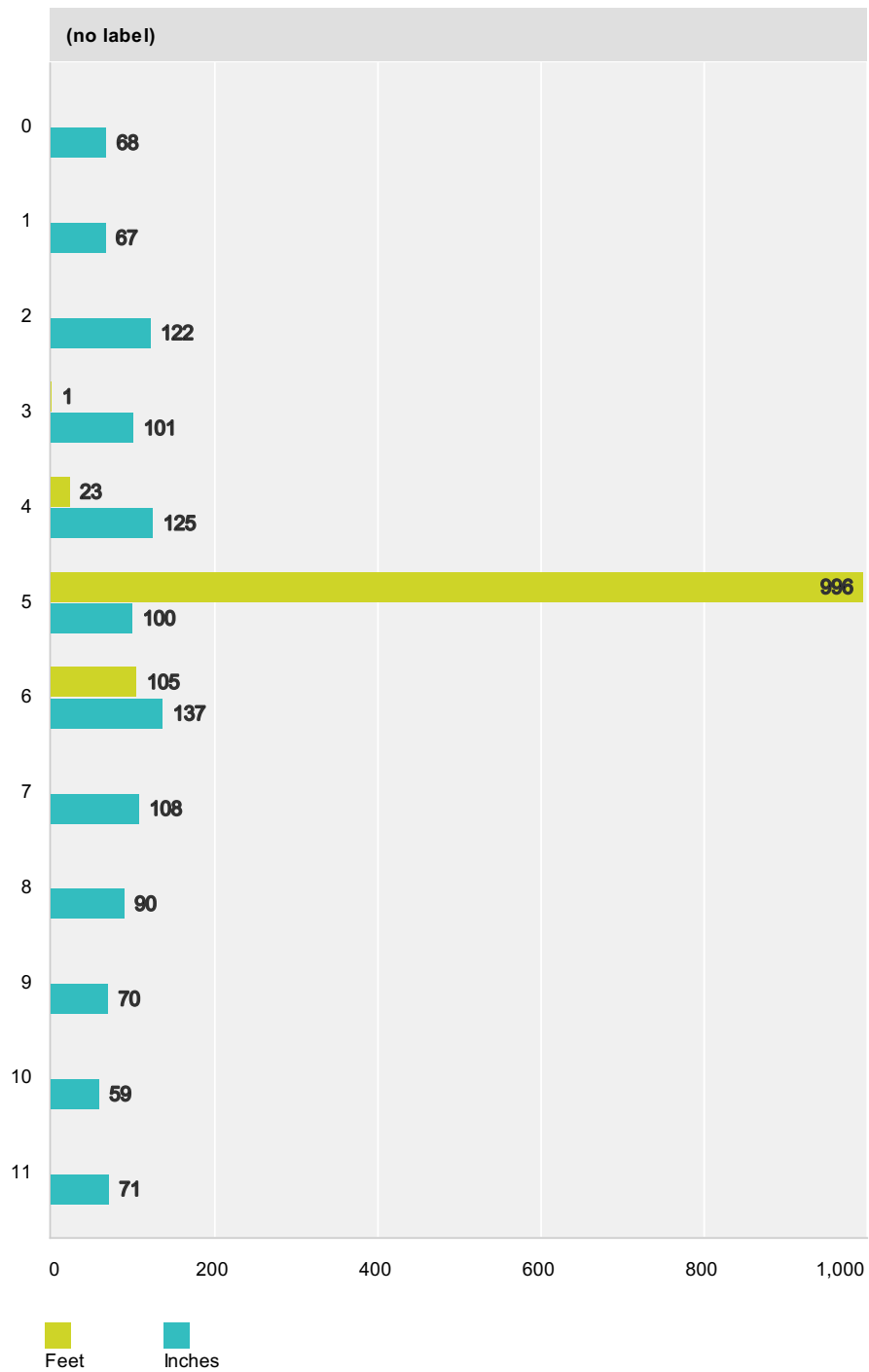
Answered: 1,127 Skipped: 7



| Answer Choices | Responses     |       |
|----------------|---------------|-------|
| <b>Male</b>    | <b>25.38%</b> | 286   |
| <b>Female</b>  | <b>74.62%</b> | 841   |
| Total          |               | 1,127 |

### Q3 What is your height in feet and inches? (Remove shoes before measuring.)

Answered: 1,125 Skipped: 9



| (no label) |      |        |       |     |
|------------|------|--------|-------|-----|
|            | Feet | Inches | Total |     |
| 0          | 0%   | 100%   | 68    | 68  |
| 1          | 0%   | 100%   | 67    | 67  |
| 2          | 0%   | 100%   | 122   | 122 |

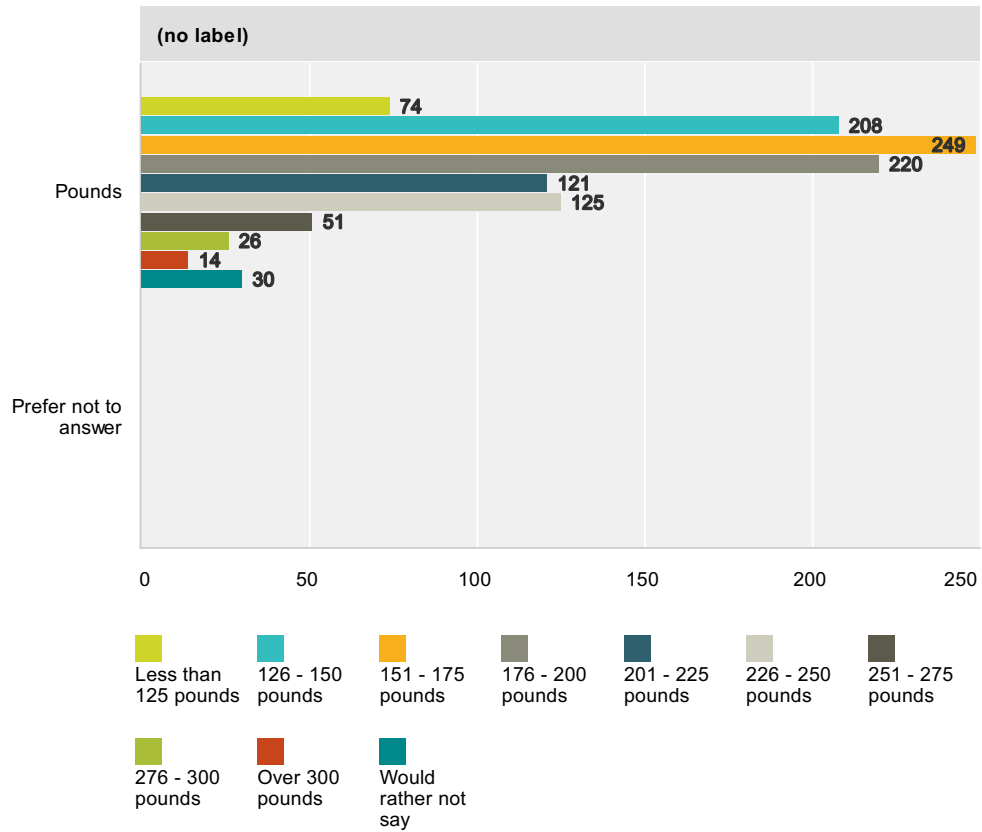
2013 Community Health Needs Assessment

|           |                      |                      |       |
|-----------|----------------------|----------------------|-------|
|           |                      |                      |       |
| <b>3</b>  | <b>0.98%</b><br>1    | <b>99.02%</b><br>101 | 102   |
| <b>4</b>  | <b>15.54%</b><br>23  | <b>84.46%</b><br>125 | 148   |
| <b>5</b>  | <b>90.88%</b><br>996 | <b>9.12%</b><br>100  | 1,096 |
| <b>6</b>  | <b>43.39%</b><br>105 | <b>56.61%</b><br>137 | 242   |
| <b>7</b>  | <b>0%</b><br>0       | <b>100%</b><br>108   | 108   |
| <b>8</b>  | <b>0%</b><br>0       | <b>100%</b><br>90    | 90    |
| <b>9</b>  | <b>0%</b><br>0       | <b>100%</b><br>70    | 70    |
| <b>10</b> | <b>0%</b><br>0       | <b>100%</b><br>59    | 59    |
| <b>11</b> | <b>0%</b><br>0       | <b>100%</b><br>71    | 71    |



### Q4 What is your current weight in pounds?

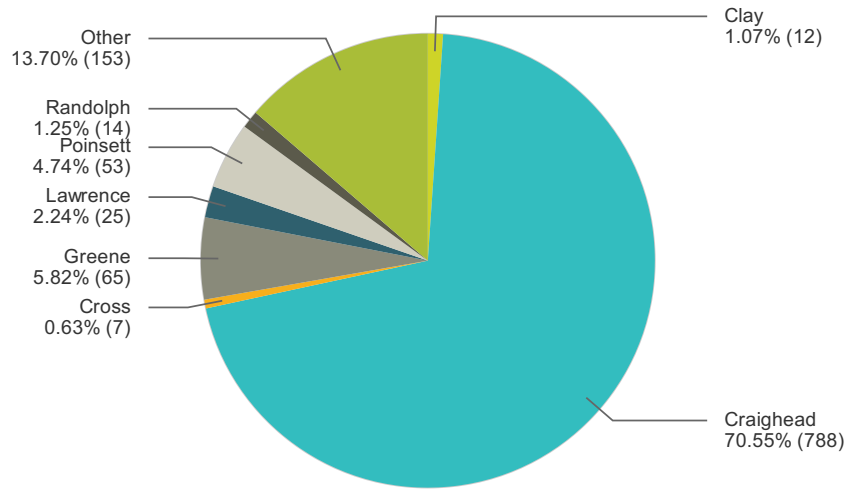
Answered: 1,118 Skipped: 16



| (no label)                  |                      |                          |                          |                          |                          |                          |                          |                          |                 |                      |       |
|-----------------------------|----------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|-----------------|----------------------|-------|
|                             | Less than 125 pounds | 126 undefined 150 pounds | 151 undefined 175 pounds | 176 undefined 200 pounds | 201 undefined 225 pounds | 226 undefined 250 pounds | 251 undefined 275 pounds | 276 undefined 300 pounds | Over 300 pounds | Would rather not say | Total |
| <b>Pounds</b>               | 6.62%<br>74          | 18.60%<br>208            | 22.27%<br>249            | 19.68%<br>220            | 10.82%<br>121            | 11.18%<br>125            | 4.56%<br>51              | 2.33%<br>26              | 1.25%<br>14     | 2.68%<br>30          | 1,118 |
| <b>Prefer not to answer</b> | 0%<br>0              | 0%<br>0                  | 0%<br>0                  | 0%<br>0                  | 0%<br>0                  | 0%<br>0                  | 0%<br>0                  | 0%<br>0                  | 0%<br>0         | 0%<br>0              | 0     |

### Q5 What county do you currently live in?

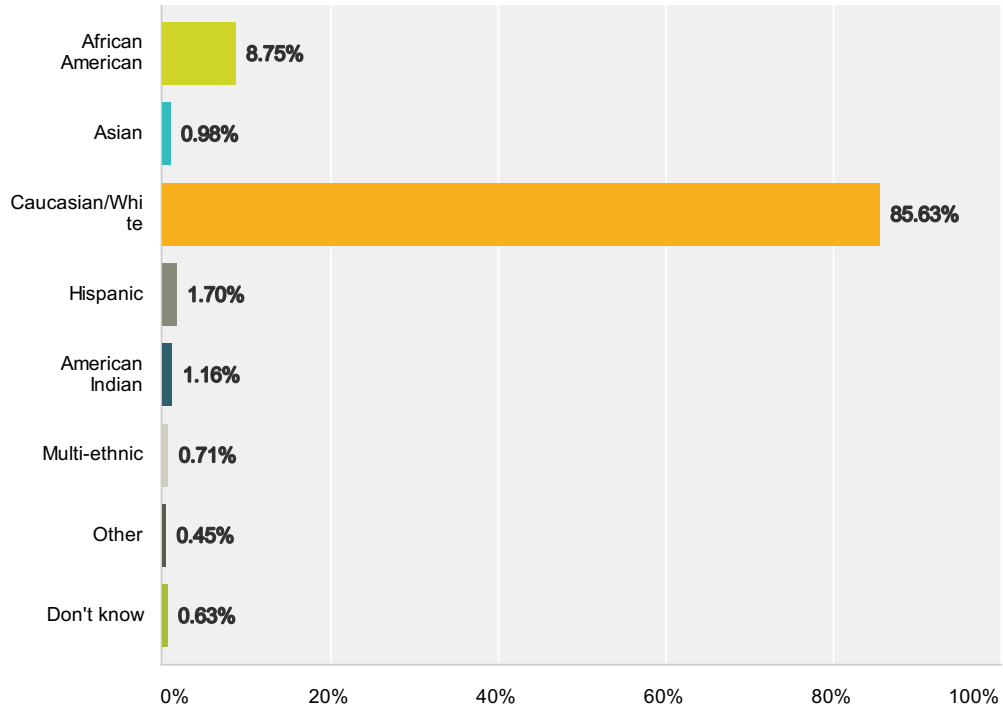
Answered: 1,117 Skipped: 17



| Answer Choices   | Responses     |       |
|------------------|---------------|-------|
| <b>Clay</b>      | <b>1.07%</b>  | 12    |
| <b>Craighead</b> | <b>70.55%</b> | 788   |
| <b>Cross</b>     | <b>0.63%</b>  | 7     |
| <b>Greene</b>    | <b>5.82%</b>  | 65    |
| <b>Lawrence</b>  | <b>2.24%</b>  | 25    |
| <b>Poinsett</b>  | <b>4.74%</b>  | 53    |
| <b>Randolph</b>  | <b>1.25%</b>  | 14    |
| <b>Other</b>     | <b>13.70%</b> | 153   |
| <b>Total</b>     |               | 1,117 |

### Q6 What is your ethnic origin?

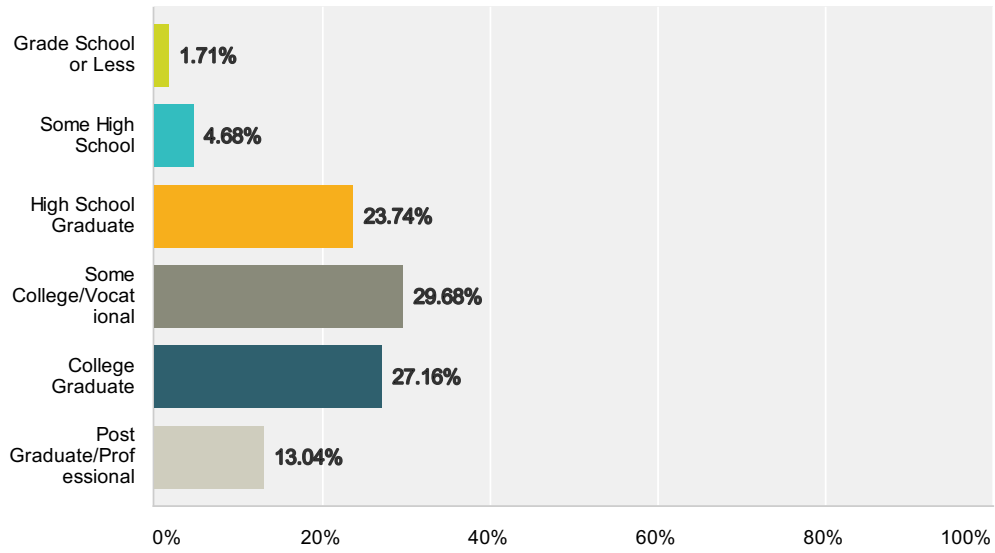
Answered: 1,120 Skipped: 14



| Answer Choices          | Responses     |       |
|-------------------------|---------------|-------|
| <b>African American</b> | <b>8.75%</b>  | 98    |
| <b>Asian</b>            | <b>0.98%</b>  | 11    |
| <b>Caucasian/White</b>  | <b>85.63%</b> | 959   |
| <b>Hispanic</b>         | <b>1.70%</b>  | 19    |
| <b>American Indian</b>  | <b>1.16%</b>  | 13    |
| <b>Multi-ethnic</b>     | <b>0.71%</b>  | 8     |
| <b>Other</b>            | <b>0.45%</b>  | 5     |
| <b>Don't know</b>       | <b>0.63%</b>  | 7     |
| Total                   |               | 1,120 |

### Q7 What is the highest level of school you have completed or the highest degree you have received?

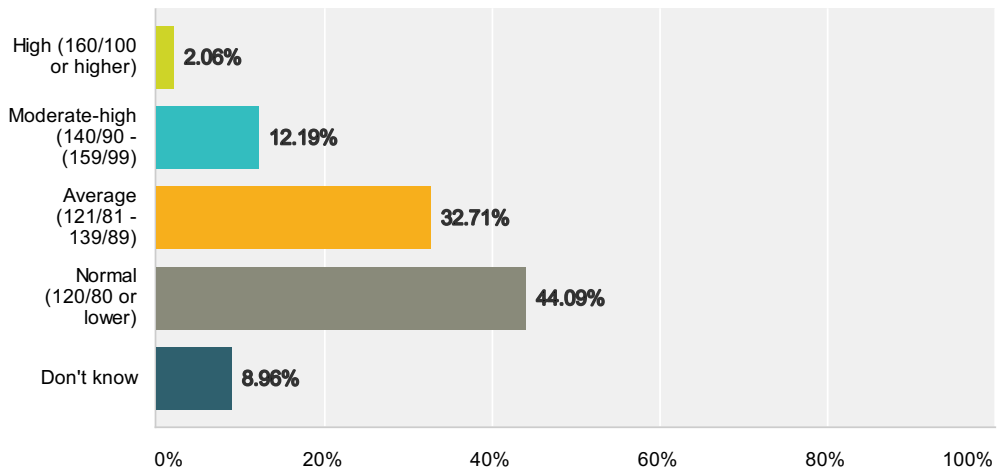
Answered: 1,112 Skipped: 22



| Answer Choices                    | Responses    |
|-----------------------------------|--------------|
| <b>Grade School or Less</b>       | 1.71% 19     |
| <b>Some High School</b>           | 4.68% 52     |
| <b>High School Graduate</b>       | 23.74% 264   |
| <b>Some College/Vocational</b>    | 29.68% 330   |
| <b>College Graduate</b>           | 27.16% 302   |
| <b>Post Graduate/Professional</b> | 13.04% 145   |
| <b>Total</b>                      | <b>1,112</b> |

### Q8 What was your most recent blood pressure?

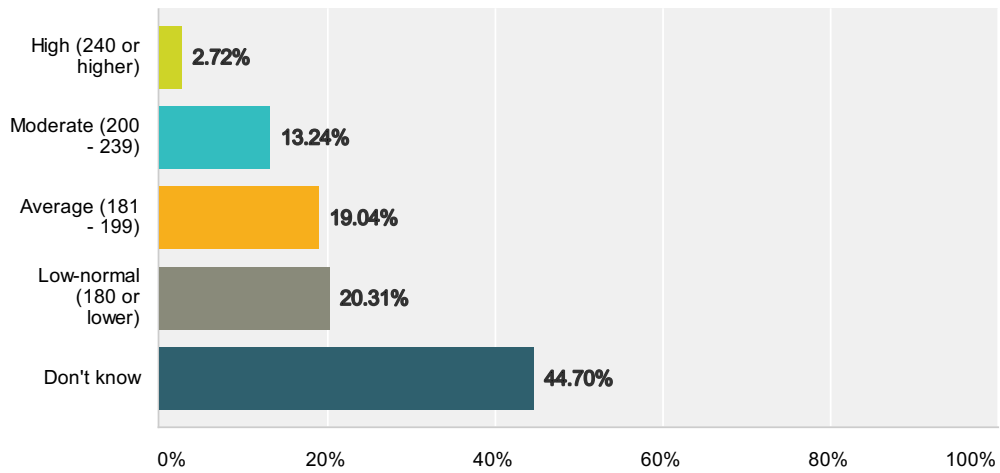
Answered: 1,116 Skipped: 18



| Answer Choices                          | Responses  |
|---|------------|
| <b>High (160/100 or higher)</b>         | 2.06% 23   |
| <b>Moderate-high (140/90 - (159/99)</b> | 12.19% 136 |
| <b>Average (121/81 - 139/89)</b>        | 32.71% 365 |
| <b>Normal (120/80 or lower)</b>         | 44.09% 492 |
| <b>Don't know</b>                       | 8.96% 100  |
| <b>Total</b>                            | 1,116      |

### Q9 What was your most recent total cholesterol level?

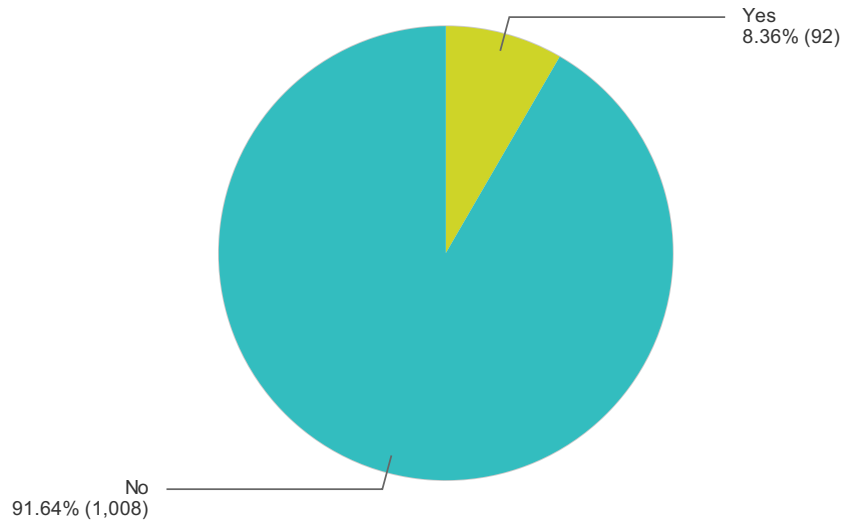
Answered: 1,103 Skipped: 31



| Answer Choices            | Responses  |
|---------------------------|------------|
| High (240 or higher)      | 2.72% 30   |
| Moderate (200 - 239)      | 13.24% 146 |
| Average (181 - 199)       | 19.04% 210 |
| Low-normal (180 or lower) | 20.31% 224 |
| Don't know                | 44.70% 493 |
| Total                     | 1,103      |

### Q10 Do you know your LDL and HDL cholesterol values?

Answered: 1,100 Skipped: 34



| Answer Choices | Responses           |
|----------------|---------------------|
| <b>Yes</b>     | <b>8.36%</b> 92     |
| <b>No</b>      | <b>91.64%</b> 1,008 |
| Total          | 1,100               |

| #  | Other (please enter cholesterol values) | Date               |
|----|---|--------------------|
| 1  | HDL 99                                  | 5/23/2013 8:33 AM  |
| 2  | 89/61                                   | 5/22/2013 9:05 AM  |
| 3  | 145/41                                  | 5/21/2013 12:17 PM |
| 4  | 72/34                                   | 5/21/2013 12:11 PM |
| 5  | 239                                     | 5/21/2013 8:49 AM  |
| 6  | LDL-182 HDL-35                          | 5/20/2013 4:23 PM  |
| 7  | 41/150                                  | 5/20/2013 3:16 PM  |
| 8  | 125/60                                  | 5/20/2013 3:14 PM  |
| 9  | 210 and 100                             | 5/19/2013 7:53 AM  |
| 10 | LDL-80 HDL-60                           | 5/17/2013 4:32 PM  |
| 11 | LDL - high                              | 5/14/2013 1:05 PM  |
| 12 | 110/90                                  | 5/13/2013 4:39 PM  |
| 13 | 32/40                                   | 5/13/2013 3:09 PM  |
| 14 | hdl 47                                  | 5/13/2013 2:45 PM  |
| 15 | 190/40                                  | 5/10/2013 9:05 AM  |
| 16 | ldl 228                                 | 5/10/2013 8:06 AM  |
| 17 | 100/45                                  | 5/9/2013 3:55 PM   |

## 2013 Community Health Needs Assessment

| #  | Other (please enter cholesterol values)        | Date               |
|----|--|--------------------|
| 18 | But ok   | 5/9/2013 2:19 PM   |
| 19 | LDL-156/HDL-59                                 | 5/9/2013 11:01 AM  |
| 20 | 200/100  | 5/9/2013 9:37 AM   |
| 21 | hdl 298  | 5/9/2013 8:26 AM   |
| 22 | HDL 175  | 5/9/2013 8:20 AM   |
| 23 | On File  | 5/8/2013 5:55 PM   |
| 24 | good/good                                      | 5/8/2013 4:49 PM   |
| 25 | good/good                                      | 5/8/2013 2:03 PM   |
| 26 | 166/50   | 5/8/2013 9:01 AM   |
| 27 | 102/51   | 5/8/2013 8:45 AM   |
| 28 | 118/38   | 5/8/2013 8:30 AM   |
| 29 | Low Normal/Moderately higher                   | 5/8/2013 7:33 AM   |
| 30 | Can't remember                                 | 4/26/2013 11:54 AM |
| 31 | 200/42   | 4/26/2013 9:40 AM  |
| 32 | have a reprot but don't carry it with me       | 4/26/2013 8:37 AM  |
| 33 | low/high                                       | 4/25/2013 4:40 PM  |
| 34 | LDL-100/HDL-68                                 | 4/25/2013 10:28 AM |
| 35 | LDL-62/HDL-105                                 | 4/25/2013 9:58 AM  |
| 36 | normal   | 4/25/2013 9:40 AM  |
| 37 | Good   | 4/24/2013 12:12 PM |
| 38 | ldl <60  | 4/24/2013 9:51 AM  |
| 39 | LDL 99 mg/dL                                   | 4/23/2013 3:06 PM  |
| 40 | LDL-106/HDL-43                                 | 4/23/2013 1:16 PM  |
| 41 | 92,87  | 4/23/2013 10:06 AM |
| 42 | Can't remember the breakdown                   | 4/23/2013 9:12 AM  |
| 43 | LDL 79   | 4/23/2013 8:58 AM  |
| 44 | LDL 80, HDL 35                                 | 4/22/2013 4:35 PM  |
| 45 | both normal                                    | 4/22/2013 4:04 PM  |
| 46 | Total: 209, HDL: 87, Tri: 129                  | 4/22/2013 3:22 PM  |
| 47 | ldl 98 hdl 180                                 | 4/22/2013 3:08 PM  |
| 48 | have at home somewhere                         | 4/22/2013 3:08 PM  |
| 49 | Not exactly, but both are within normal limits | 4/22/2013 2:34 PM  |
| 50 | ldl - 250 hdl 160                              | 4/22/2013 2:32 PM  |
| 51 | HDL - good                                     | 4/11/2013 8:42 AM  |
| 52 | 160/330  | 4/11/2013 8:36 AM  |
| 53 | Good   | 4/11/2013 8:28 AM  |
| 54 | 60/25  | 4/9/2013 11:20 AM  |
| 55 | Ok   | 4/9/2013 11:18 AM  |
| 56 | HDL 66   | 4/7/2013 1:14 PM   |

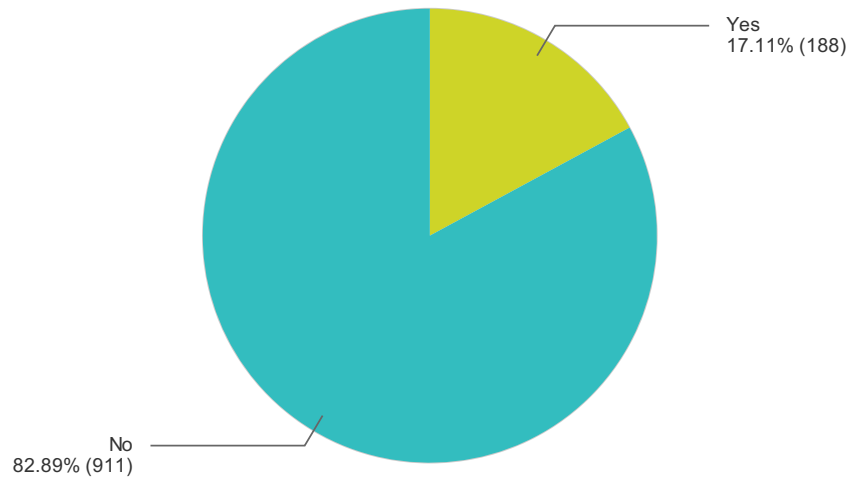


## 2013 Community Health Needs Assessment

| #  | Other (please enter cholesterol values) | Date              |
|----|---|-------------------|
| 57 | Ok/Ok                                   | 4/7/2013 11:51 AM |
| 58 | 83.6/48                                 | 4/7/2013 8:34 AM  |
| 59 | 88/48                                   | 4/7/2013 8:32 AM  |
| 60 | But Good                                | 4/6/2013 2:38 PM  |
| 61 | 77/77                                   | 4/4/2013 7:35 PM  |

## Q11 Do you know your glucose value?

Answered: 1,099 Skipped: 35



| Answer Choices | Responses     |       |
|----------------|---------------|-------|
| <b>Yes</b>     | <b>17.11%</b> | 188   |
| <b>No</b>      | <b>82.89%</b> | 911   |
| Total          |               | 1,099 |

| #  | Other (please enter your glucose value) | Date               |
|----|---|--------------------|
| 1  | 102                                     | 5/23/2013 9:04 AM  |
| 2  | 118                                     | 5/23/2013 8:58 AM  |
| 3  | 81                                      | 5/22/2013 8:23 AM  |
| 4  | A1C 6.5                                 | 5/21/2013 4:27 PM  |
| 5  | 145                                     | 5/21/2013 12:11 PM |
| 6  | 162                                     | 5/21/2013 11:04 AM |
| 7  | 100                                     | 5/21/2013 10:53 AM |
| 8  | 109                                     | 5/21/2013 9:40 AM  |
| 9  | 97                                      | 5/21/2013 9:28 AM  |
| 10 | 60-110                                  | 5/21/2013 8:57 AM  |
| 11 | I forgot                                | 5/21/2013 8:49 AM  |
| 12 | 110                                     | 5/21/2013 8:38 AM  |
| 13 | 129                                     | 5/21/2013 6:18 AM  |
| 14 | 148                                     | 5/21/2013 6:13 AM  |
| 15 | 225                                     | 5/20/2013 7:47 PM  |
| 16 | 130                                     | 5/20/2013 4:50 PM  |
| 17 | 121                                     | 5/20/2013 4:23 PM  |
| 18 | 126.4                                   | 5/20/2013 3:29 PM  |

## 2013 Community Health Needs Assessment

| #  | Other (please enter your glucose value) | Date               |
|----|---|--------------------|
| 19 | 115                                     | 5/20/2013 3:16 PM  |
| 20 | 78                                      | 5/20/2013 2:56 PM  |
| 21 | 76                                      | 5/20/2013 12:40 PM |
| 22 | 112                                     | 5/19/2013 2:21 PM  |
| 23 | 90                                      | 5/19/2013 1:50 PM  |
| 24 | 90                                      | 5/19/2013 1:30 PM  |
| 25 | 68                                      | 5/19/2013 12:43 PM |
| 26 | 120                                     | 5/19/2013 7:53 AM  |
| 27 | 84                                      | 5/18/2013 7:35 AM  |
| 28 | 95                                      | 5/18/2013 7:29 AM  |
| 29 | 178                                     | 5/18/2013 7:07 AM  |
| 30 | 90                                      | 5/17/2013 4:42 PM  |
| 31 | 80                                      | 5/17/2013 4:32 PM  |
| 32 | 90                                      | 5/16/2013 4:09 PM  |
| 33 | 96                                      | 5/16/2013 4:01 PM  |
| 34 | 112                                     | 5/16/2013 1:05 PM  |
| 35 | 128                                     | 5/15/2013 4:54 PM  |
| 36 | 98                                      | 5/15/2013 3:13 PM  |
| 37 | 80                                      | 5/14/2013 5:19 PM  |
| 38 | 165                                     | 5/14/2013 4:29 PM  |
| 39 | 121                                     | 5/14/2013 12:20 PM |
| 40 | 91                                      | 5/13/2013 4:54 PM  |
| 41 | 106                                     | 5/13/2013 3:22 PM  |
| 42 | 110                                     | 5/13/2013 3:15 PM  |
| 43 | 92                                      | 5/13/2013 3:09 PM  |
| 44 | 85                                      | 5/13/2013 2:51 PM  |
| 45 | 132                                     | 5/13/2013 9:57 AM  |
| 46 | 90 - fasting                            | 5/13/2013 9:52 AM  |
| 47 | 197                                     | 5/13/2013 9:33 AM  |
| 48 | 115                                     | 5/10/2013 1:34 PM  |
| 49 | 85                                      | 5/10/2013 9:05 AM  |
| 50 | 238                                     | 5/10/2013 8:06 AM  |
| 51 | 150                                     | 5/9/2013 5:12 PM   |
| 52 | 90                                      | 5/9/2013 3:55 PM   |
| 53 | 125                                     | 5/9/2013 3:37 PM   |
| 54 | 106                                     | 5/9/2013 2:47 PM   |
| 55 | 98                                      | 5/9/2013 2:39 PM   |
| 56 | 91                                      | 5/9/2013 2:17 PM   |
| 57 | 130                                     | 5/9/2013 1:54 PM   |

## 2013 Community Health Needs Assessment

| #  | Other (please enter your glucose value) | Date               |
|----|---|--------------------|
| 58 | 82                                      | 5/9/2013 9:37 AM   |
| 59 | 170                                     | 5/9/2013 8:32 AM   |
| 60 | 92                                      | 5/9/2013 8:26 AM   |
| 61 | 110                                     | 5/8/2013 6:53 PM   |
| 62 | 114                                     | 5/8/2013 6:28 PM   |
| 63 | 145                                     | 5/8/2013 6:12 PM   |
| 64 | On File                                 | 5/8/2013 5:55 PM   |
| 65 | 103                                     | 5/8/2013 4:49 PM   |
| 66 | 119                                     | 5/8/2013 2:03 PM   |
| 67 | 120                                     | 5/8/2013 2:00 PM   |
| 68 | 124                                     | 5/8/2013 1:50 PM   |
| 69 | 105                                     | 5/8/2013 1:31 PM   |
| 70 | 95                                      | 5/8/2013 1:22 PM   |
| 71 | 128                                     | 5/8/2013 9:01 AM   |
| 72 | 100                                     | 5/8/2013 8:30 AM   |
| 73 | 100                                     | 5/8/2013 7:52 AM   |
| 74 | 104                                     | 5/8/2013 7:41 AM   |
| 75 | Normal                                  | 5/8/2013 7:33 AM   |
| 76 | 137                                     | 5/7/2013 5:18 PM   |
| 77 | 140                                     | 5/7/2013 5:08 PM   |
| 78 | 132                                     | 5/7/2013 4:39 PM   |
| 79 | 90                                      | 5/7/2013 4:14 PM   |
| 80 | 89                                      | 5/7/2013 3:59 PM   |
| 81 | 7.3                                     | 5/7/2013 10:22 AM  |
| 82 | 105                                     | 4/26/2013 3:21 PM  |
| 83 | 154                                     | 4/26/2013 2:43 PM  |
| 84 | 99                                      | 4/26/2013 1:12 PM  |
| 85 | 102                                     | 4/26/2013 12:02 PM |
| 86 | 80                                      | 4/26/2013 11:54 AM |
| 87 | 89                                      | 4/26/2013 9:57 AM  |
| 88 | high normal                             | 4/26/2013 8:37 AM  |
| 89 | 108                                     | 4/25/2013 4:40 PM  |
| 90 | 128                                     | 4/25/2013 3:27 PM  |
| 91 | 100                                     | 4/25/2013 10:48 AM |
| 92 | 97                                      | 4/25/2013 10:28 AM |
| 93 | 99                                      | 4/25/2013 10:15 AM |
| 94 | 80                                      | 4/25/2013 9:58 AM  |
| 95 | normal                                  | 4/25/2013 9:40 AM  |
| 96 | 138                                     | 4/24/2013 3:33 PM  |

## 2013 Community Health Needs Assessment

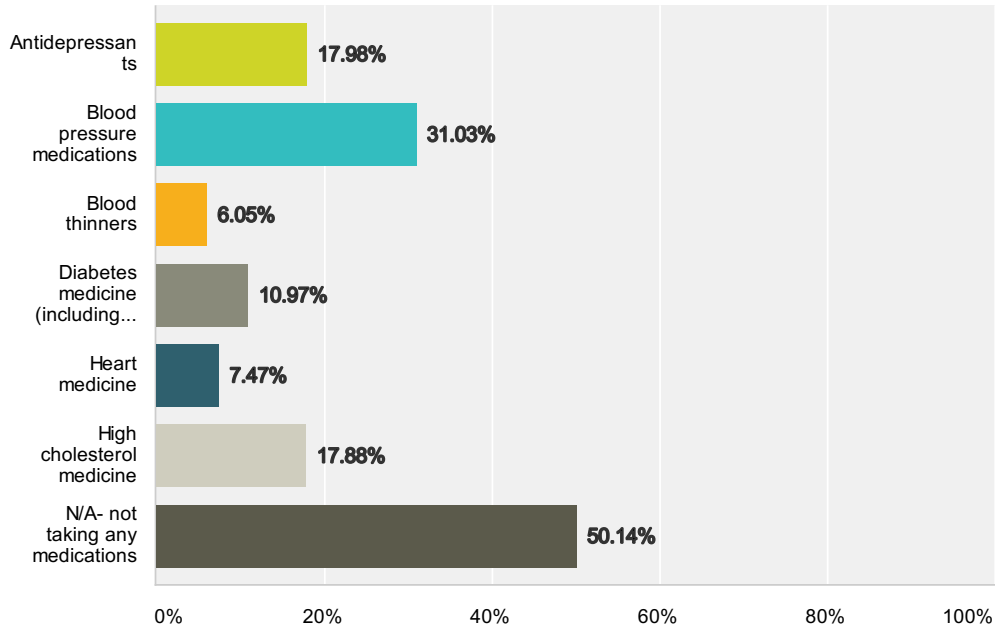
| #   | Other (please enter your glucose value) | Date               |
|-----|---|--------------------|
| 97  | 77                                      | 4/24/2013 12:42 PM |
| 98  | 149                                     | 4/24/2013 11:33 AM |
| 99  | 100                                     | 4/24/2013 11:32 AM |
| 100 | 80                                      | 4/24/2013 9:51 AM  |
| 101 | 90s                                     | 4/23/2013 11:14 PM |
| 102 | 119                                     | 4/23/2013 8:28 PM  |
| 103 | 160 mg/dL                               | 4/23/2013 2:12 PM  |
| 104 | 81                                      | 4/23/2013 12:36 PM |
| 105 | 131                                     | 4/23/2013 10:05 AM |
| 106 | 68                                      | 4/23/2013 9:50 AM  |
| 107 | last time checked was in normal range   | 4/23/2013 9:12 AM  |
| 108 | 95                                      | 4/23/2013 8:58 AM  |
| 109 | 70                                      | 4/23/2013 8:56 AM  |
| 110 | 100                                     | 4/23/2013 8:36 AM  |
| 111 | 120                                     | 4/23/2013 8:05 AM  |
| 112 | 90                                      | 4/23/2013 8:02 AM  |
| 113 | 110                                     | 4/23/2013 3:58 AM  |
| 114 | 130                                     | 4/22/2013 5:17 PM  |
| 115 | 120                                     | 4/22/2013 5:02 PM  |
| 116 | 94                                      | 4/22/2013 4:38 PM  |
| 117 | 110 mg                                  | 4/22/2013 4:35 PM  |
| 118 | 104                                     | 4/22/2013 4:22 PM  |
| 119 | 80 mg/dL                                | 4/22/2013 4:18 PM  |
| 120 | 82                                      | 4/22/2013 4:17 PM  |
| 121 | fasting 72                              | 4/22/2013 4:04 PM  |
| 122 | normal                                  | 4/22/2013 3:41 PM  |
| 123 | 110                                     | 4/22/2013 3:32 PM  |
| 124 | 92                                      | 4/22/2013 3:29 PM  |
| 125 | 89                                      | 4/22/2013 3:22 PM  |
| 126 | 85 mg/dL                                | 4/22/2013 3:22 PM  |
| 127 | 134                                     | 4/22/2013 3:17 PM  |
| 128 | 150 this morning                        | 4/22/2013 3:16 PM  |
| 129 | 134                                     | 4/22/2013 3:08 PM  |
| 130 | 5.10                                    | 4/22/2013 3:08 PM  |
| 131 | 116                                     | 4/22/2013 3:04 PM  |
| 132 | 100                                     | 4/22/2013 2:57 PM  |
| 133 | 88                                      | 4/22/2013 2:53 PM  |
| 134 | 117-120                                 | 4/22/2013 2:52 PM  |
| 135 | 70                                      | 4/22/2013 2:42 PM  |

## 2013 Community Health Needs Assessment

| #   | Other (please enter your glucose value) | Date              |
|-----|---|-------------------|
| 136 | 102                                     | 4/22/2013 2:41 PM |
| 137 | fasting 100                             | 4/22/2013 2:38 PM |
| 138 | 64                                      | 4/22/2013 2:36 PM |
| 139 | 86                                      | 4/22/2013 2:34 PM |
| 140 | 88                                      | 4/22/2013 2:28 PM |
| 141 | 64                                      | 4/22/2013 2:26 PM |
| 142 | 130                                     | 4/22/2013 2:25 PM |
| 143 | 95                                      | 4/22/2013 2:25 PM |
| 144 | 125                                     | 4/22/2013 2:24 PM |
| 145 | 75                                      | 4/22/2013 2:03 PM |
| 146 | 113                                     | 4/22/2013 1:55 PM |
| 147 | 6.8                                     | 4/9/2013 11:27 AM |
| 148 | 140                                     | 4/9/2013 11:20 AM |
| 149 | 78                                      | 4/7/2013 1:14 PM  |
| 150 | 85                                      | 4/7/2013 9:30 AM  |
| 151 | 116                                     | 4/7/2013 9:23 AM  |
| 152 | 106                                     | 4/7/2013 8:36 AM  |
| 153 | 97                                      | 4/7/2013 8:34 AM  |
| 154 | 101                                     | 4/7/2013 8:32 AM  |
| 155 | High                                    | 4/6/2013 2:38 PM  |
| 156 | 110                                     | 4/6/2013 2:38 PM  |
| 157 | 90                                      | 4/4/2013 7:35 PM  |

### Q12 Do you currently take any of the following medications?

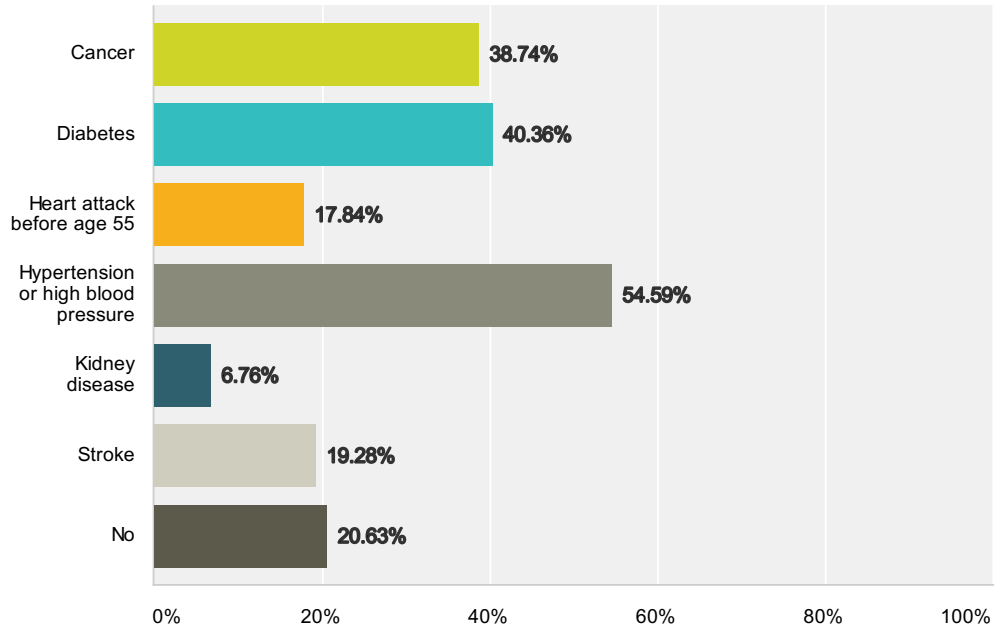
Answered: 1,057 Skipped: 77



| Answer Choices                               | Responses     | Count |
|--|---------------|-------|
| <b>Antidepressants</b>                       | <b>17.98%</b> | 190   |
| <b>Blood pressure medications</b>            | <b>31.03%</b> | 328   |
| <b>Blood thinners</b>                        | <b>6.05%</b>  | 64    |
| <b>Diabetes medicine (including insulin)</b> | <b>10.97%</b> | 116   |
| <b>Heart medicine</b>                        | <b>7.47%</b>  | 79    |
| <b>High cholesterol medicine</b>             | <b>17.88%</b> | 189   |
| <b>N/A- not taking any medications</b>       | <b>50.14%</b> | 530   |
| Total Respondents: 1,057                     |               |       |

### Q13 Has a biological parent, brother, sister or child had any of the following?

Answered: 1,110 Skipped: 24

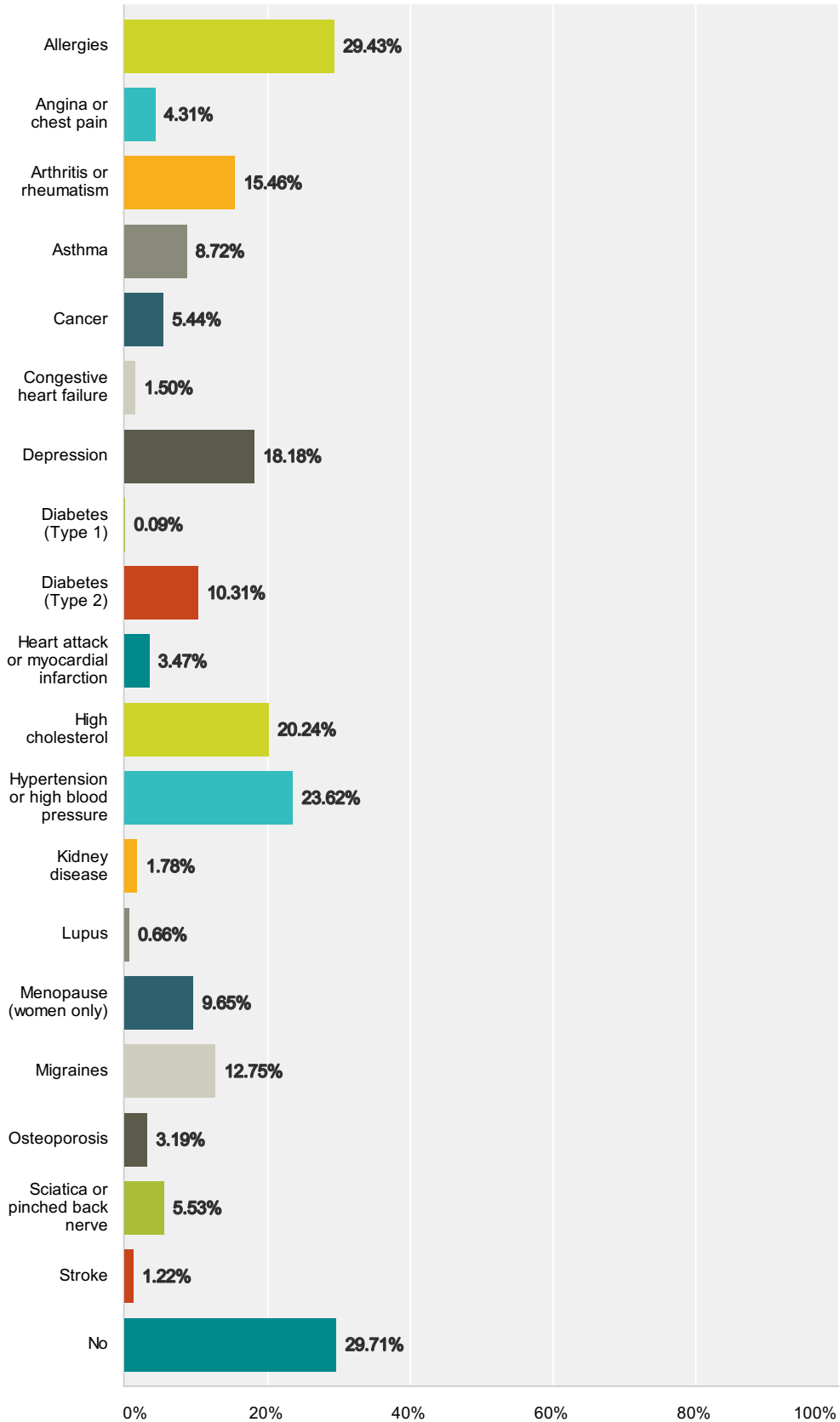


| Answer Choices                             | Responses | Count |
|--|-----------|-------|
| <b>Cancer</b>                              | 38.74%    | 430   |
| <b>Diabetes</b>                            | 40.36%    | 448   |
| <b>Heart attack before age 55</b>          | 17.84%    | 198   |
| <b>Hypertension or high blood pressure</b> | 54.59%    | 606   |
| <b>Kidney disease</b>                      | 6.76%     | 75    |
| <b>Stroke</b>                              | 19.28%    | 214   |
| <b>No</b>                                  | 20.63%    | 229   |
| Total Respondents: 1,110                   |           |       |



### Q14 Has your doctor ever diagnosed you with any of the following?

Answered: 1,067 Skipped: 67

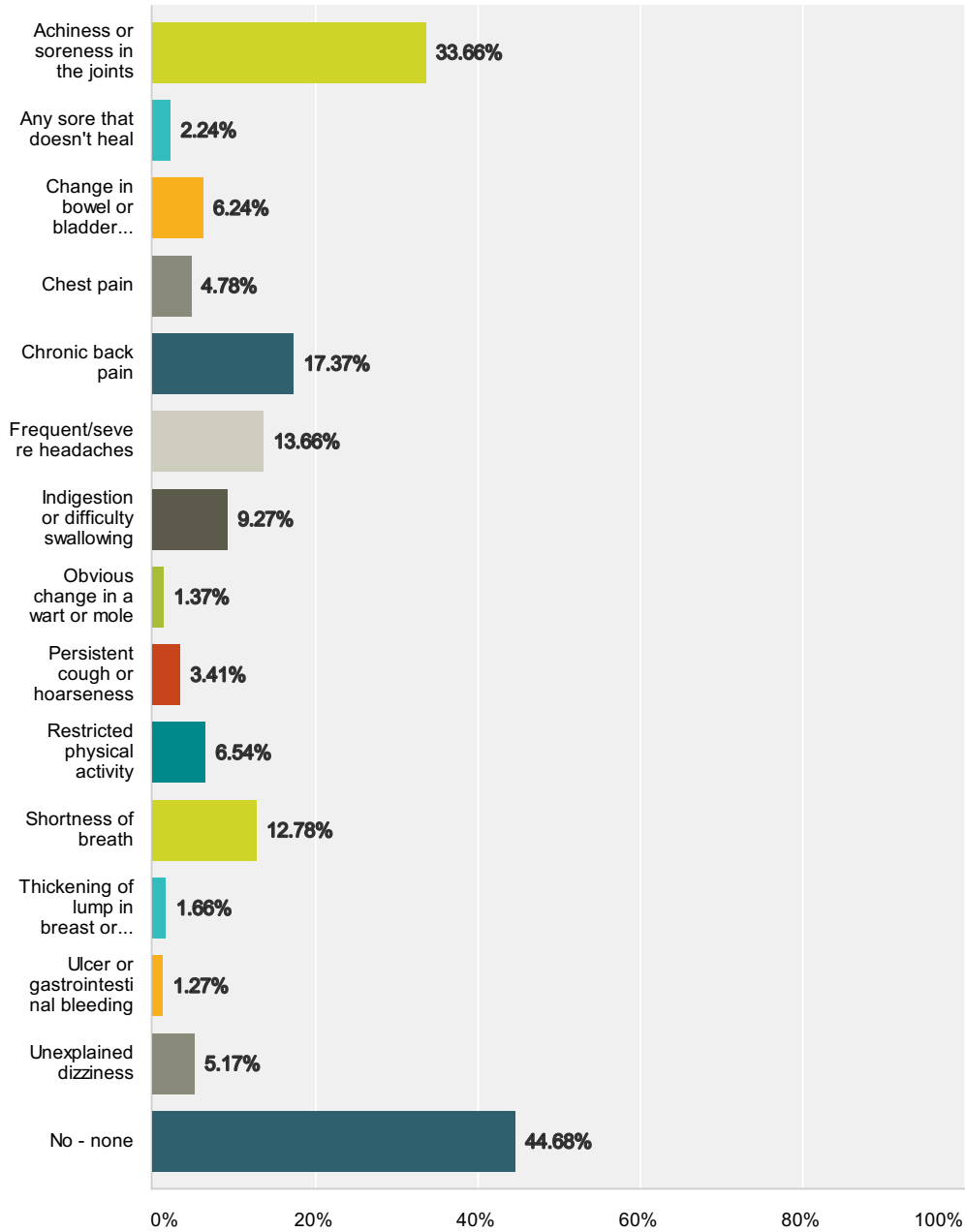


2013 Community Health Needs Assessment

| Answer Choices                               | Responses     |     |
|--|---------------|-----|
| <b>Allergies</b>                             | <b>29.43%</b> | 314 |
| <b>Angina or chest pain</b>                  | <b>4.31%</b>  | 46  |
| <b>Arthritis or rheumatism</b>               | <b>15.46%</b> | 165 |
| <b>Asthma</b>                                | <b>8.72%</b>  | 93  |
| <b>Cancer</b>                                | <b>5.44%</b>  | 58  |
| <b>Congestive heart failure</b>              | <b>1.50%</b>  | 16  |
| <b>Depression</b>                            | <b>18.18%</b> | 194 |
| <b>Diabetes (Type 1)</b>                     | <b>0.09%</b>  | 1   |
| <b>Diabetes (Type 2)</b>                     | <b>10.31%</b> | 110 |
| <b>Heart attack or myocardial infarction</b> | <b>3.47%</b>  | 37  |
| <b>High cholesterol</b>                      | <b>20.24%</b> | 216 |
| <b>Hypertension or high blood pressure</b>   | <b>23.62%</b> | 252 |
| <b>Kidney disease</b>                        | <b>1.78%</b>  | 19  |
| <b>Lupus</b>                                 | <b>0.66%</b>  | 7   |
| <b>Menopause (women only)</b>                | <b>9.65%</b>  | 103 |
| <b>Migraines</b>                             | <b>12.75%</b> | 136 |
| <b>Osteoporosis</b>                          | <b>3.19%</b>  | 34  |
| <b>Sciatica or pinched back nerve</b>        | <b>5.53%</b>  | 59  |
| <b>Stroke</b>                                | <b>1.22%</b>  | 13  |
| <b>No</b>                                    | <b>29.71%</b> | 317 |
| Total Respondents: 1,067                     |               |     |

### Q15 Do you currently have any of the following?

Answered: 1,025 Skipped: 109



| Answer Choices                       | Responses |     |
|--------------------------------------|-----------|-----|
| Achiness or soreness in the joints   | 33.66%    | 345 |
| Any sore that doesn't heal           | 2.24%     | 23  |
| Change in bowel or bladder habits    | 6.24%     | 64  |
| Chest pain                           | 4.78%     | 49  |
| Chronic back pain                    | 17.37%    | 178 |
| Frequent/severe headaches            | 13.66%    | 140 |
| Indigestion or difficulty swallowing | 9.27%     | 95  |
| Obvious change in a wart or mole     | 1.37%     | 14  |

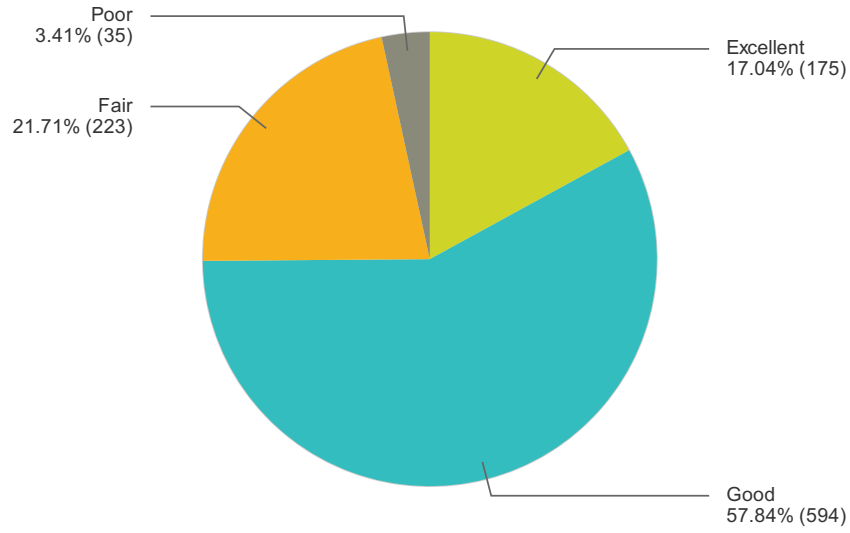
Total Respondents: 1,025

## 2013 Community Health Needs Assessment

|  |               |            |
|--|---------------|------------|
| <b>Persistent cough or hoarseness</b>            | <b>3.41%</b>  | <b>35</b>  |
| <b>Restricted physical activity</b>              | <b>6.54%</b>  | <b>67</b>  |
| <b>Shortness of breath</b>                       | <b>12.78%</b> | <b>131</b> |
| <b>Thickening of lump in breast or elsewhere</b> | <b>1.66%</b>  | <b>17</b>  |
| <b>Ulcer or gastrointestinal bleeding</b>        | <b>1.27%</b>  | <b>13</b>  |
| <b>Unexplained dizziness</b>                     | <b>5.17%</b>  | <b>53</b>  |
| <b>No - none</b>                                 | <b>44.68%</b> | <b>458</b> |
| Total Respondents: 1,025                         |               |            |

### Q16 How would you describe your overall health?

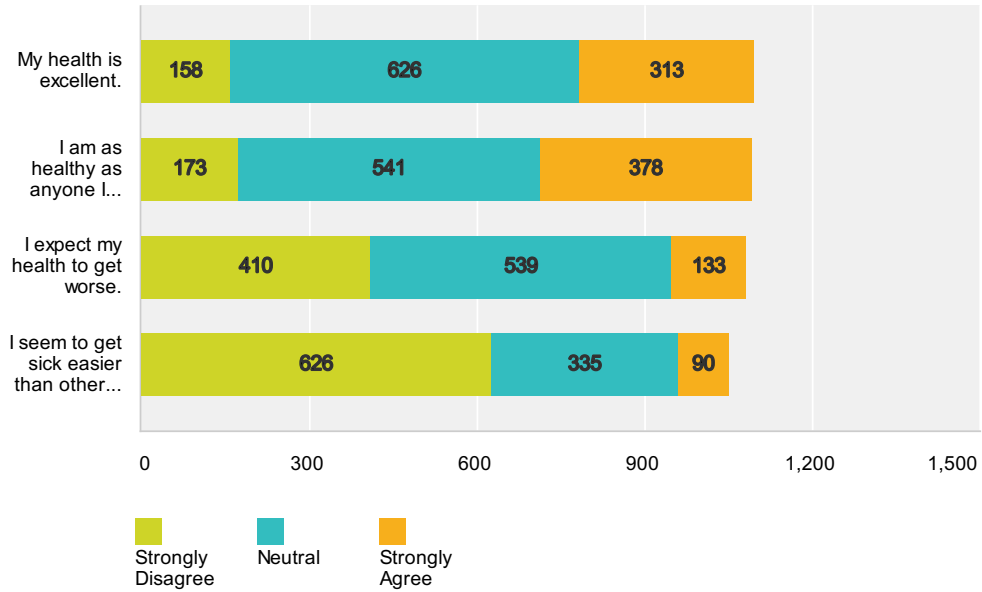
Answered: 1,027 Skipped: 107



| Answer Choices   | Responses     |       |
|------------------|---------------|-------|
| <b>Excellent</b> | <b>17.04%</b> | 175   |
| <b>Good</b>      | <b>57.84%</b> | 594   |
| <b>Fair</b>      | <b>21.71%</b> | 223   |
| <b>Poor</b>      | <b>3.41%</b>  | 35    |
| Total            |               | 1,027 |

### Q17 How strongly do you agree or disagree with the following statements?

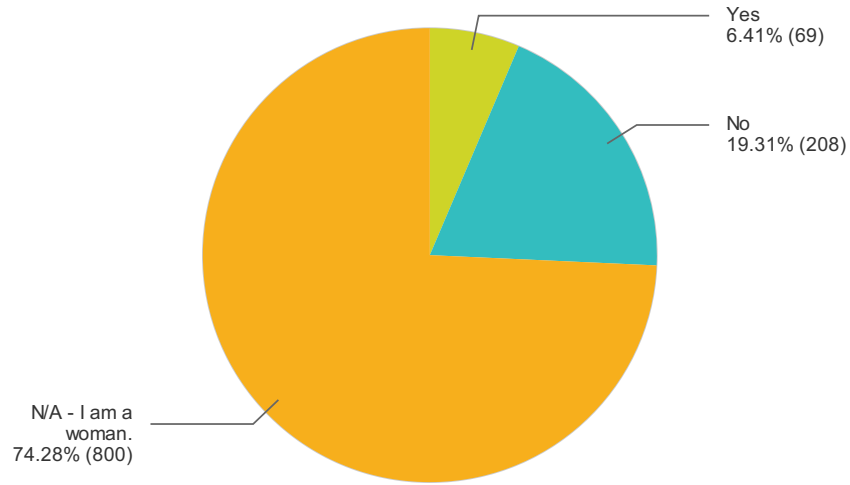
Answered: 1,105 Skipped: 29



|   | Strongly Disagree    | Neutral              | Strongly Agree       | Total |
|---|----------------------|----------------------|----------------------|-------|
| <b>My health is excellent.</b>                      | <b>14.40%</b><br>158 | <b>57.06%</b><br>626 | <b>28.53%</b><br>313 | 1,097 |
| <b>I am as healthy as anyone I know.</b>            | <b>15.84%</b><br>173 | <b>49.54%</b><br>541 | <b>34.62%</b><br>378 | 1,092 |
| <b>I expect my health to get worse.</b>             | <b>37.89%</b><br>410 | <b>49.82%</b><br>539 | <b>12.29%</b><br>133 | 1,082 |
| <b>I seem to get sick easier than other people.</b> | <b>59.56%</b><br>626 | <b>31.87%</b><br>335 | <b>8.56%</b><br>90   | 1,051 |

### Q18 Do you conduct a monthly testicular self exam?

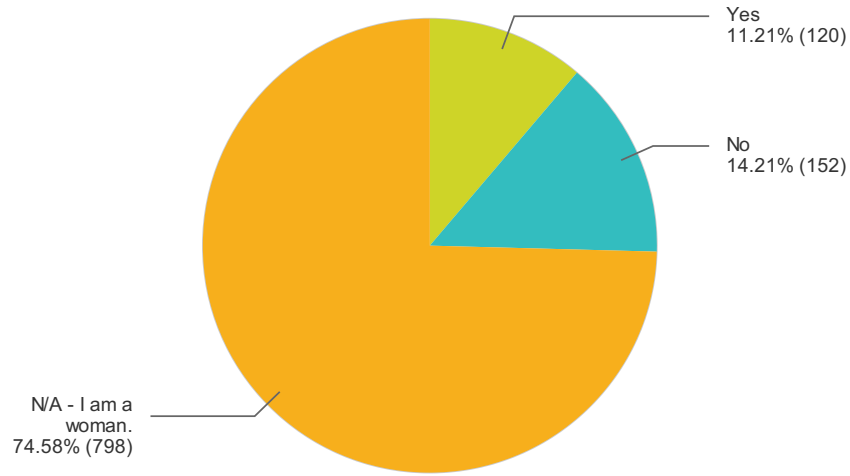
Answered: 1,077 Skipped: 57



| Answer Choices             | Responses     |       |
|----------------------------|---------------|-------|
| <b>Yes</b>                 | <b>6.41%</b>  | 69    |
| <b>No</b>                  | <b>19.31%</b> | 208   |
| <b>N/A - I am a woman.</b> | <b>74.28%</b> | 800   |
| Total                      |               | 1,077 |

### Q19 Have you ever had a prostate exam?

Answered: 1,070 Skipped: 64

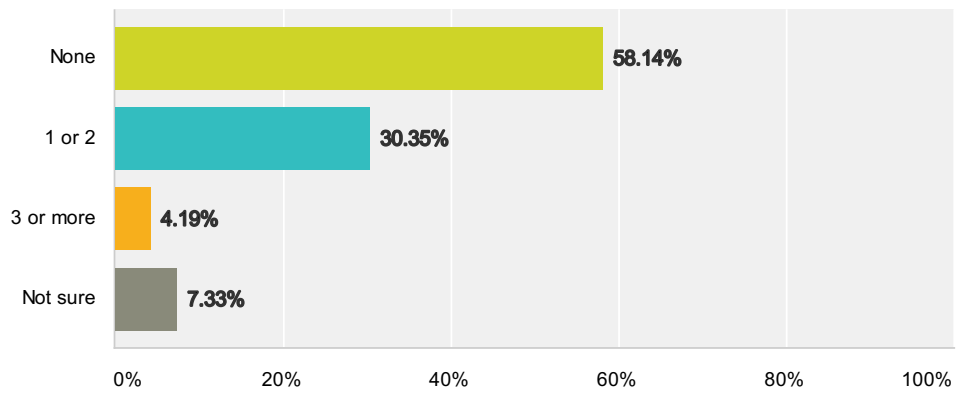


| Answer Choices             | Responses     |       |
|----------------------------|---------------|-------|
| <b>Yes</b>                 | <b>11.21%</b> | 120   |
| <b>No</b>                  | <b>14.21%</b> | 152   |
| <b>N/A - I am a woman.</b> | <b>74.58%</b> | 798   |
| Total                      |               | 1,070 |



### Q20 How many women (excluding yourself) in your biological family (mother, sisters, grandmothers, or aunts) have had breast cancer?

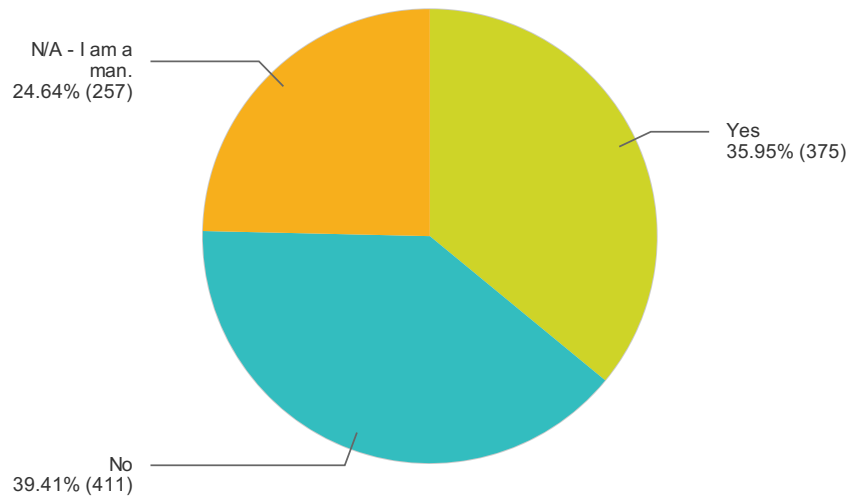
Answered: 860 Skipped: 274



| Answer Choices   | Responses     |     |
|------------------|---------------|-----|
| <b>None</b>      | <b>58.14%</b> | 500 |
| <b>1 or 2</b>    | <b>30.35%</b> | 261 |
| <b>3 or more</b> | <b>4.19%</b>  | 36  |
| <b>Not sure</b>  | <b>7.33%</b>  | 63  |
| Total            |               | 860 |

### Q21 Do you conduct a monthly breast exam?

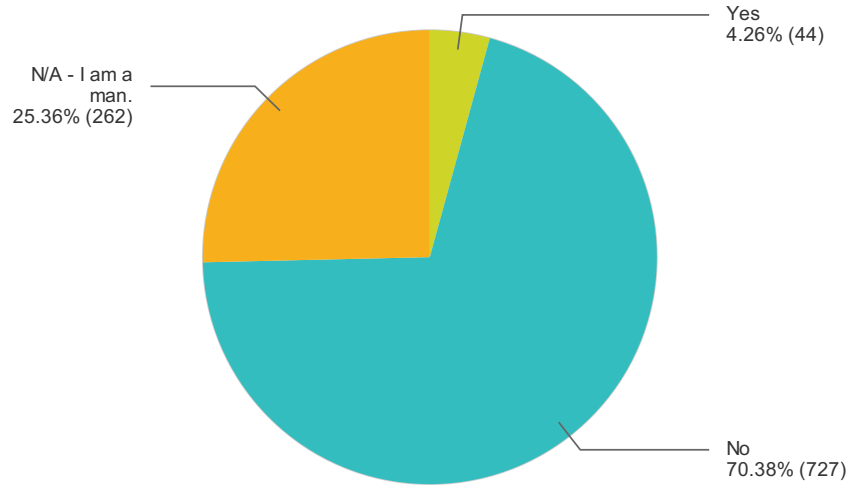
Answered: 1,043 Skipped: 91



| Answer Choices           | Responses     |       |
|--------------------------|---------------|-------|
| <b>Yes</b>               | <b>35.95%</b> | 375   |
| <b>No</b>                | <b>39.41%</b> | 411   |
| <b>N/A - I am a man.</b> | <b>24.64%</b> | 257   |
| Total                    |               | 1,043 |

## Q22 Have you ever had gestational diabetes?

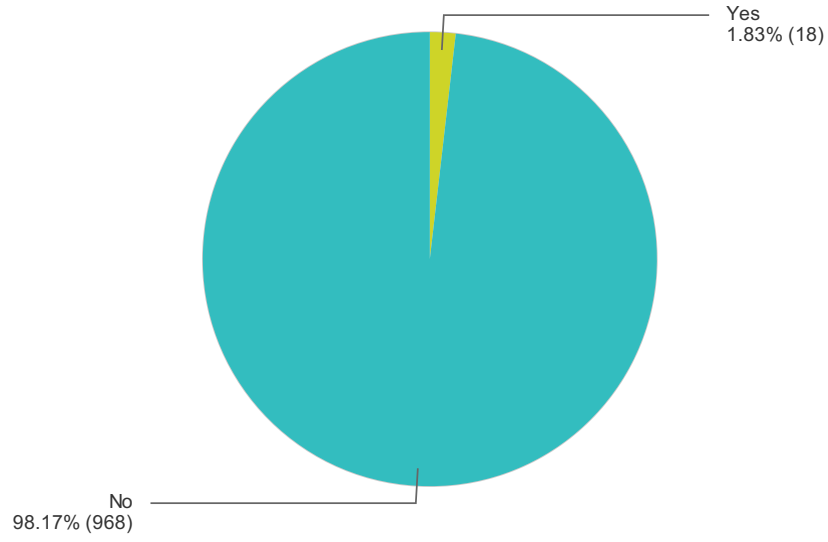
Answered: 1,033 Skipped: 101



| Answer Choices           | Responses     |              |
|--------------------------|---------------|--------------|
| <b>Yes</b>               | <b>4.26%</b>  | <b>44</b>    |
| <b>No</b>                | <b>70.38%</b> | <b>727</b>   |
| <b>N/A - I am a man.</b> | <b>25.36%</b> | <b>262</b>   |
| <b>Total</b>             |               | <b>1,033</b> |

### Q23 Are you or your spouse currently pregnant?

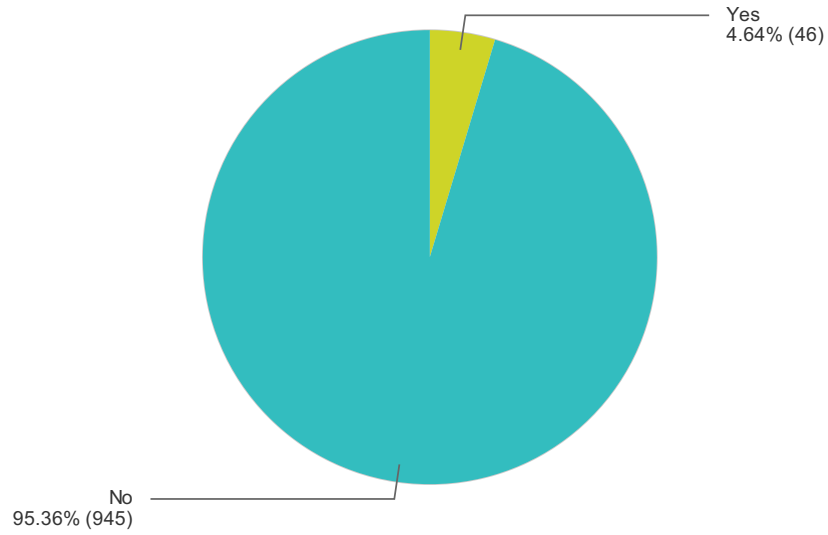
Answered: 986 Skipped: 148



| Answer Choices | Responses     |     |
|----------------|---------------|-----|
| <b>Yes</b>     | <b>1.83%</b>  | 18  |
| <b>No</b>      | <b>98.17%</b> | 968 |
| Total          |               | 986 |

### Q24 Are you or your spouse planning on becoming pregnant in the next year?

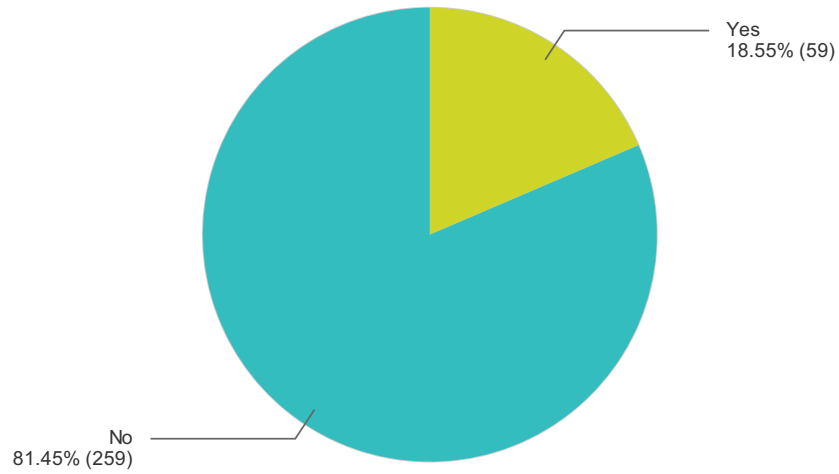
Answered: 991 Skipped: 143



| Answer Choices | Responses     |     |
|----------------|---------------|-----|
| <b>Yes</b>     | <b>4.64%</b>  | 46  |
| <b>No</b>      | <b>95.36%</b> | 945 |
| Total          |               | 991 |

**Q25 If yes to either, are you or your spouse under the supervision of a physician, midwife, or health care provider?**

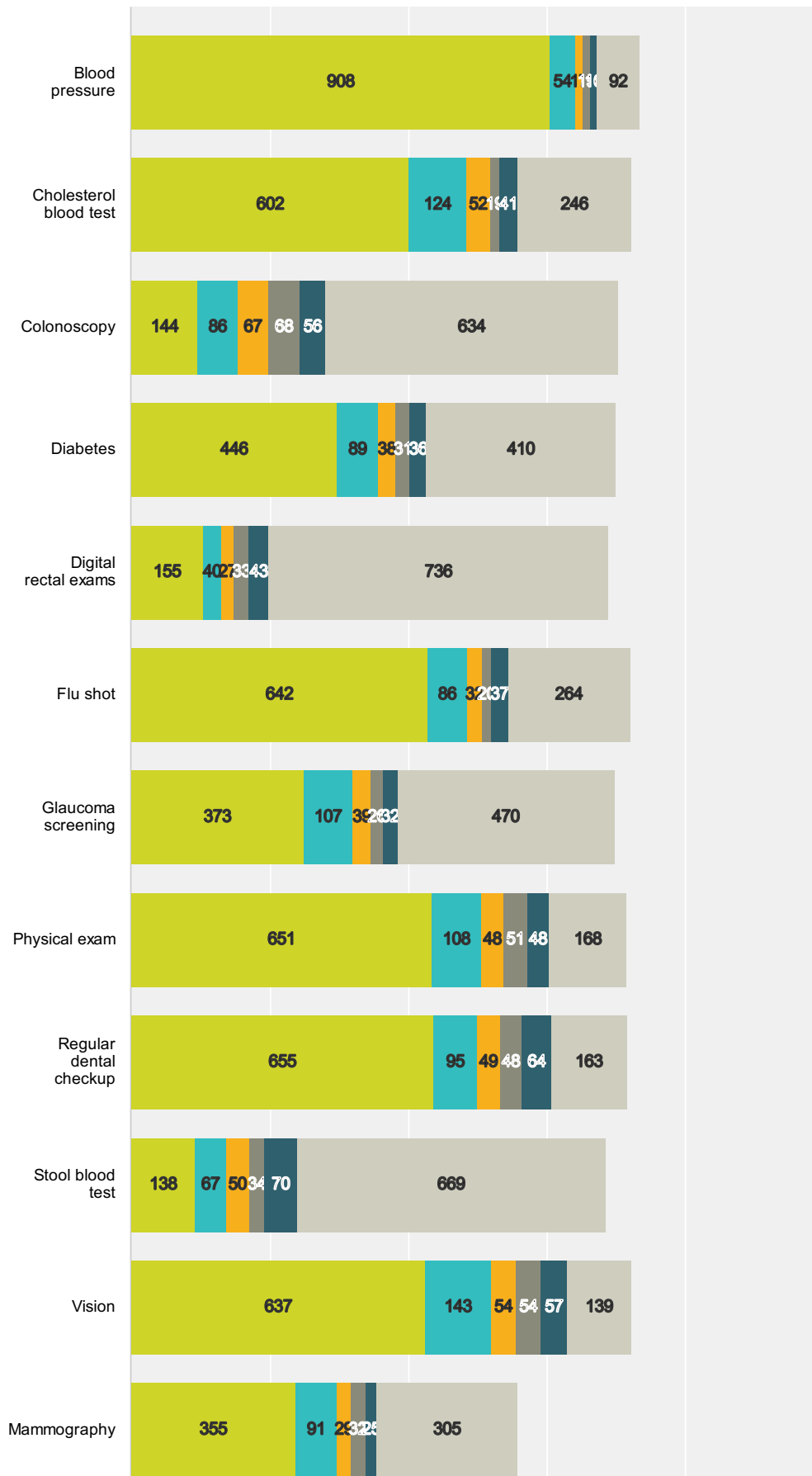
Answered: 318 Skipped: 816



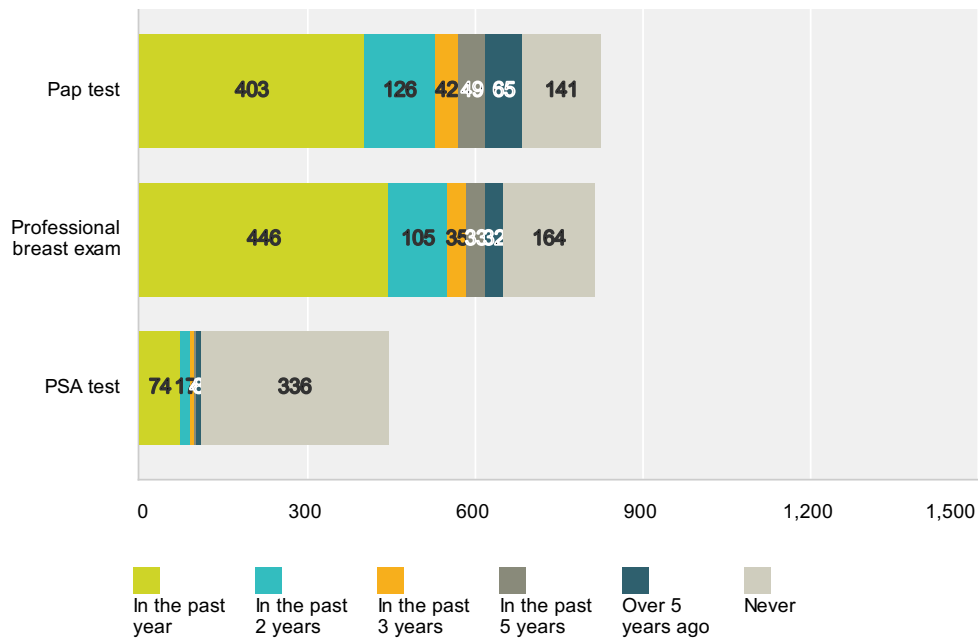
| Answer Choices | Responses     |     |
|----------------|---------------|-----|
| <b>Yes</b>     | <b>18.55%</b> | 59  |
| <b>No</b>      | <b>81.45%</b> | 259 |
| Total          |               | 318 |

## Q26 When were your most recent health exams/tests?

Answered: 1,103 Skipped: 31



2013 Community Health Needs Assessment

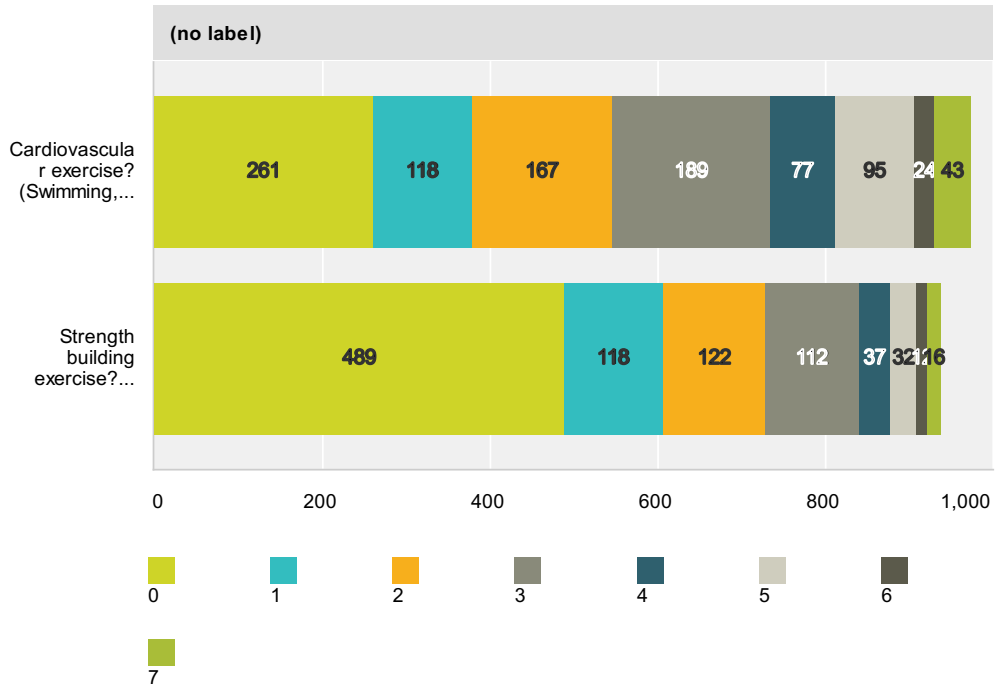


|                                 | In the past year | In the past 2 years | In the past 3 years | In the past 5 years | Over 5 years ago | Never         | Total |
|---------------------------------|------------------|---------------------|---------------------|---------------------|------------------|---------------|-------|
| <b>Blood pressure</b>           | 82.40%<br>908    | 4.90%<br>54         | 1.54%<br>17         | 1.36%<br>15         | 1.45%<br>16      | 8.35%<br>92   | 1,102 |
| <b>Cholesterol blood test</b>   | 55.54%<br>602    | 11.44%<br>124       | 4.80%<br>52         | 1.75%<br>19         | 3.78%<br>41      | 22.69%<br>246 | 1,084 |
| <b>Colonoscopy</b>              | 13.65%<br>144    | 8.15%<br>86         | 6.35%<br>67         | 6.45%<br>68         | 5.31%<br>56      | 60.09%<br>634 | 1,055 |
| <b>Diabetes</b>                 | 42.48%<br>446    | 8.48%<br>89         | 3.62%<br>38         | 2.95%<br>31         | 3.43%<br>36      | 39.05%<br>410 | 1,050 |
| <b>Digital rectal exams</b>     | 14.99%<br>155    | 3.87%<br>40         | 2.61%<br>27         | 3.19%<br>33         | 4.16%<br>43      | 71.18%<br>736 | 1,034 |
| <b>Flu shot</b>                 | 59.39%<br>642    | 7.96%<br>86         | 2.96%<br>32         | 1.85%<br>20         | 3.42%<br>37      | 24.42%<br>264 | 1,081 |
| <b>Glaucoma screening</b>       | 35.63%<br>373    | 10.22%<br>107       | 3.72%<br>39         | 2.48%<br>26         | 3.06%<br>32      | 44.89%<br>470 | 1,047 |
| <b>Physical exam</b>            | 60.61%<br>651    | 10.06%<br>108       | 4.47%<br>48         | 4.75%<br>51         | 4.47%<br>48      | 15.64%<br>168 | 1,074 |
| <b>Regular dental checkup</b>   | 60.99%<br>655    | 8.85%<br>95         | 4.56%<br>49         | 4.47%<br>48         | 5.96%<br>64      | 15.18%<br>163 | 1,074 |
| <b>Stool blood test</b>         | 13.42%<br>138    | 6.52%<br>67         | 4.86%<br>50         | 3.31%<br>34         | 6.81%<br>70      | 65.08%<br>669 | 1,028 |
| <b>Vision</b>                   | 58.76%<br>637    | 13.19%<br>143       | 4.98%<br>54         | 4.98%<br>54         | 5.26%<br>57      | 12.82%<br>139 | 1,084 |
| <b>Mammography</b>              | 42.41%<br>355    | 10.87%<br>91        | 3.46%<br>29         | 3.82%<br>32         | 2.99%<br>25      | 36.44%<br>305 | 837   |
| <b>Pap test</b>                 | 48.79%<br>403    | 15.25%<br>126       | 5.08%<br>42         | 5.93%<br>49         | 7.87%<br>65      | 17.07%<br>141 | 826   |
| <b>Professional breast exam</b> | 54.72%<br>446    | 12.88%<br>105       | 4.29%<br>35         | 4.05%<br>33         | 3.93%<br>32      | 20.12%<br>164 | 815   |
| <b>PSA test</b>                 | 16.59%<br>74     | 3.81%<br>17         | 1.57%<br>7          | 0.90%<br>4          | 1.79%<br>8       | 75.34%<br>336 | 446   |



### Q27 In the past year, how many days per week did you participate in...

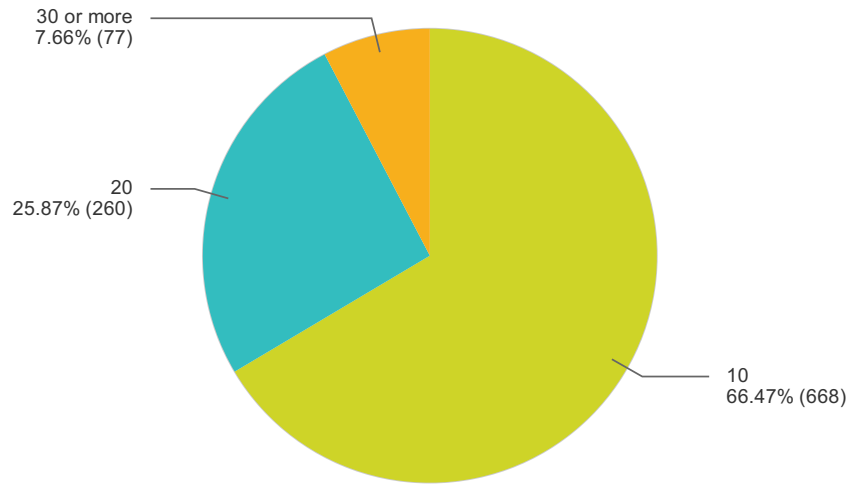
Answered: 978 Skipped: 156



| (no label)   |               |               |               |               |             |             |             |             |       |
|--|---------------|---------------|---------------|---------------|-------------|-------------|-------------|-------------|-------|
|  | 0             | 1             | 2             | 3             | 4           | 5           | 6           | 7           | Total |
| <b>Cardiovascular exercise? (Swimming, walking, jogging or cycling)</b>  | 26.80%<br>261 | 12.11%<br>118 | 17.15%<br>167 | 19.40%<br>189 | 7.91%<br>77 | 9.75%<br>95 | 2.46%<br>24 | 4.41%<br>43 | 974   |
| <b>Strength building exercise? (Weightlifting, push-ups, or sit-ups)</b> | 52.13%<br>489 | 12.58%<br>118 | 13.01%<br>122 | 11.94%<br>112 | 3.94%<br>37 | 3.41%<br>32 | 1.28%<br>12 | 1.71%<br>16 | 938   |

### Q28 The nearest park or location for you to exercise is within how many minutes from your home?

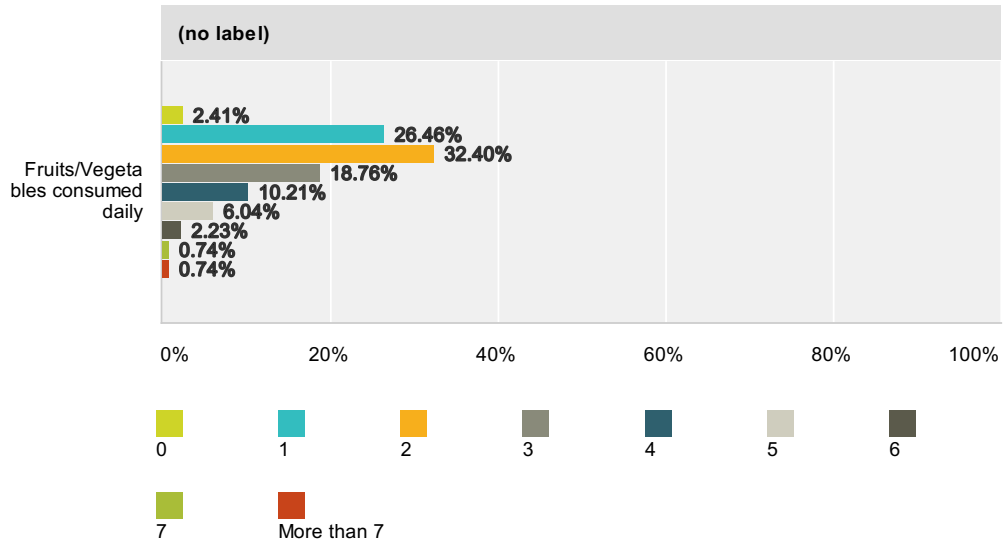
Answered: 1,005 Skipped: 129



| Answer Choices    | Responses     |       |
|-------------------|---------------|-------|
| <b>10</b>         | <b>66.47%</b> | 668   |
| <b>20</b>         | <b>25.87%</b> | 260   |
| <b>30 or more</b> | <b>7.66%</b>  | 77    |
| Total             |               | 1,005 |

### Q29 How many servings of fruit and/or vegetables do you eat per day?

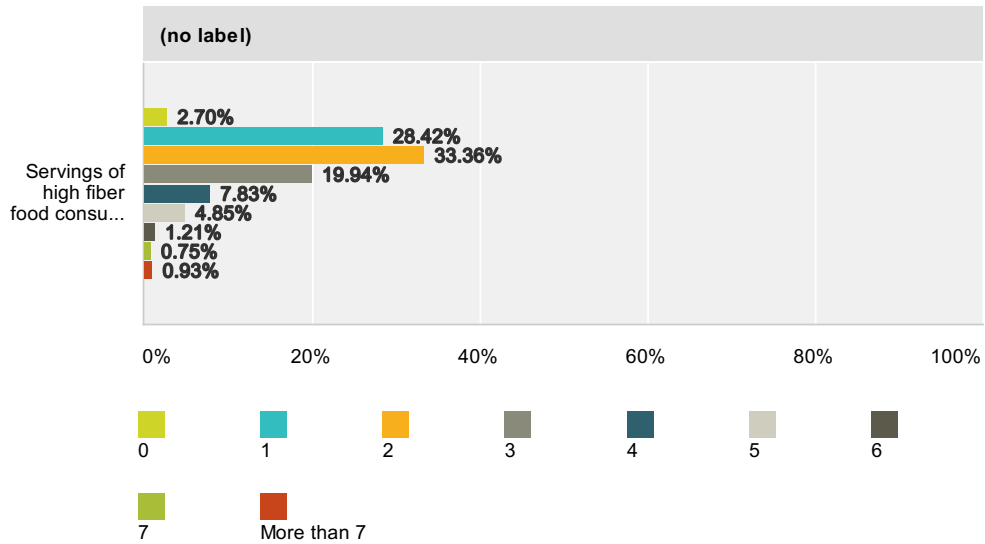
Answered: 1,077 Skipped: 57



| (no label)                       |             |               |               |               |               |             |             |            |             |       |
|----------------------------------|-------------|---------------|---------------|---------------|---------------|-------------|-------------|------------|-------------|-------|
|                                  | 0           | 1             | 2             | 3             | 4             | 5           | 6           | 7          | More than 7 | Total |
| Fruits/Vegetables consumed daily | 2.41%<br>26 | 26.46%<br>285 | 32.40%<br>349 | 18.76%<br>202 | 10.21%<br>110 | 6.04%<br>65 | 2.23%<br>24 | 0.74%<br>8 | 0.74%<br>8  | 1,077 |

### Q30 How many servings of high fiber food do you eat everyday, such as whole grain bread, cereal, fresh fruits or vegetables?

Answered: 1,073 Skipped: 61

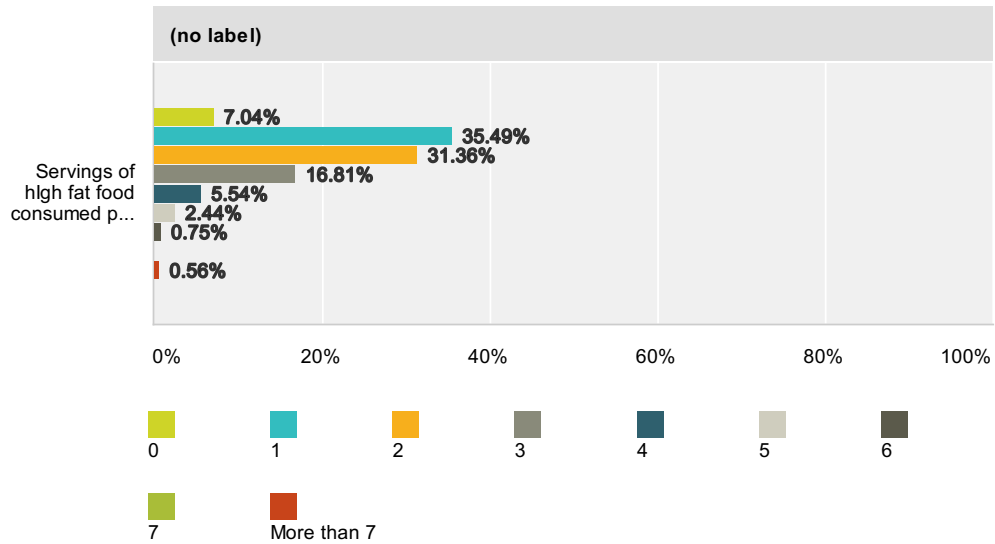


(no label)

|  | 0           | 1             | 2             | 3             | 4           | 5           | 6           | 7          | More than 7 | Total |
|--|-------------|---------------|---------------|---------------|-------------|-------------|-------------|------------|-------------|-------|
| Servings of high fiber food consumed daily | 2.70%<br>29 | 28.42%<br>305 | 33.36%<br>358 | 19.94%<br>214 | 7.83%<br>84 | 4.85%<br>52 | 1.21%<br>13 | 0.75%<br>8 | 0.93%<br>10 | 1,073 |

### Q31 On average, how many servings of high fat food do you eat per day? (whole milk, butter, cheese, fried food, etc.)

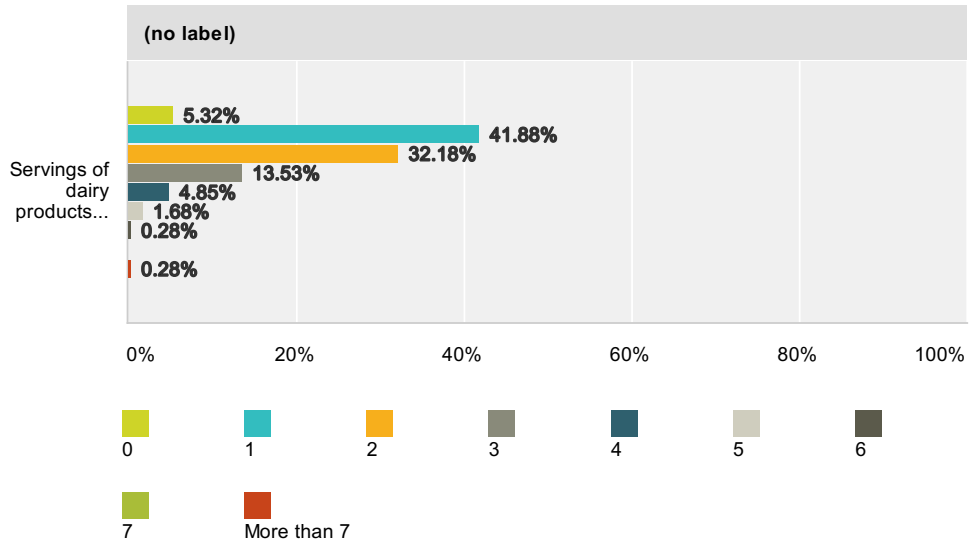
Answered: 1,065 Skipped: 69



| (no label)                                 |             |               |               |               |             |             |            |         |             |       |
|--|-------------|---------------|---------------|---------------|-------------|-------------|------------|---------|-------------|-------|
|  | 0           | 1             | 2             | 3             | 4           | 5           | 6          | 7       | More than 7 | Total |
| Servings of high fat food consumed per day | 7.04%<br>75 | 35.49%<br>378 | 31.36%<br>334 | 16.81%<br>179 | 5.54%<br>59 | 2.44%<br>26 | 0.75%<br>8 | 0%<br>0 | 0.56%<br>6  | 1,065 |

### Q32 How many servings of dairy products do you eat per day? (milk, cheese, etc.)

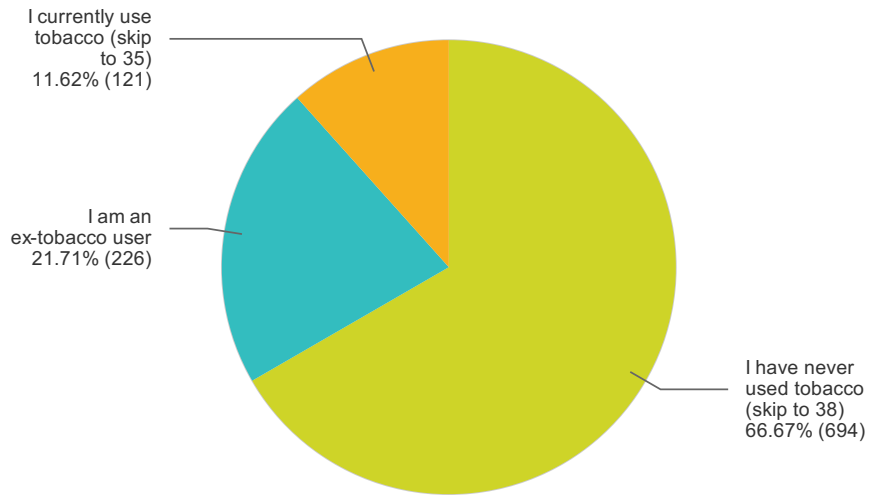
Answered: 1,072 Skipped: 62



| (no label)                                  |             |               |               |               |             |             |            |         |             |       |
|---|-------------|---------------|---------------|---------------|-------------|-------------|------------|---------|-------------|-------|
|   | 0           | 1             | 2             | 3             | 4           | 5           | 6          | 7       | More than 7 | Total |
| Servings of dairy products consumed per day | 5.32%<br>57 | 41.88%<br>449 | 32.18%<br>345 | 13.53%<br>145 | 4.85%<br>52 | 1.68%<br>18 | 0.28%<br>3 | 0%<br>0 | 0.28%<br>3  | 1,072 |

### Q33 Which of the following best describes your tobacco habits?

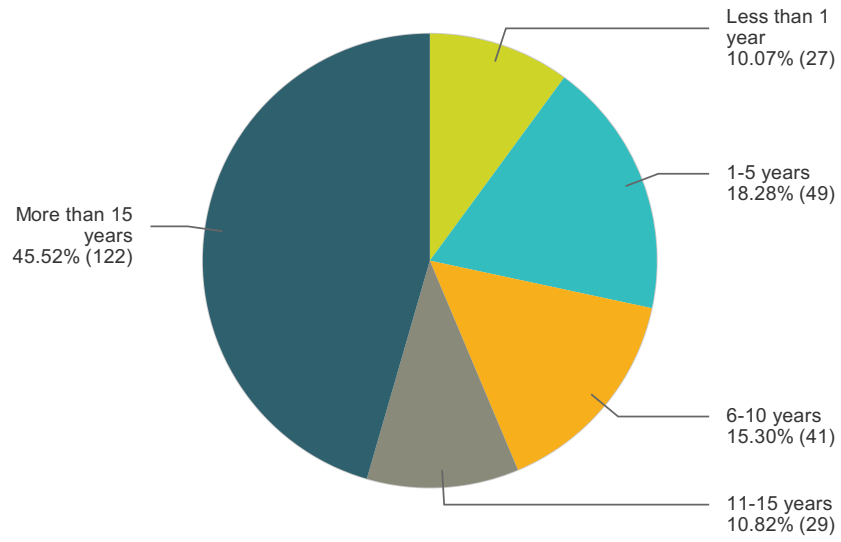
Answered: 1,041 Skipped: 93



| Answer Choices                                | Responses     |       |
|---|---------------|-------|
| <b>I have never used tobacco (skip to 38)</b> | <b>66.67%</b> | 694   |
| <b>I am an ex-tobacco user</b>                | <b>21.71%</b> | 226   |
| <b>I currently use tobacco (skip to 35)</b>   | <b>11.62%</b> | 121   |
| Total   |               | 1,041 |

### Q34 How long have you been tobacco free?

Answered: 268 Skipped: 866

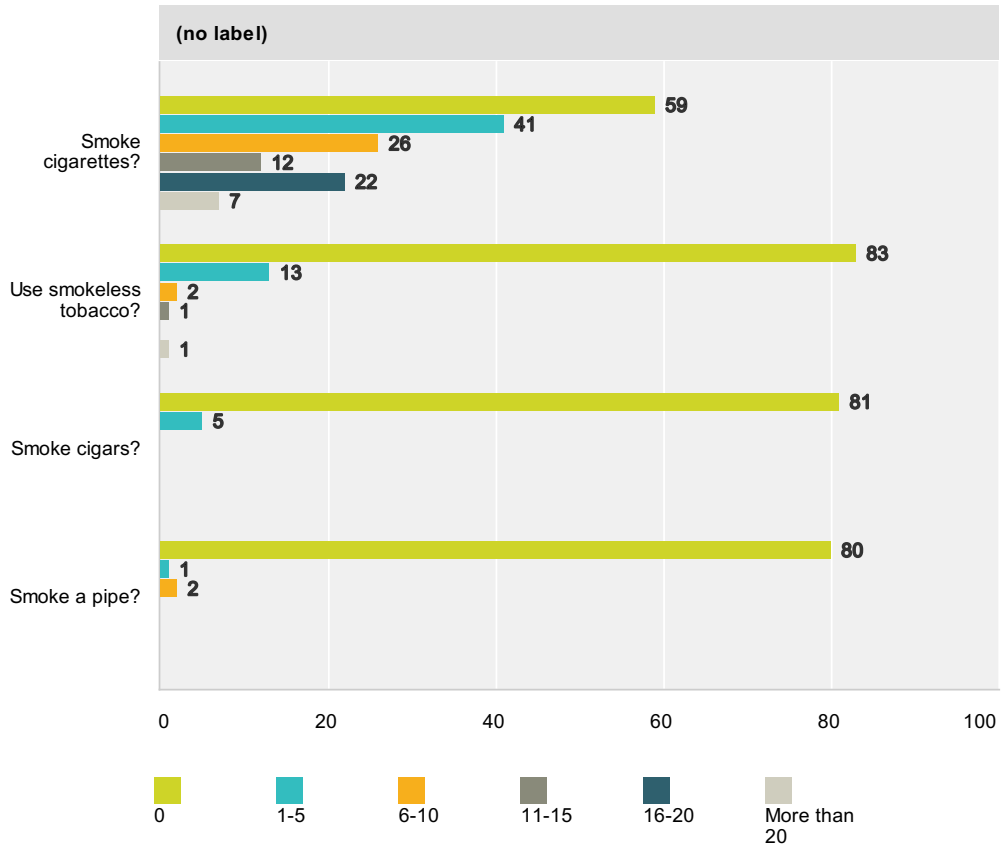


| Answer Choices            | Responses     |     |
|---------------------------|---------------|-----|
| <b>Less than 1 year</b>   | <b>10.07%</b> | 27  |
| <b>1-5 years</b>          | <b>18.28%</b> | 49  |
| <b>6-10 years</b>         | <b>15.30%</b> | 41  |
| <b>11-15 years</b>        | <b>10.82%</b> | 29  |
| <b>More than 15 years</b> | <b>45.52%</b> | 122 |
| Total                     |               | 268 |



### Q35 In an average day, how many times do you:

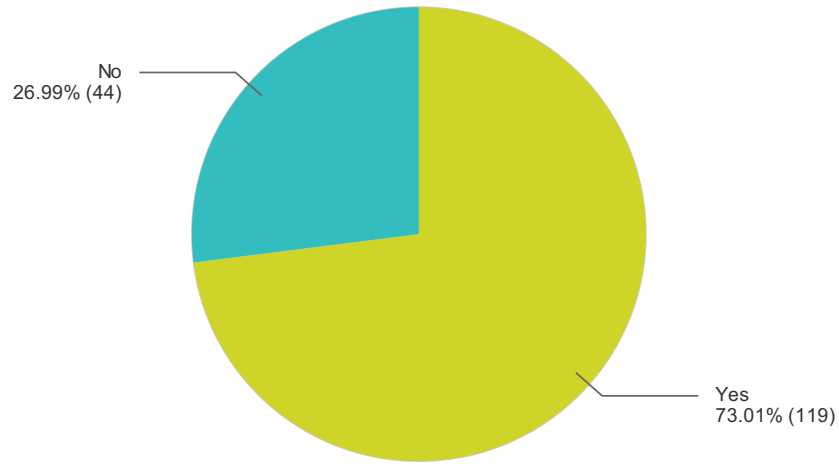
Answered: 184 Skipped: 950



| (no label)             |              |              |              |             |              |              |       |
|------------------------|--------------|--------------|--------------|-------------|--------------|--------------|-------|
|                        | 0            | 1-5          | 6-10         | 11-15       | 16-20        | More than 20 | Total |
| Smoke cigarettes?      | 35.33%<br>59 | 24.55%<br>41 | 15.57%<br>26 | 7.19%<br>12 | 13.17%<br>22 | 4.19%<br>7   | 167   |
| Use smokeless tobacco? | 83%          | 13%          | 2%           | 1%          | 0%           | 1%           | 100   |
| Smoke cigars?          | 94.19%<br>81 | 5.81%<br>5   | 0%           | 0%          | 0%           | 0%           | 86    |
| Smoke a pipe?          | 96.39%<br>80 | 1.20%<br>1   | 2.41%<br>2   | 0%          | 0%           | 0%           | 83    |

### Q36 Have you ever attempted to quit smoking?

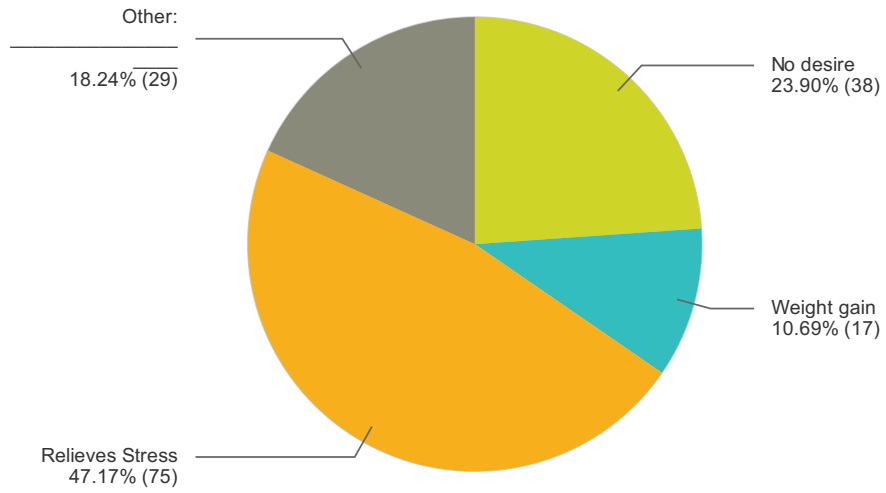
Answered: 163 Skipped: 971



| Answer Choices | Responses     |     |
|----------------|---------------|-----|
| <b>Yes</b>     | <b>73.01%</b> | 119 |
| <b>No</b>      | <b>26.99%</b> | 44  |
| Total          |               | 163 |

### Q37 What is the main reason that has kept you from quitting?

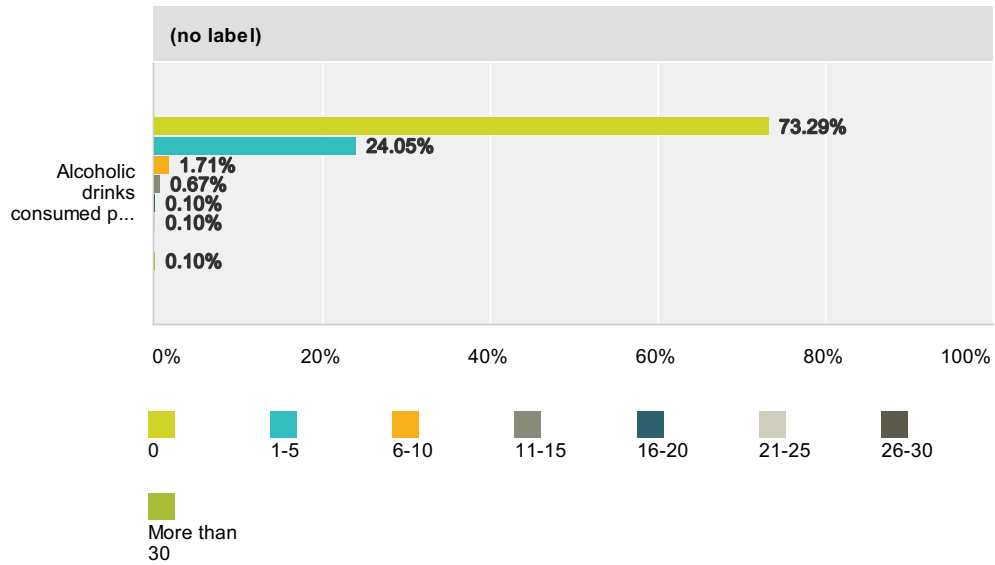
Answered: 159 Skipped: 975



| Answer Choices         | Responses     |     |
|------------------------|---------------|-----|
| <b>No desire</b>       | <b>23.90%</b> | 38  |
| <b>Weight gain</b>     | <b>10.69%</b> | 17  |
| <b>Relieves Stress</b> | <b>47.17%</b> | 75  |
| <b>Other: _____</b>    | <b>18.24%</b> | 29  |
| <b>Total</b>           |               | 159 |

### Q38 In an average week, how many alcoholic drinks do you usually consume? (Zero, if you do not drink alcohol.)

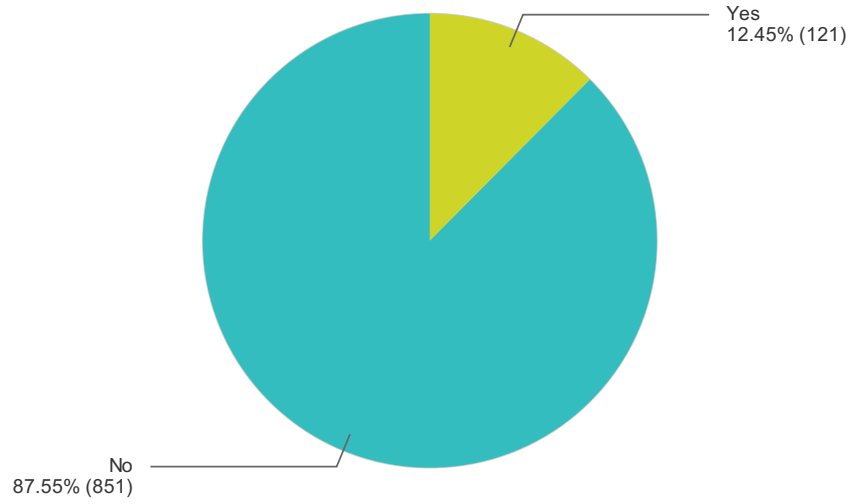
Answered: 1,052 Skipped: 82



| (no label)                         |               |               |             |            |            |            |         |              |       |
|------------------------------------|---------------|---------------|-------------|------------|------------|------------|---------|--------------|-------|
|                                    | 0             | 1-5           | 6-10        | 11-15      | 16-20      | 21-25      | 26-30   | More than 30 | Total |
| Alcoholic drinks consumed per week | 73.29%<br>771 | 24.05%<br>253 | 1.71%<br>18 | 0.67%<br>7 | 0.10%<br>1 | 0.10%<br>1 | 0%<br>0 | 0.10%<br>1   | 1,052 |

### Q39 Have you had 5 or more alcoholic drinks in a single setting in the last 6 months?

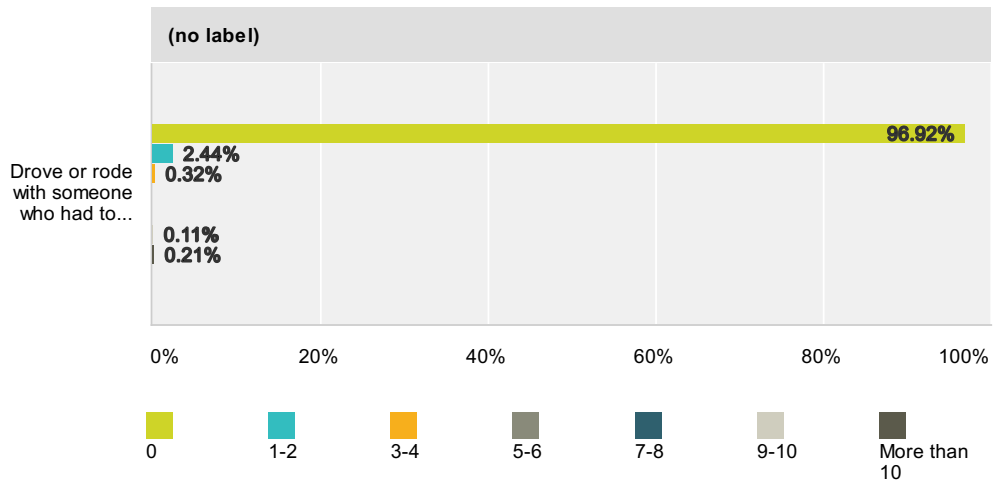
Answered: 972 Skipped: 162



| Answer Choices | Responses     |     |
|----------------|---------------|-----|
| <b>Yes</b>     | <b>12.45%</b> | 121 |
| <b>No</b>      | <b>87.55%</b> | 851 |
| Total          |               | 972 |

### Q40 How many times in the last 6 months did you drive when you had too much to drink or ride with someone who had too much alcohol to drink?

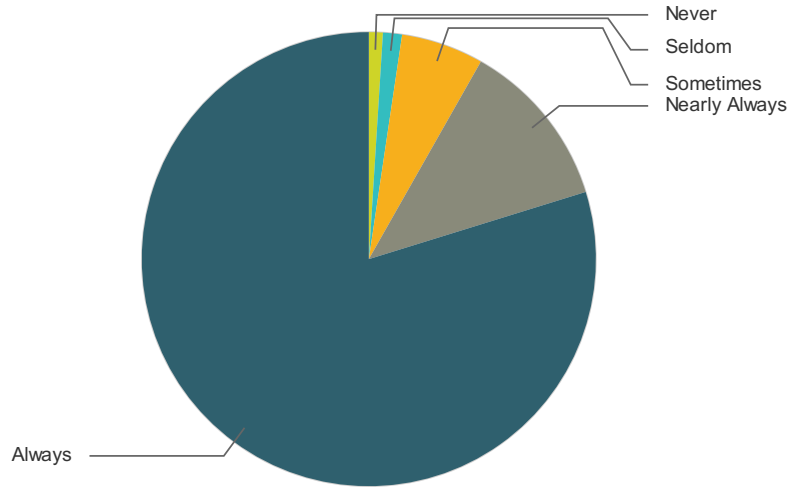
Answered: 942 Skipped: 192



| (no label)   |               |             |             |             |             |              |              |       |
|--|---------------|-------------|-------------|-------------|-------------|--------------|--------------|-------|
|  | 0             | 1undefined2 | 3undefined4 | 5undefined6 | 7undefined8 | 9undefined10 | More than 10 | Total |
| Drove or rode with someone who had too much to drink | 96.92%<br>913 | 2.44%<br>23 | 0.32%<br>3  | 0%<br>0     | 0%<br>0     | 0.11%<br>1   | 0.21%<br>2   | 942   |

### Q41 How often do you buckle your seat belt when driving or riding in a motor vehicle?

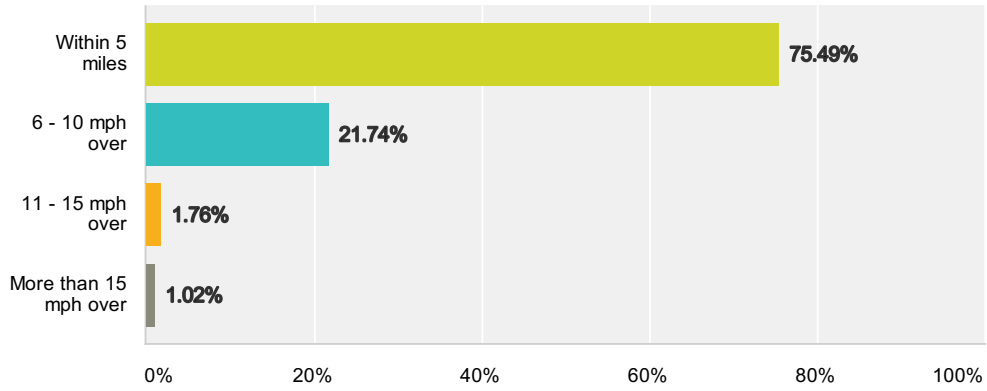
Answered: 1,108 Skipped: 26



| Answer Choices       | Responses     |       |
|----------------------|---------------|-------|
| <b>Never</b>         | <b>0.99%</b>  | 11    |
| <b>Seldom</b>        | <b>1.35%</b>  | 15    |
| <b>Sometimes</b>     | <b>5.87%</b>  | 65    |
| <b>Nearly Always</b> | <b>12.00%</b> | 133   |
| <b>Always</b>        | <b>79.78%</b> | 884   |
| Total                |               | 1,108 |

### Q42 On the average, how close to the speed limit do you usually drive?

Answered: 1,081 Skipped: 53

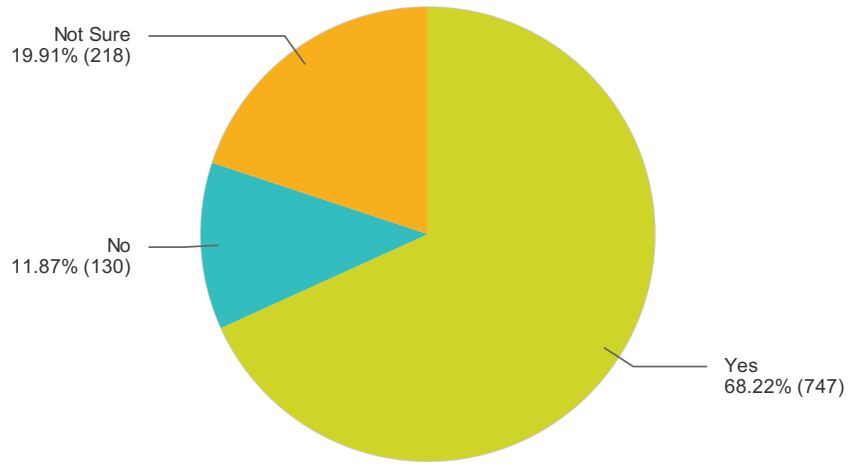


| Answer Choices               | Responses         |
|------------------------------|-------------------|
| <b>Within 5 miles</b>        | <b>75.49%</b> 816 |
| <b>6 - 10 mph over</b>       | <b>21.74%</b> 235 |
| <b>11 - 15 mph over</b>      | <b>1.76%</b> 19   |
| <b>More than 15 mph over</b> | <b>1.02%</b> 11   |
| <b>Total</b>                 | <b>1,081</b>      |



### Q43 When lifting objects, even when they are not heavy, do you lift them properly?

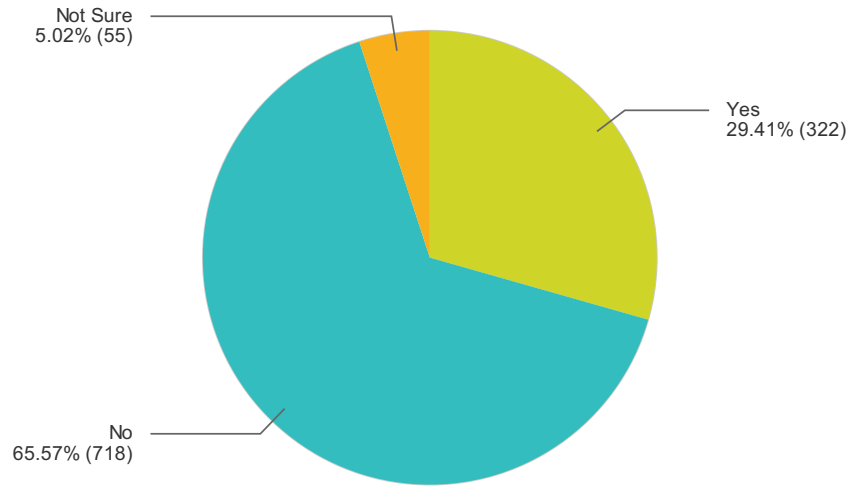
Answered: 1,095 Skipped: 39



| Answer Choices  | Responses     |       |
|-----------------|---------------|-------|
| <b>Yes</b>      | <b>68.22%</b> | 747   |
| <b>No</b>       | <b>11.87%</b> | 130   |
| <b>Not Sure</b> | <b>19.91%</b> | 218   |
| Total           |               | 1,095 |

### Q44 In the last year, have you felt a persistent numbness or tingling in your hands and/or fingers?

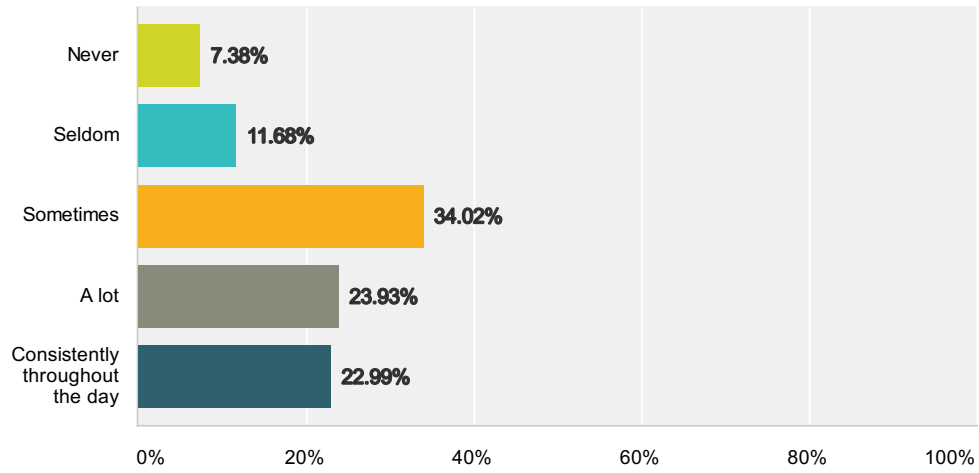
Answered: 1,095 Skipped: 39



| Answer Choices  | Responses     |       |
|-----------------|---------------|-------|
| <b>Yes</b>      | <b>29.41%</b> | 322   |
| <b>No</b>       | <b>65.57%</b> | 718   |
| <b>Not Sure</b> | <b>5.02%</b>  | 55    |
| Total           |               | 1,095 |

### Q45 How often do your activities with your hands involve gripping or pinching movements?

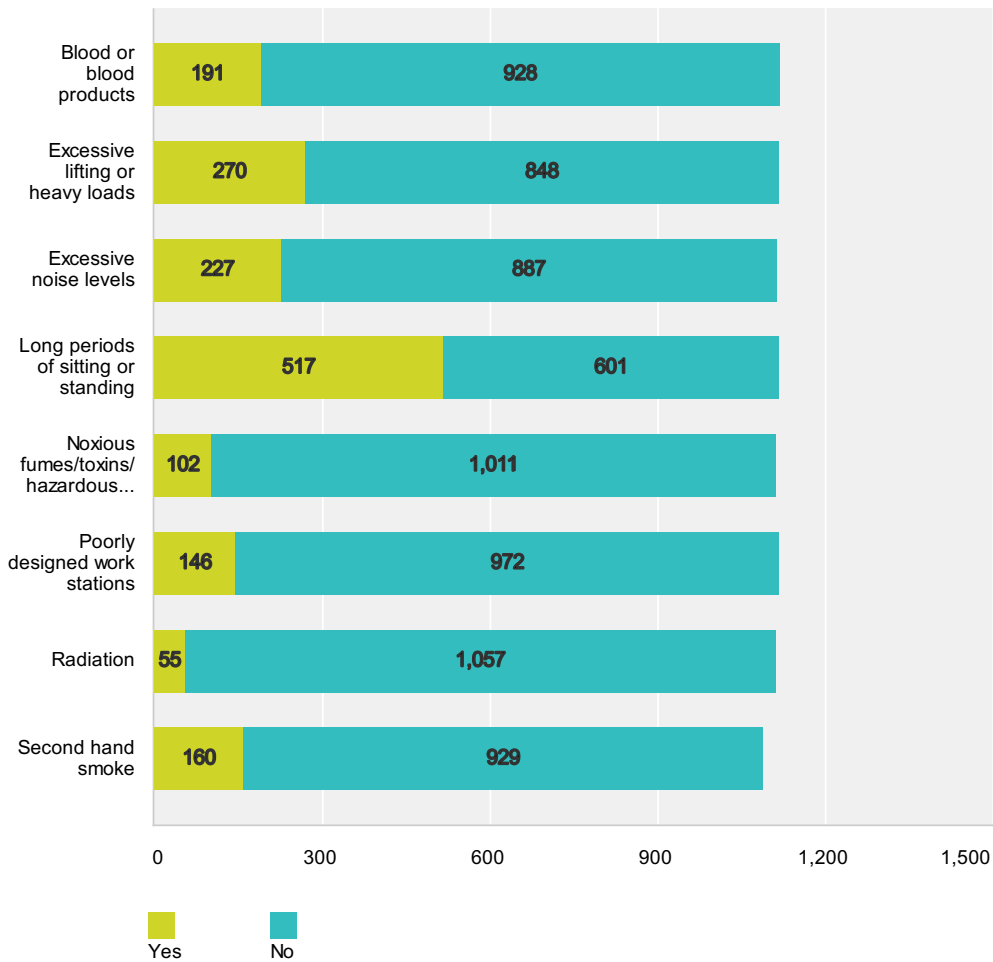
Answered: 1,070 Skipped: 64



| Answer Choices                         | Responses |       |
|--|-----------|-------|
| <b>Never</b>                           | 7.38%     | 79    |
| <b>Seldom</b>                          | 11.68%    | 125   |
| <b>Sometimes</b>                       | 34.02%    | 364   |
| <b>A lot</b>                           | 23.93%    | 256   |
| <b>Consistently throughout the day</b> | 22.99%    | 246   |
| Total                                  |           | 1,070 |

### Q46 Do you have significant contact with any of the following?

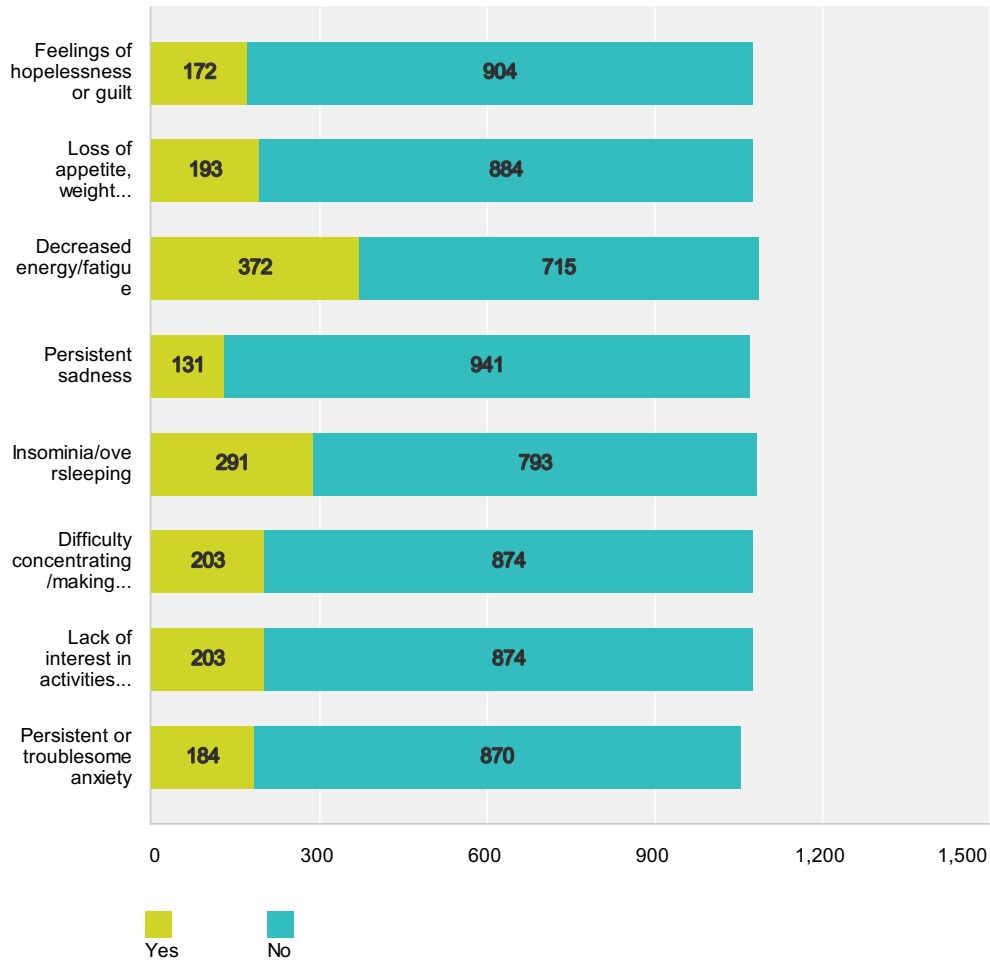
Answered: 1,119 Skipped: 15



|   | Yes           | No              | Total |
|---|---------------|-----------------|-------|
| <b>Blood or blood products</b>                  | 17.07%<br>191 | 82.93%<br>928   | 1,119 |
| <b>Excessive lifting or heavy loads</b>         | 24.15%<br>270 | 75.85%<br>848   | 1,118 |
| <b>Excessive noise levels</b>                   | 20.38%<br>227 | 79.62%<br>887   | 1,114 |
| <b>Long periods of sitting or standing</b>      | 46.24%<br>517 | 53.76%<br>601   | 1,118 |
| <b>Noxious fumes/toxins/hazardous chemicals</b> | 9.16%<br>102  | 90.84%<br>1,011 | 1,113 |
| <b>Poorly designed work stations</b>            | 13.06%<br>146 | 86.94%<br>972   | 1,118 |
| <b>Radiation</b>                                | 4.95%<br>55   | 95.05%<br>1,057 | 1,112 |
| <b>Second hand smoke</b>                        | 14.69%<br>160 | 85.31%<br>929   | 1,089 |

### Q47 In the past year, have you experienced any of the following symptoms intensely for 2 weeks or more?

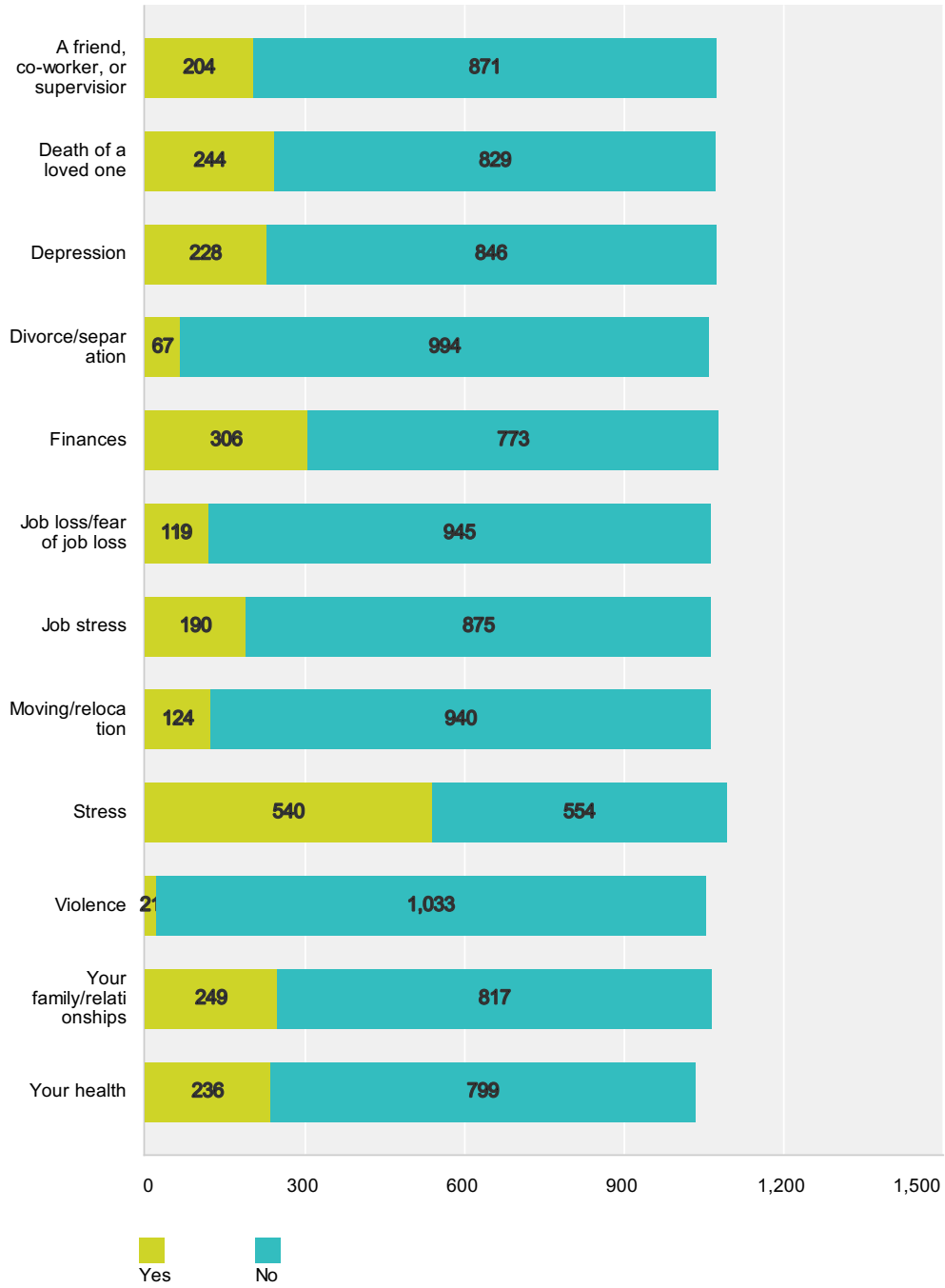
Answered: 1,098 Skipped: 36



|  | Yes           | No            | Total |
|--|---------------|---------------|-------|
| Feelings of hopelessness or guilt                    | 15.99%<br>172 | 84.01%<br>904 | 1,076 |
| Loss of appetite, weight gain/loss                   | 17.92%<br>193 | 82.08%<br>884 | 1,077 |
| Decreased energy/fatigue                             | 34.22%<br>372 | 65.78%<br>715 | 1,087 |
| Persistent sadness                                   | 12.22%<br>131 | 87.78%<br>941 | 1,072 |
| Insomnia/oversleeping                                | 26.85%<br>291 | 73.15%<br>793 | 1,084 |
| Difficulty concentrating/making decisions            | 18.85%<br>203 | 81.15%<br>874 | 1,077 |
| Lack of interest in activities that you once enjoyed | 18.85%<br>203 | 81.15%<br>874 | 1,077 |
| Persistent or troublesome anxiety                    | 17.46%<br>184 | 82.54%<br>870 | 1,054 |

### Q48 In the past year, have you experienced problems with any of the following:

Answered: 1,114 Skipped: 20



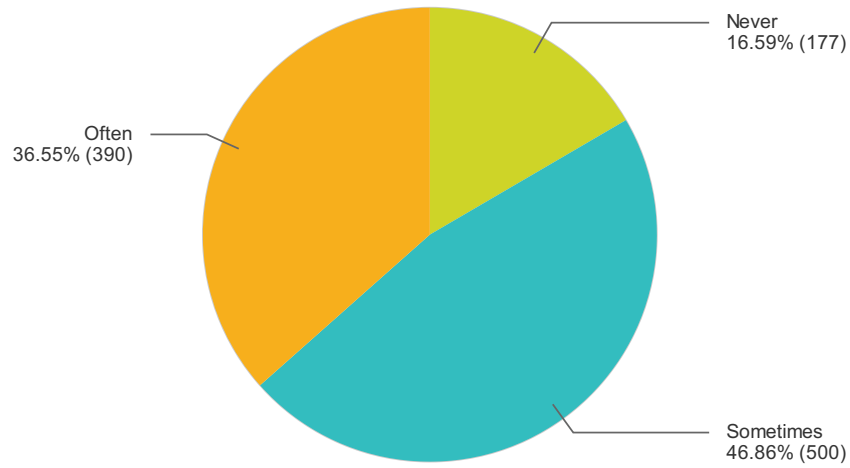
|   | Yes           | No            | Total |
|---|---------------|---------------|-------|
| <b>A friend, co-worker, or supervisor</b> | 18.98%<br>204 | 81.02%<br>871 | 1,075 |
| <b>Death of a loved one</b>               | 22.74%<br>244 | 77.26%<br>829 | 1,073 |
| <b>Depression</b>                         | 21.23%<br>228 | 78.77%<br>846 | 1,074 |
| <b>Divorce/separation</b>                 | 6.31%<br>67   | 93.69%<br>994 | 1,061 |

2013 Community Health Needs Assessment

|                                  |                      |                        |       |
|----------------------------------|----------------------|------------------------|-------|
| <b>Finances</b>                  | <b>28.36%</b><br>306 | <b>71.64%</b><br>773   | 1,079 |
| <b>Job loss/fear of job loss</b> | <b>11.18%</b><br>119 | <b>88.82%</b><br>945   | 1,064 |
| <b>Job stress</b>                | <b>17.84%</b><br>190 | <b>82.16%</b><br>875   | 1,065 |
| <b>Moving/relocation</b>         | <b>11.65%</b><br>124 | <b>88.35%</b><br>940   | 1,064 |
| <b>Stress</b>                    | <b>49.36%</b><br>540 | <b>50.64%</b><br>554   | 1,094 |
| <b>Violence</b>                  | <b>1.99%</b><br>21   | <b>98.01%</b><br>1,033 | 1,054 |
| <b>Your family/relationships</b> | <b>23.36%</b><br>249 | <b>76.64%</b><br>817   | 1,066 |
| <b>Your health</b>               | <b>22.80%</b><br>236 | <b>77.20%</b><br>799   | 1,035 |

### Q49 How often do you use stress reducing techniques (such as exercise, mediation, prayer, journaling, etc)

Answered: 1,067 Skipped: 67

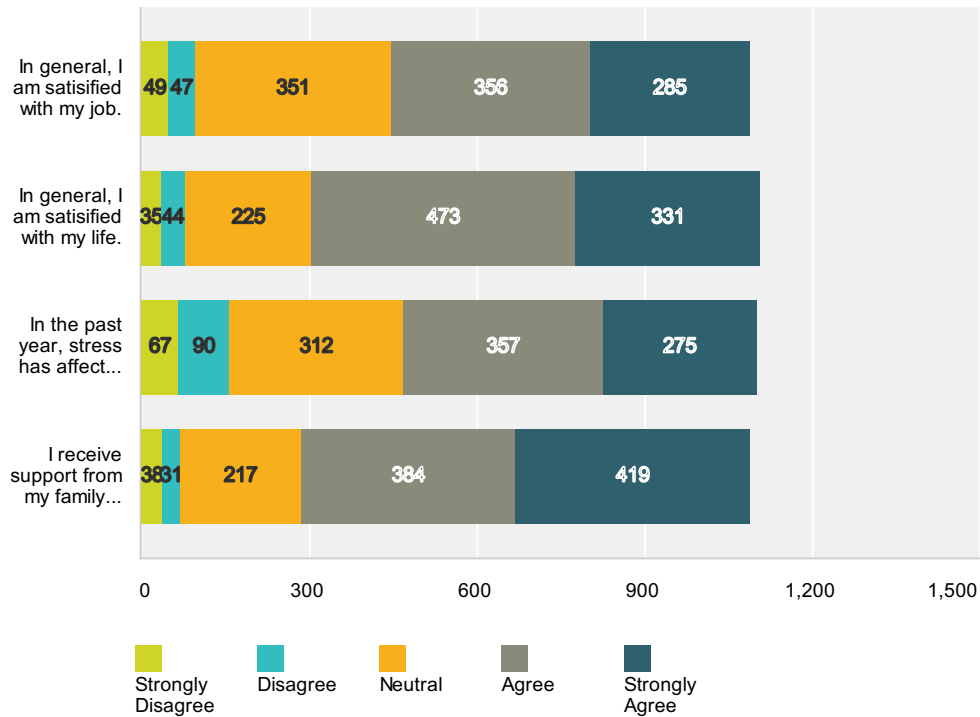


| Answer Choices   | Responses     |       |
|------------------|---------------|-------|
| <b>Never</b>     | <b>16.59%</b> | 177   |
| <b>Sometimes</b> | <b>46.86%</b> | 500   |
| <b>Often</b>     | <b>36.55%</b> | 390   |
| Total            |               | 1,067 |



### Q50 How strongly do you agree or disagree with following statements? (One answer per row please)

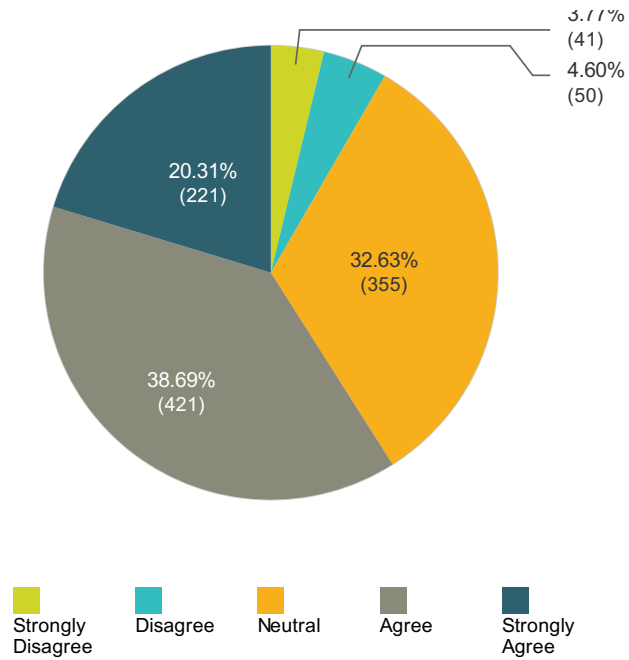
Answered: 1,113 Skipped: 21



|  | Strongly Disagree | Disagree    | Neutral       | Agree         | Strongly Agree | Total |
|--|-------------------|-------------|---------------|---------------|----------------|-------|
| In general, I am satisfied with my job.          | 4.50%<br>49       | 4.32%<br>47 | 32.26%<br>351 | 32.72%<br>356 | 26.19%<br>285  | 1,088 |
| In general, I am satisfied with my life.         | 3.16%<br>35       | 3.97%<br>44 | 20.31%<br>225 | 42.69%<br>473 | 29.87%<br>331  | 1,108 |
| In the past year, stress has affected my life.   | 6.09%<br>67       | 8.17%<br>90 | 28.34%<br>312 | 32.43%<br>357 | 24.98%<br>275  | 1,101 |
| I receive support from my family and/or friends. | 3.49%<br>38       | 2.85%<br>31 | 19.93%<br>217 | 35.26%<br>384 | 38.48%<br>419  | 1,089 |

### Q51 How strongly do you agree or disagree with the following statements? (One answer per row please)

Answered: 1,088 Skipped: 46



|  | Strongly Disagree | Disagree    | Neutral       | Agree         | Strongly Agree | Total |
|--|-------------------|-------------|---------------|---------------|----------------|-------|
| I would change my lifestyle and behaviors if the quality of my life would improve. | 3.77%<br>41       | 4.60%<br>50 | 32.63%<br>355 | 38.69%<br>421 | 20.31%<br>221  | 1,088 |

### Q52 Which answer best describes how you feel about the following statements? (One answer per row please)

Answered: 1,101 Skipped: 33



|  | I have no need to | I have no plan to | I plan to in the next 6 months | I plan to in a month | I have been less than 6 months | Never | Total |
|--|-------------------|-------------------|--------------------------------|----------------------|--------------------------------|-------|-------|
|--|-------------------|-------------------|--------------------------------|----------------------|--------------------------------|-------|-------|

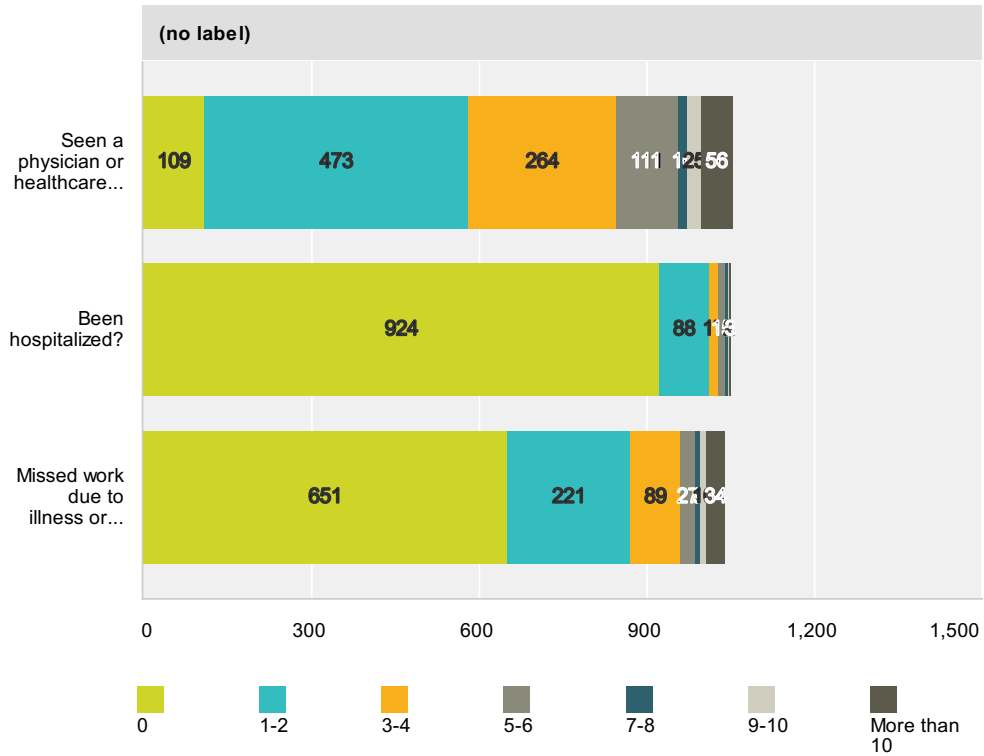
|  |        |        |        |        |        |        |  |
|--|--------|--------|--------|--------|--------|--------|--|
|  | 43.63% | 43.25% | 28.77% | 25.98% | 46.40% | 43.25% |  |
|--|--------|--------|--------|--------|--------|--------|--|

2013 Community Health Needs Assessment

|   |                      |                      |                      |                      |                      |                      |       |
|---|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|-------|
| <b>Increase cardiovascular activity</b>     | <b>12.63%</b><br>138 | <b>12.33%</b><br>135 | <b>20.77%</b><br>227 | <b>23.80%</b><br>282 | <b>16.10%</b><br>176 | <b>12.33%</b><br>135 | 1,093 |
| <b>Increase fruit and vegetable intake</b>  | <b>14.47%</b><br>158 | <b>12.64%</b><br>138 | <b>16.39%</b><br>179 | <b>27.38%</b><br>299 | <b>17.31%</b><br>189 | <b>11.81%</b><br>129 | 1,092 |
| <b>Increase strength building exercises</b> | <b>9.99%</b><br>109  | <b>16.32%</b><br>178 | <b>19.25%</b><br>210 | <b>27.59%</b><br>301 | <b>14.21%</b><br>155 | <b>12.65%</b><br>138 | 1,091 |
| <b>Improve stress management</b>            | <b>12.48%</b><br>135 | <b>16.08%</b><br>174 | <b>18.02%</b><br>195 | <b>25.88%</b><br>280 | <b>13.77%</b><br>149 | <b>13.77%</b><br>149 | 1,082 |
| <b>Lose weight</b>                          | <b>13.10%</b><br>143 | <b>9.16%</b><br>100  | <b>19.41%</b><br>212 | <b>29.95%</b><br>327 | <b>16.76%</b><br>183 | <b>11.63%</b><br>127 | 1,092 |
| <b>Reduce fat intake</b>                    | <b>13.54%</b><br>146 | <b>11.22%</b><br>121 | <b>17.35%</b><br>187 | <b>27.37%</b><br>295 | <b>17.81%</b><br>192 | <b>12.71%</b><br>137 | 1,078 |
| <b>Reduce alcohol intake</b>                | <b>54.19%</b><br>576 | <b>9.50%</b><br>101  | <b>4.33%</b><br>46   | <b>6.21%</b><br>66   | <b>5.17%</b><br>55   | <b>20.60%</b><br>219 | 1,063 |
| <b>Stop tobacco use</b>                     | <b>59.24%</b><br>609 | <b>5.06%</b><br>52   | <b>6.52%</b><br>67   | <b>4.67%</b><br>48   | <b>2.92%</b><br>30   | <b>21.60%</b><br>222 | 1,028 |

### Q53 In the past year, how many times have you....

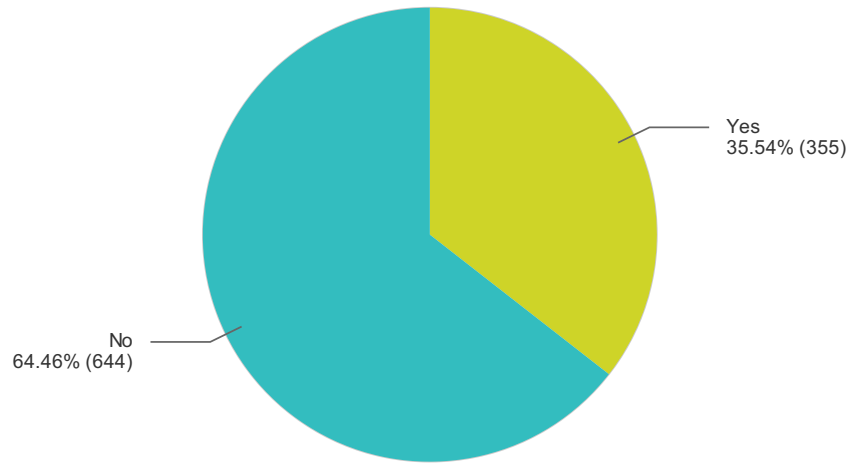
Answered: 1,070 Skipped: 64



| (no label)                               |               |               |               |               |             |             |              |       |
|--|---------------|---------------|---------------|---------------|-------------|-------------|--------------|-------|
|  | 0             | 1             | 3             | 5             | 7           | 9           | More than 10 | Total |
| Seen a physician or healthcare provider? | 10.34%<br>109 | 44.88%<br>473 | 25.05%<br>264 | 10.53%<br>111 | 1.52%<br>16 | 2.37%<br>25 | 5.31%<br>56  | 1,054 |
| Been hospitalized?                       | 87.83%<br>924 | 8.37%<br>88   | 1.62%<br>17   | 1.24%<br>13   | 0.48%<br>5  | 0.19%<br>2  | 0.29%<br>3   | 1,052 |
| Missed work due to illness or injury?    | 62.54%<br>651 | 21.23%<br>221 | 8.55%<br>89   | 2.59%<br>27   | 0.86%<br>9  | 0.96%<br>10 | 3.27%<br>34  | 1,041 |

### Q54 Do you have a medical condition that will require use of the healthcare system in the next year?

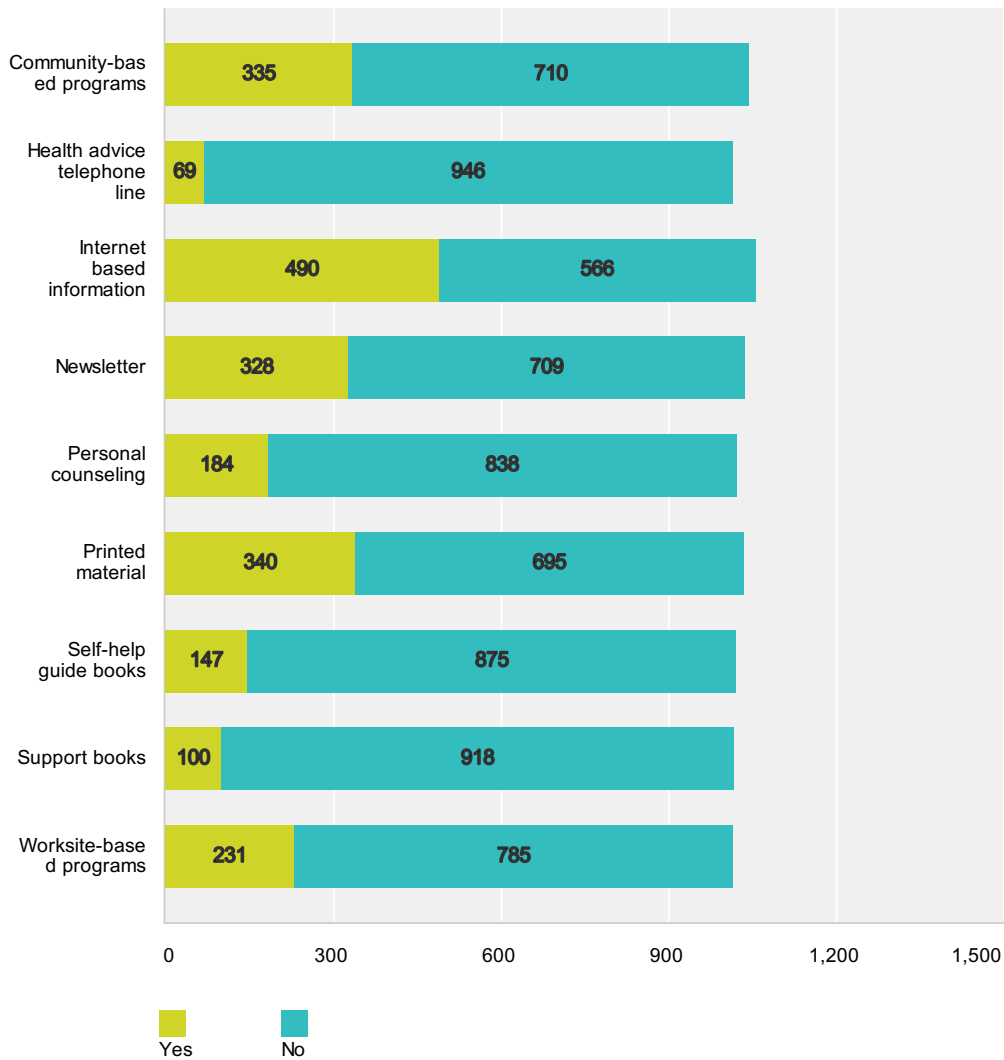
Answered: 999 Skipped: 135



| Answer Choices | Responses     |     |
|----------------|---------------|-----|
| <b>Yes</b>     | <b>35.54%</b> | 355 |
| <b>No</b>      | <b>64.46%</b> | 644 |
| Total          |               | 999 |

### Q55 What is the best way for you to receive health information?

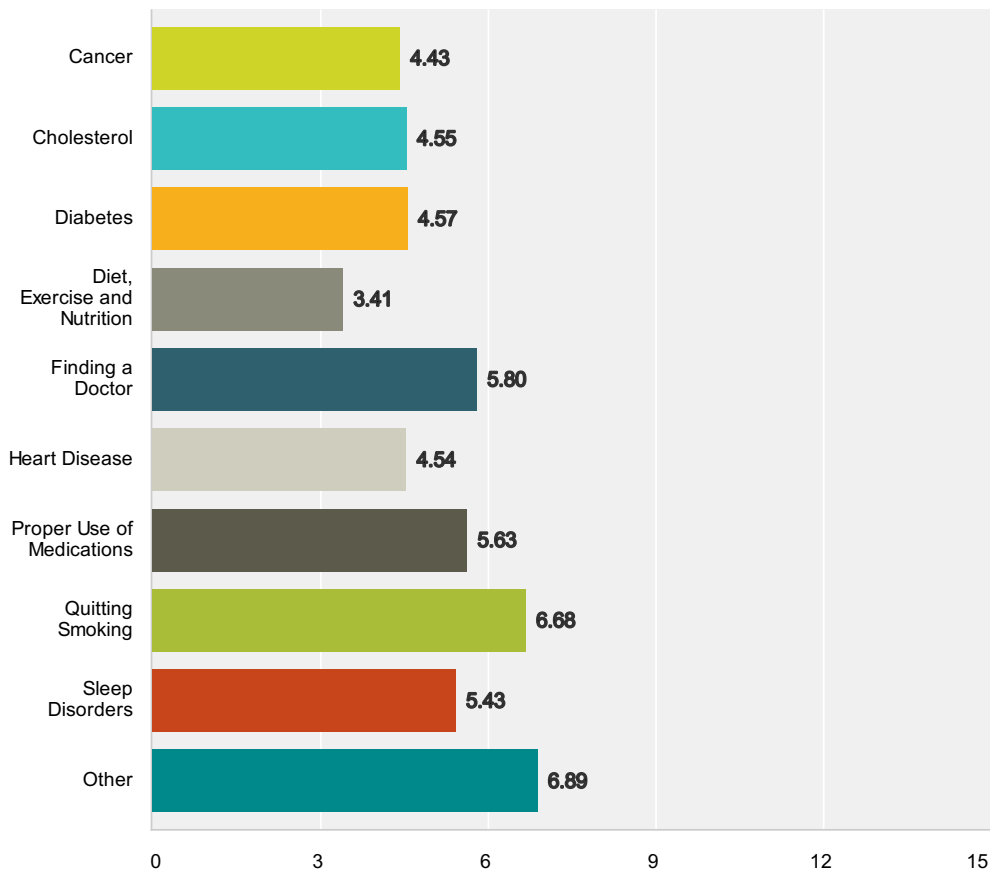
Answered: 1,095 Skipped: 39



|                                     | Yes                  | No                   | Total |
|-------------------------------------|----------------------|----------------------|-------|
| <b>Community-based programs</b>     | <b>32.06%</b><br>335 | <b>67.94%</b><br>710 | 1,045 |
| <b>Health advice telephone line</b> | <b>6.80%</b><br>69   | <b>93.20%</b><br>946 | 1,015 |
| <b>Internet based information</b>   | <b>46.40%</b><br>490 | <b>53.60%</b><br>566 | 1,056 |
| <b>Newsletter</b>                   | <b>31.63%</b><br>328 | <b>68.37%</b><br>709 | 1,037 |
| <b>Personal counseling</b>          | <b>18.00%</b><br>184 | <b>82.00%</b><br>838 | 1,022 |
| <b>Printed material</b>             | <b>32.85%</b><br>340 | <b>67.15%</b><br>695 | 1,035 |
| <b>Self-help guide books</b>        | <b>14.38%</b><br>147 | <b>85.62%</b><br>875 | 1,022 |
| <b>Support books</b>                | <b>9.82%</b><br>100  | <b>90.18%</b><br>918 | 1,018 |
| <b>Worksite-based programs</b>      | <b>22.74%</b><br>231 | <b>77.26%</b><br>785 | 1,016 |

**Q56 Please rank the following on a 1 - 10 scale: 1 = Strongly want to know more about. 10 = Strongly do NOT want to know more about.**

Answered: 1,076 Skipped: 58



|                                     | Strongly want to know more about 1 | 2           | 3           | 4           | 5             | 6           | 7           | 8           | 9           | Strongly do not want to know more about 10 | Total | Average Rating |
|-------------------------------------|------------------------------------|-------------|-------------|-------------|---------------|-------------|-------------|-------------|-------------|--|-------|----------------|
| <b>Cancer</b>                       | 38.13%<br>395                      | 5.21%<br>54 | 4.25%<br>44 | 4.83%<br>50 | 18.44%<br>191 | 1.54%<br>16 | 2.51%<br>26 | 3.19%<br>33 | 1.16%<br>12 | 20.75%<br>215                              | 1,036 | 4.43           |
| <b>Cholesterol</b>                  | 35.22%<br>367                      | 5.76%<br>60 | 5.57%<br>58 | 5.09%<br>53 | 17.18%<br>179 | 2.59%<br>27 | 2.78%<br>29 | 3.36%<br>35 | 1.25%<br>13 | 21.21%<br>221                              | 1,042 | 4.55           |
| <b>Diabetes</b>                     | 35.88%<br>376                      | 5.44%<br>57 | 6.30%<br>66 | 4.39%<br>46 | 16.51%<br>173 | 2.19%<br>23 | 1.72%<br>18 | 3.82%<br>40 | 2.29%<br>24 | 21.47%<br>225                              | 1,048 | 4.57           |
| <b>Diet, Exercise and Nutrition</b> | 50.19%<br>527                      | 8.76%<br>92 | 6.19%<br>65 | 3.43%<br>36 | 11.52%<br>121 | 1.33%<br>14 | 1.62%<br>17 | 2.48%<br>26 | 0.57%<br>6  | 13.90%<br>146                              | 1,050 | 3.41           |
| <b>Finding a Doctor</b>             | 31.56%<br>321                      | 2.56%<br>26 | 2.06%<br>21 | 2.06%<br>21 | 12.59%<br>128 | 1.77%<br>18 | 2.26%<br>23 | 4.23%<br>43 | 3.05%<br>31 | 37.86%<br>385                              | 1,017 | 5.80           |
| <b>Heart Disease</b>                | 36.98%<br>382                      | 4.94%<br>51 | 5.32%<br>55 | 3.97%<br>41 | 16.46%<br>170 | 3.10%<br>32 | 2.81%<br>29 | 3.68%<br>38 | 1.84%<br>19 | 20.91%<br>216                              | 1,033 | 4.54           |



2013 Community Health Needs Assessment

|                                  |                      |                    |                    |                    |                      |                    |                    |                    |                    |                      |       |      |
|----------------------------------|----------------------|--------------------|--------------------|--------------------|----------------------|--------------------|--------------------|--------------------|--------------------|----------------------|-------|------|
|                                  |                      |                    |                    |                    |                      |                    |                    |                    |                    |                      |       |      |
| <b>Proper Use of Medications</b> | <b>31.16%</b><br>320 | <b>3.12%</b><br>32 | <b>2.63%</b><br>27 | <b>2.82%</b><br>29 | <b>11.68%</b><br>120 | <b>3.21%</b><br>33 | <b>3.99%</b><br>41 | <b>4.67%</b><br>48 | <b>3.80%</b><br>39 | <b>32.91%</b><br>338 | 1,027 | 5.63 |
| <b>Quitting Smoking</b>          | <b>30.31%</b><br>308 | <b>1.08%</b><br>11 | <b>0.98%</b><br>10 | <b>1.28%</b><br>13 | <b>4.72%</b><br>48   | <b>0.49%</b><br>5  | <b>1.08%</b><br>11 | <b>1.87%</b><br>19 | <b>3.15%</b><br>32 | <b>55.02%</b><br>559 | 1,016 | 6.68 |
| <b>Sleep Disorders</b>           | <b>34.26%</b><br>345 | <b>3.87%</b><br>39 | <b>3.57%</b><br>36 | <b>1.89%</b><br>19 | <b>11.32%</b><br>114 | <b>1.39%</b><br>14 | <b>3.08%</b><br>31 | <b>3.48%</b><br>35 | <b>3.48%</b><br>35 | <b>33.66%</b><br>339 | 1,007 | 5.43 |
| <b>Other</b>                     | <b>25.89%</b><br>58  | <b>2.23%</b><br>5  | <b>0%</b><br>0     | <b>0.89%</b><br>2  | <b>7.14%</b><br>16   | <b>2.23%</b><br>5  | <b>0.45%</b><br>1  | <b>1.79%</b><br>4  | <b>4.91%</b><br>11 | <b>54.46%</b><br>122 | 224   | 6.89 |

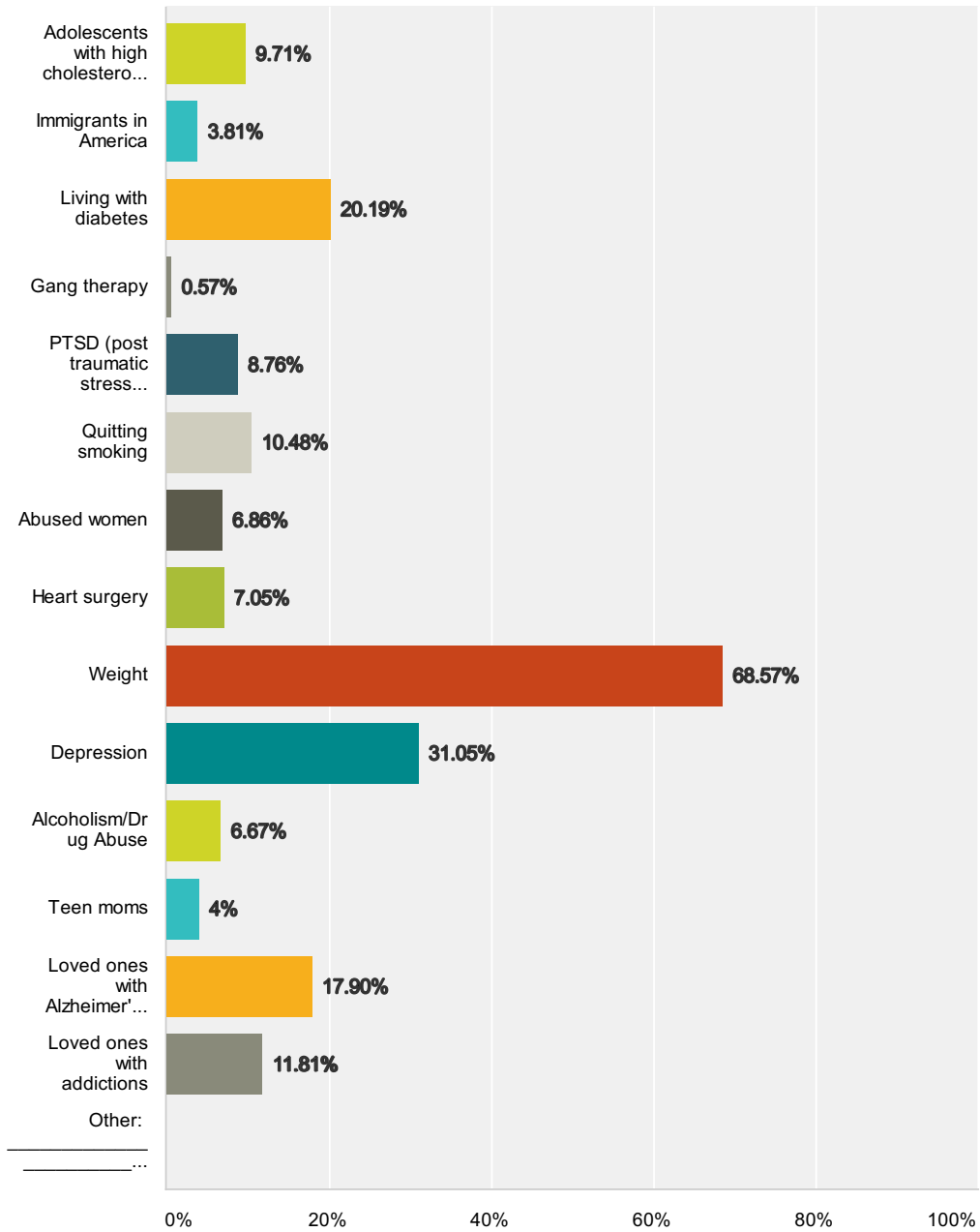
| #  | Other (please specify)                                   | Date               |
|----|--|--------------------|
| 1  | Sinus Problems   | 5/23/2013 8:52 AM  |
| 2  | Anxiety  | 5/20/2013 3:36 PM  |
| 3  | Osteo and rheumatoid arthritis                           | 5/20/2013 3:28 PM  |
| 4  | Mental Health/Depression Management                      | 5/19/2013 7:42 AM  |
| 5  | Fitness  | 5/16/2013 1:05 PM  |
| 6  | Prostate   | 5/15/2013 2:27 PM  |
| 7  | Thyroid  | 5/14/2013 5:54 PM  |
| 8  | Migraines  | 5/14/2013 4:11 PM  |
| 9  | Headaches  | 5/14/2013 3:46 PM  |
| 10 | Fibromyalgia   | 5/14/2013 12:58 PM |
| 11 | ?  | 5/14/2013 12:20 PM |
| 12 | Asthma   | 5/13/2013 3:30 PM  |
| 13 | Reducing anxiety   | 5/10/2013 4:58 PM  |
| 14 | respirator problems, acid reflux                         | 5/10/2013 4:53 PM  |
| 15 | Blood Clots  | 5/9/2013 4:05 PM   |
| 16 | Prevention health care & management                      | 5/9/2013 2:35 PM   |
| 17 | Stress Relief  | 5/9/2013 11:35 AM  |
| 18 | Dementia   | 5/8/2013 6:06 PM   |
| 19 | Dialysis   | 5/8/2013 2:00 PM   |
| 20 | Dialysis   | 5/8/2013 1:53 PM   |
| 21 | Myasthenia gravis  | 5/8/2013 9:13 AM   |
| 22 | Mental Disorders   | 5/8/2013 7:23 AM   |
| 23 | muscular skeletal & nerual conditions & physical therapy | 4/26/2013 8:37 AM  |
| 24 | Headaches  | 4/25/2013 2:45 PM  |
| 25 | Counseling   | 4/25/2013 2:28 PM  |
| 26 | Bipolar  | 4/24/2013 3:45 PM  |
| 27 | migraines, reducing stress at work                       | 4/24/2013 11:32 AM |

## 2013 Community Health Needs Assessment

| #  | Other (please specify)   | Date               |
|----|--|--------------------|
| 28 | high blood pressure, anxiety disorders, counseling                 | 4/23/2013 2:52 PM  |
| 29 | N/A  | 4/23/2013 12:44 PM |
| 30 | Depression and anxiety   | 4/23/2013 8:16 AM  |
| 31 | RA, exzema   | 4/23/2013 7:50 AM  |
| 32 | thyroid  | 4/22/2013 6:22 PM  |
| 33 | i have a cronic caught with clear fleam, to the point that i chock | 4/22/2013 3:02 PM  |
| 34 | Teethgrinding  | 4/22/2013 2:48 PM  |
| 35 | asthma & allergy control   | 4/22/2013 2:39 PM  |
| 36 | treatments for tinnitus  | 4/22/2013 2:25 PM  |
| 37 | Sarcoid/cirrhosis of liver   | 4/22/2013 2:01 PM  |
| 38 | N/A  | 4/10/2013 9:20 PM  |

### Q57 Please check the box below of any support groups that you might be interested in:

Answered: 525 Skipped: 609



| Answer Choices  | Responses |     |
|---|-----------|-----|
| Adolescents with high cholesterol and high blood pressure | 9.71%     | 51  |
| Immigrants in America                                     | 3.81%     | 20  |
| Living with diabetes                                      | 20.19%    | 106 |
| Gang therapy  | 0.57%     | 3   |
| PTSD (post traumatic stress disorder)                     | 8.76%     | 46  |
| Quitting smoking  | 10.48%    | 55  |
| Total Respondents: 525                                    |           |     |

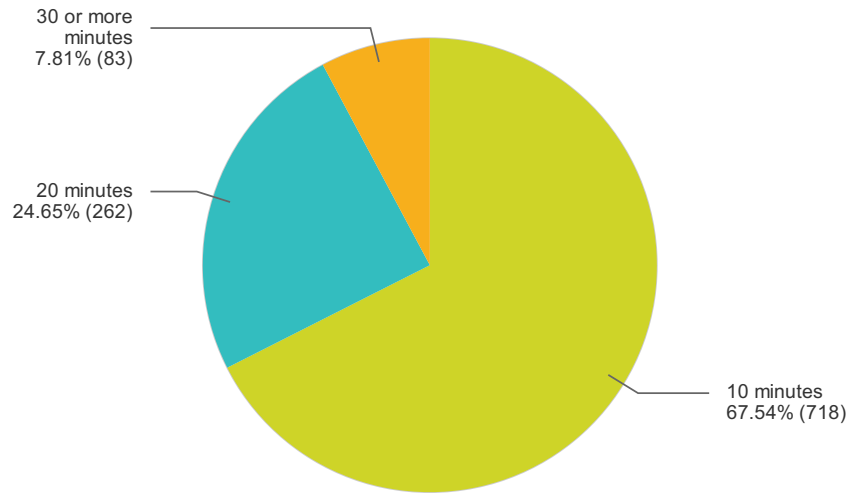
2013 Community Health Needs Assessment

|   |               |     |
|---|---------------|-----|
| <b>Abused women</b>                         | <b>6.86%</b>  | 36  |
| <b>Heart surgery</b>                        | <b>7.05%</b>  | 37  |
| <b>Weight</b>                               | <b>68.57%</b> | 360 |
| <b>Depression</b>                           | <b>31.05%</b> | 163 |
| <b>Alcoholism/Drug Abuse</b>                | <b>6.67%</b>  | 35  |
| <b>Teen moms</b>                            | <b>4%</b>     | 21  |
| <b>Loved ones with Alzheimer's/Dementia</b> | <b>17.90%</b> | 94  |
| <b>Loved ones with addictions</b>           | <b>11.81%</b> | 62  |
| <b>Other: _____</b>                         | <b>0%</b>     | 0   |
| Total Respondents: 525                      |               |     |

| #  | Other (please specify)                             | Date               |
|----|--|--------------------|
| 1  | Taking care of mother                              | 5/23/2013 9:04 AM  |
| 2  | Parkinson's Disease                                | 5/23/2013 8:58 AM  |
| 3  | other heart related issues                         | 5/21/2013 12:11 PM |
| 4  | Fibromyalgia                                       | 5/21/2013 8:57 AM  |
| 5  | Good Eating Habits                                 | 5/21/2013 8:30 AM  |
| 6  | Grief/survivors of suicide                         | 5/20/2013 12:40 PM |
| 7  | Epilepsy   | 5/17/2013 4:16 PM  |
| 8  | Celebrated Recovery (Abused Men)                   | 5/16/2013 6:48 PM  |
| 9  | Celebrate Recovery                                 | 5/16/2013 6:39 PM  |
| 10 | Migraine Support Group                             | 5/14/2013 4:11 PM  |
| 11 | Parkinson's Disease                                | 5/14/2013 2:46 PM  |
| 12 | Loss of family that killed self                    | 5/13/2013 2:59 PM  |
| 13 | Healthy Marriage                                   | 5/13/2013 12:43 PM |
| 14 | CKD  | 5/9/2013 9:12 AM   |
| 15 | Dialysis   | 5/8/2013 2:00 PM   |
| 16 | Cancer   | 5/8/2013 1:53 PM   |
| 17 | none   | 5/7/2013 4:14 PM   |
| 18 | None   | 5/7/2013 3:42 PM   |
| 19 | dialysis   | 4/24/2013 11:32 AM |
| 20 | Loved ones with cancer                             | 4/23/2013 5:27 PM  |
| 21 | For parents of children with psychiatric illnesses | 4/22/2013 3:16 PM  |
| 22 | food addiction                                     | 4/22/2013 3:02 PM  |
| 23 | None   | 4/10/2013 9:11 PM  |
| 24 | Balance  | 4/4/2013 7:35 PM   |

### Q58 The nearest healthcare clinic is within how many minutes of your home?

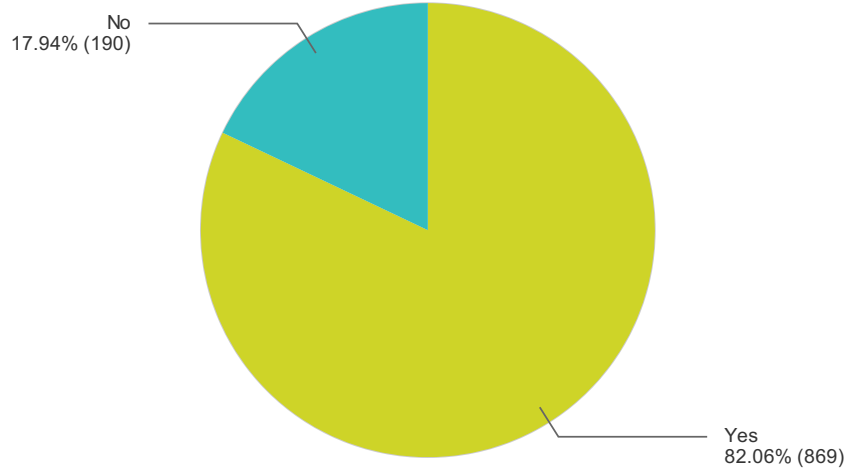
Answered: 1,063 Skipped: 71



| Answer Choices            | Responses     |       |
|---------------------------|---------------|-------|
| <b>10 minutes</b>         | <b>67.54%</b> | 718   |
| <b>20 minutes</b>         | <b>24.65%</b> | 262   |
| <b>30 or more minutes</b> | <b>7.81%</b>  | 83    |
| Total                     |               | 1,063 |

### Q59 Do you currently have insurance, Medicare, or Medicaid?

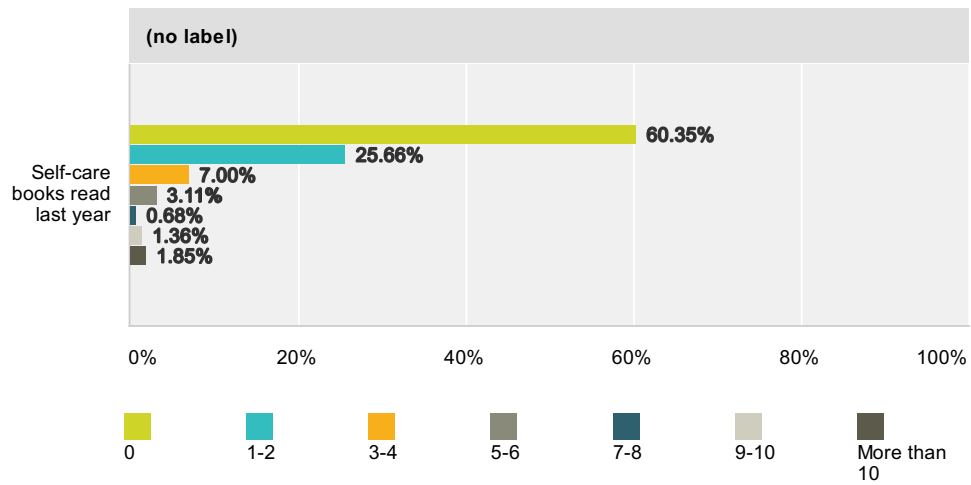
Answered: 1,059 Skipped: 75



| Answer Choices | Responses     |       |
|----------------|---------------|-------|
| <b>Yes</b>     | <b>82.06%</b> | 869   |
| <b>No</b>      | <b>17.94%</b> | 190   |
| Total          |               | 1,059 |

### Q60 How many times in the past year have you read a self-care book?

Answered: 1,029 Skipped: 105



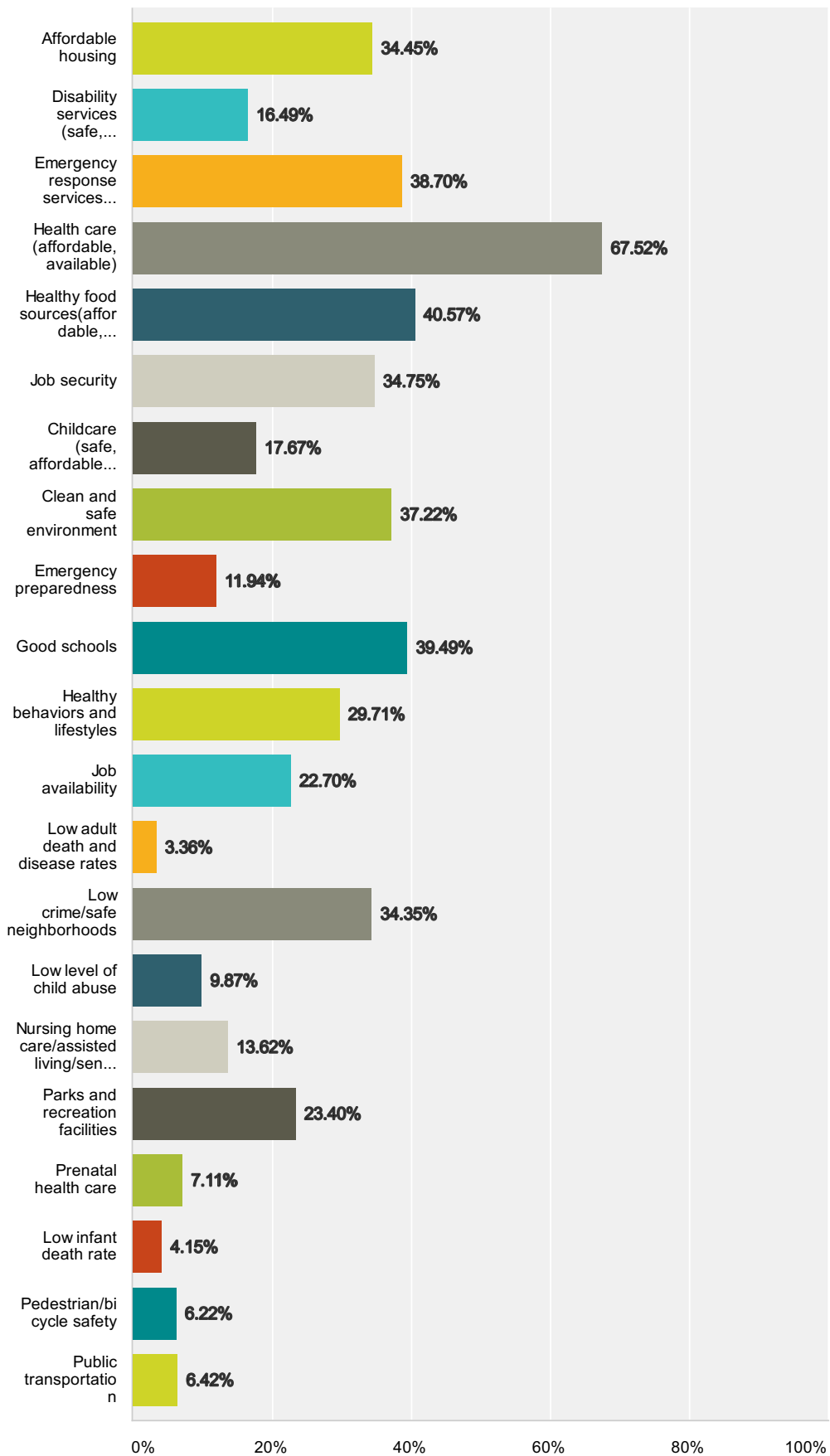
| (no label)                     |               |               |             |             |            |             |              |       |
|--------------------------------|---------------|---------------|-------------|-------------|------------|-------------|--------------|-------|
|                                | 0             | 1             | 3           | 5           | 7          | 9           | More than 10 | Total |
| Self-care books read last year | 60.35%<br>621 | 25.66%<br>264 | 7.00%<br>72 | 3.11%<br>32 | 0.68%<br>7 | 1.36%<br>14 | 1.85%<br>19  | 1,029 |

**Q61 In the following list, please check five responses that correspond to what you think are the FIVE MOST IMPORTANT FACTORS for a healthy community. PICK FIVE ONLY PLEASE.**

Answered: 1,013 Skipped: 121



2013 Community Health Needs Assessment



| Answer Choices            | Responses     |
|---------------------------|---------------|
| <b>Affordable housing</b> | <b>34.45%</b> |
| Total Respondents: 1,013  |               |

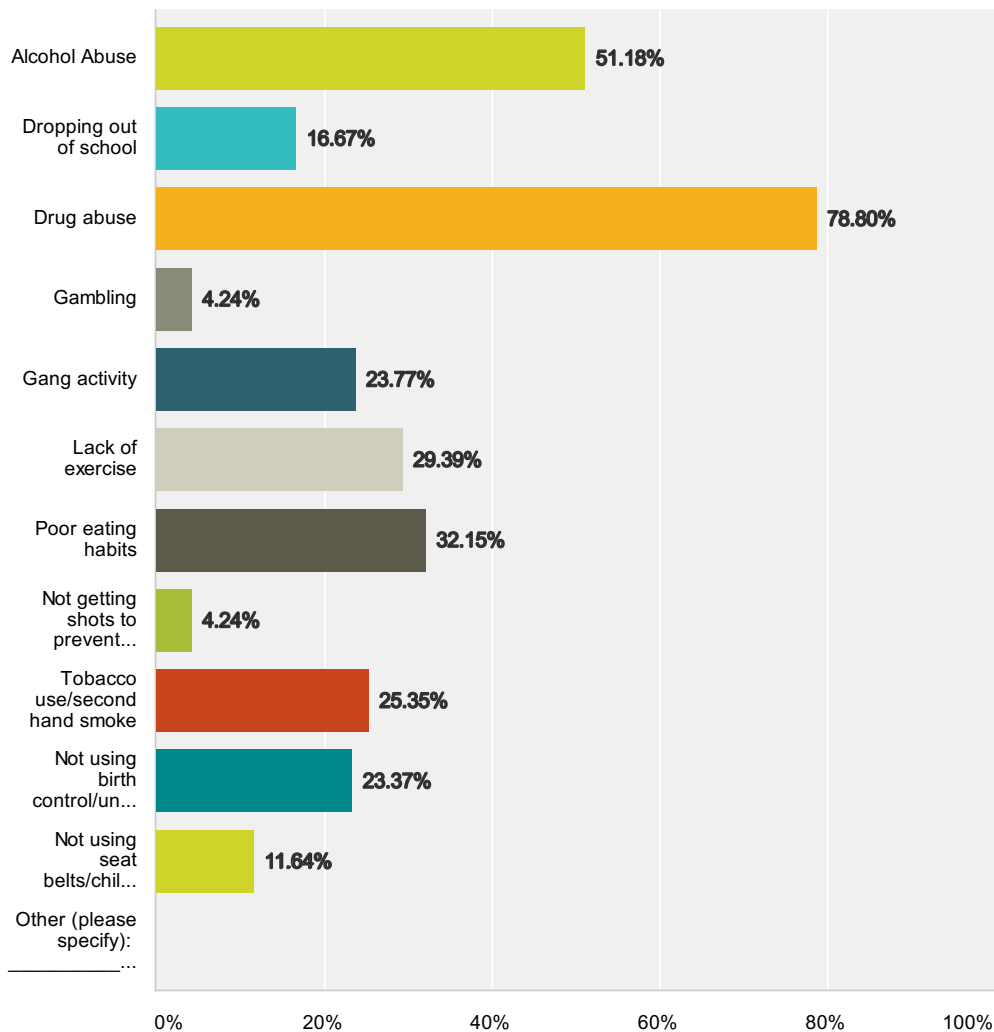
2013 Community Health Needs Assessment

|   |               |     |
|---|---------------|-----|
|   |               |     |
| <b>Disability services (safe, affordable, available)</b>                              | <b>16.49%</b> | 167 |
| <b>Emergency response services (ambulance, fire, police)</b>                          | <b>38.70%</b> | 392 |
| <b>Health care (affordable, available)</b>  | <b>67.52%</b> | 684 |
| <b>Healthy food sources(affordable, accessible)</b>                                   | <b>40.57%</b> | 411 |
| <b>Job security</b>   | <b>34.75%</b> | 352 |
| <b>Childcare (safe, affordable, available)</b>  | <b>17.67%</b> | 179 |
| <b>Clean and safe environment</b>   | <b>37.22%</b> | 377 |
| <b>Emergency preparedness</b>   | <b>11.94%</b> | 121 |
| <b>Good schools</b>   | <b>39.49%</b> | 400 |
| <b>Healthy behaviors and lifestyles</b>   | <b>29.71%</b> | 301 |
| <b>Job availability</b>   | <b>22.70%</b> | 230 |
| <b>Low adult death and disease rates</b>  | <b>3.36%</b>  | 34  |
| <b>Low crime/safe neighborhoods</b>   | <b>34.35%</b> | 348 |
| <b>Low level of child abuse</b>   | <b>9.87%</b>  | 100 |
| <b>Nursing home care/assisted living/senior housing (safe, affordable, available)</b> | <b>13.62%</b> | 138 |
| <b>Parks and recreation facilities</b>  | <b>23.40%</b> | 237 |
| <b>Prenatal health care</b>   | <b>7.11%</b>  | 72  |
| <b>Low infant death rate</b>  | <b>4.15%</b>  | 42  |
| <b>Pedestrian/bicycle safety</b>  | <b>6.22%</b>  | 63  |
| <b>Public transportation</b>  | <b>6.42%</b>  | 65  |
| Total Respondents: 1,013  |               |     |

| #  | Other (please specify)   | Date               |
|----|--|--------------------|
| 1  | more "watch 4 children" signs  | 5/22/2013 8:00 AM  |
| 2  | ALL  | 5/21/2013 10:59 AM |
| 3  | Accessible Information and Communication (Internet)                      | 5/19/2013 7:42 AM  |
| 4  | Trusting in Jesus Christ   | 5/17/2013 2:29 PM  |
| 5  | Motorcycle safety  | 5/16/2013 6:11 PM  |
| 6  | Dialysis   | 5/8/2013 1:53 PM   |
| 7  | complete streets   | 4/25/2013 10:15 AM |
| 8  | child safety   | 4/25/2013 9:40 AM  |
| 9  | helathy behaviors and lifestyles, access to parks and walking facilities | 4/24/2013 11:32 AM |
| 10 | Healthy Church   | 4/23/2013 3:58 PM  |
| 11 | Christ   | 4/23/2013 9:26 AM  |
| 12 | decrease price of Healthy Food and increase price of Junk/Fast Food      | 4/22/2013 3:08 PM  |
| 13 | Mental Health  | 4/22/2013 2:25 PM  |
| 14 | ALL  | 4/10/2013 7:54 PM  |

**Q62 In the following list, please check what you think are the THREE MOST IMPORTANT RISKY BEHAVIORS in our community. CHECK ONLY THREE (3) PLEASE:**

Answered: 1,014 Skipped: 120



| Answer Choices   | Responses | Count |
|--|-----------|-------|
| <b>Alcohol Abuse</b>                                   | 51.18%    | 519   |
| <b>Dropping out of school</b>                          | 16.67%    | 169   |
| <b>Drug abuse</b>                                      | 78.80%    | 799   |
| <b>Gambling</b>  | 4.24%     | 43    |
| <b>Gang activity</b>                                   | 23.77%    | 241   |
| <b>Lack of exercise</b>                                | 29.39%    | 298   |
| <b>Poor eating habits</b>                              | 32.15%    | 326   |
| <b>Not getting shots to prevent disease</b>            | 4.24%     | 43    |
| <b>Tobacco use/second hand smoke</b>                   | 25.35%    | 257   |
| <b>Not using birth control/unsafe sexual practices</b> | 23.37%    | 237   |
| Total Respondents: 1,014                               |           |       |

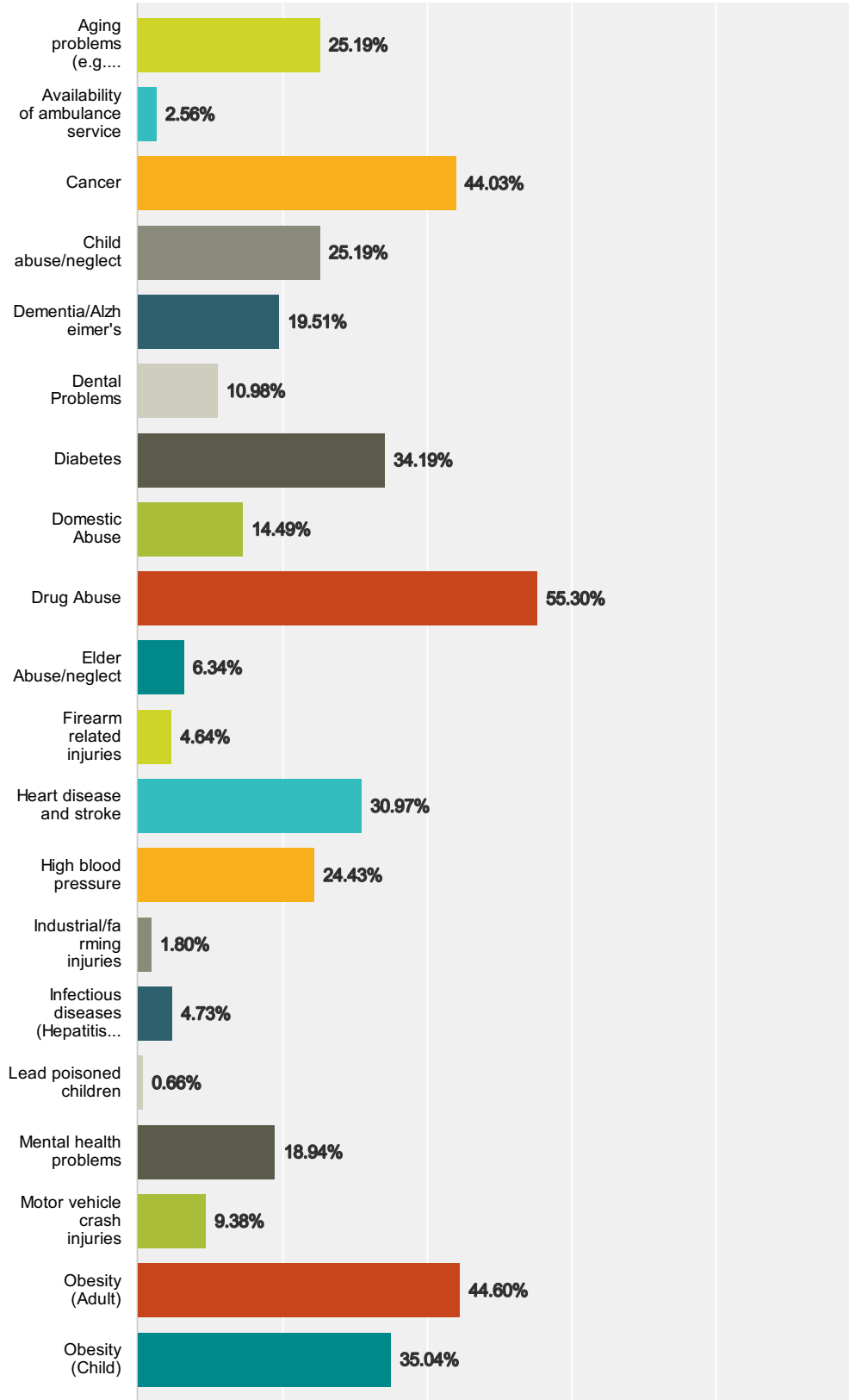
2013 Community Health Needs Assessment

|  |               |     |
|--|---------------|-----|
| <b>Not using seat belts/child safety seats/helmets</b> | <b>11.64%</b> | 118 |
| <b>Other (please specify): _____</b>                   | <b>0%</b>     | 0   |
| Total Respondents: 1,014                               |               |     |

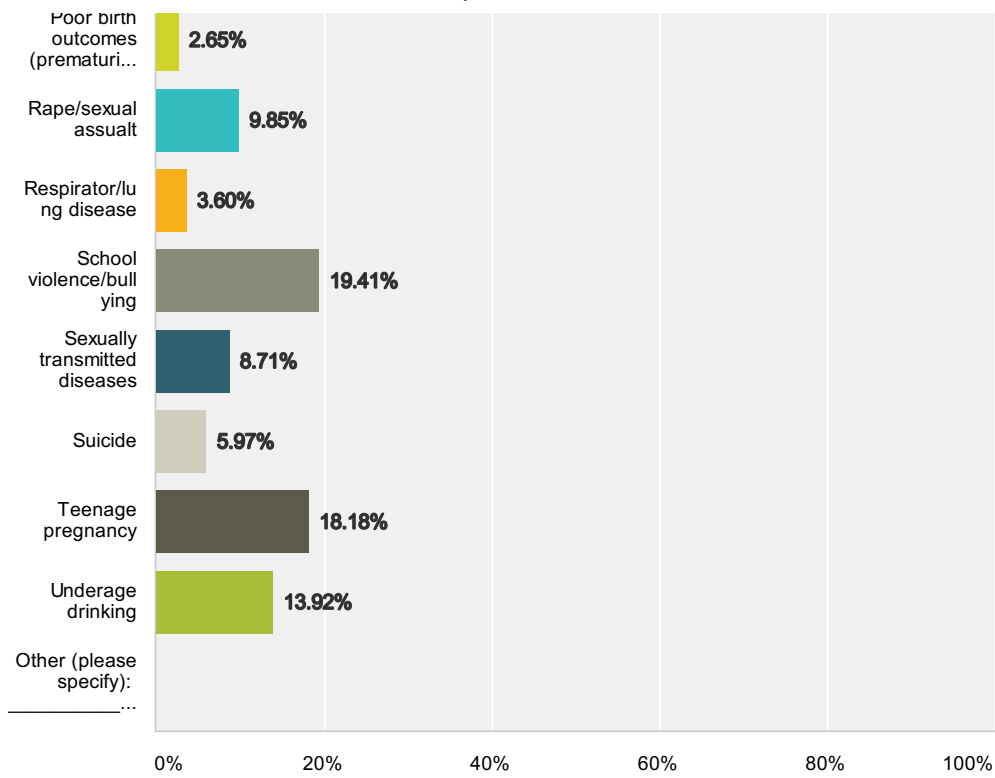
| #  | Other (please specify)  | Date               |
|----|---|--------------------|
| 1  | Texting and Driving   | 5/22/2013 7:23 AM  |
| 2  | ALL OF ABOVE  | 5/21/2013 12:24 PM |
| 3  | people driving fast   | 5/20/2013 5:00 PM  |
| 4  | Not getting mammograms  | 5/17/2013 9:01 AM  |
| 5  | Motorcylce safety   | 5/16/2013 6:11 PM  |
| 6  | Lack of Money   | 5/15/2013 4:54 PM  |
| 7  | Letting inflation over power our buying power is very dangerous | 5/9/2013 2:47 PM   |
| 8  | Increase of crime   | 5/7/2013 9:26 AM   |
| 9  | Lack of gun control   | 4/26/2013 8:37 AM  |
| 10 | not using seat belts restraining of children in cars properly   | 4/24/2013 11:32 AM |
| 11 | Lack of Christ  | 4/23/2013 9:26 AM  |
| 12 | Antibiotic Resistant Microorgranisms                            | 4/7/2013 8:36 AM   |

**Q63 In the following list, please check what you think are the FIVE MOST IMPORTANT HEALTH PROBLEMS in our community. (Those problems which have the greatest impact on overall Community health). CHECK FIVE ONLY PLEASE.**

Answered: 1,056 Skipped: 78



2013 Community Health Needs Assessment



| Answer Choices  | Responses     |     |
|---|---------------|-----|
| <b>Aging problems (e.g. arthritis, hearing/vision loss, etc.)</b>         | <b>25.19%</b> | 266 |
| <b>Availability of ambulance service</b>                                  | <b>2.56%</b>  | 27  |
| <b>Cancer</b>   | <b>44.03%</b> | 465 |
| <b>Child abuse/neglect</b>  | <b>25.19%</b> | 266 |
| <b>Dementia/Alzheimer's</b>   | <b>19.51%</b> | 206 |
| <b>Dental Problems</b>  | <b>10.98%</b> | 116 |
| <b>Diabetes</b>   | <b>34.19%</b> | 361 |
| <b>Domestic Abuse</b>   | <b>14.49%</b> | 153 |
| <b>Drug Abuse</b>   | <b>55.30%</b> | 584 |
| <b>Elder Abuse/neglect</b>  | <b>6.34%</b>  | 67  |
| <b>Firearm related injuries</b>   | <b>4.64%</b>  | 49  |
| <b>Heart disease and stroke</b>   | <b>30.97%</b> | 327 |
| <b>High blood pressure</b>  | <b>24.43%</b> | 258 |
| <b>Industrial/farming injuries</b>  | <b>1.80%</b>  | 19  |
| <b>Infectious diseases (Hepatitis, TB, etc.)</b>                          | <b>4.73%</b>  | 50  |
| <b>Lead poisoned children</b>   | <b>0.66%</b>  | 7   |
| <b>Mental health problems</b>   | <b>18.94%</b> | 200 |
| <b>Motor vehicle crash injuries</b>                                       | <b>9.38%</b>  | 99  |
| <b>Obesity (Adult)</b>  | <b>44.60%</b> | 471 |
| <b>Obesity (Child)</b>  | <b>35.04%</b> | 370 |
| <b>Poor birth outcomes (prematurity, low birth weight, defects, etc.)</b> | <b>2.65%</b>  | 28  |
| <b>Rape/sexual assault</b>  | <b>9.85%</b>  | 104 |
| <b>Respirator/lung disease</b>  | <b>3.60%</b>  | 38  |

Total Respondents: 1,056

2013 Community Health Needs Assessment

|                                      |               |     |
|--------------------------------------|---------------|-----|
| <b>School violence/bullying</b>      | <b>19.41%</b> | 205 |
| <b>Sexually transmitted diseases</b> | <b>8.71%</b>  | 92  |
| <b>Suicide</b>                       | <b>5.97%</b>  | 63  |
| <b>Teenage pregnancy</b>             | <b>18.18%</b> | 192 |
| <b>Underage drinking</b>             | <b>13.92%</b> | 147 |
| <b>Other (please specify):</b>       | <b>0%</b>     | 0   |

Total Respondents: 1,056

| #  | Other (please specify)   | Date               |
|----|--|--------------------|
| 1  | Texting and driving is bad   | 5/22/2013 7:23 AM  |
| 2  | Lack of desire to improve oneself, job, family, etc.   | 5/20/2013 5:09 PM  |
| 3  | Smoking in public and not being able to get away from it despite the law.  | 5/20/2013 4:01 PM  |
| 4  | Disability Awareness   | 5/19/2013 8:02 AM  |
| 5  | Disability Awareness   | 5/19/2013 7:53 AM  |
| 6  | Really Ain't Sure  | 5/14/2013 4:55 PM  |
| 7  | Sleep Apnea  | 5/14/2013 12:20 PM |
| 8  | Low wages make several issues prevalent in our community. If business and factory owners would pay a decent wage, we could all afford to take care of issues ourselves. Therefore, strengthening our mental health and lowering stress.  | 5/9/2013 2:47 PM   |
| 9  | Crimes - Robbery   | 5/9/2013 1:24 PM   |
| 10 | End Stage Renal Disease  | 5/8/2013 2:00 PM   |
| 11 | Survey WAY TO LONG!!!!   | 4/25/2013 11:36 AM |
| 12 | The only reason I have health problems with headaches, backaches, and depression is because I was in a terrible accident in 2008 where I was ran over by a tahoe as a pedestrian and broke my neck and busted my head open and was near killed. I have my problems undercontrol with the help of doctors and medication. I am a very happy girl and could not be happier with the job I have here at St. Bernards.   | 4/24/2013 11:49 AM |
| 13 | school bullying, teachers who do not identify these problems or look the other way   | 4/24/2013 11:32 AM |
| 14 | Unchurch generations   | 4/23/2013 3:58 PM  |
| 15 | I feel that here in Jonesboro the BIGGEST problem is the breakdown of our community and general safety issues. We have had a definite, very large jump in very violent crime, including rapes, home invasions, robberies, shooting of guns, obvious gang behavior, theft, etc... This also has very heavily increased citizens fear, stress, and anxiety levels. This makes people in the community feel very unsafe, which keeps them from getting out to exercise, be it walking, working in their yards, going to parks, or even shopping, in fear of themselves and/or their children and family members falling victim to violent crime. I have no clue what the answer is, but until it is corrected, I don't expect people to be getting out much, unless it is in groups to exercise and enjoy their daily outdoor activities. | 4/23/2013 8:56 AM  |
| 16 | Housing for low income   | 4/22/2013 4:25 PM  |
| 17 | 1. Growth of drug resistant infection organisms. 2. Drug companies making no attempt to develop new antibiotics because it costs too much and low profits for them. 3. Non national program to do adequate research for these. 4. Even CDC is only doing containment for recer CRE drug resistant organisms that can induce drug resistance in other organisms. 5. If this problem is not addressed properly, we will face a post antibiotic age with huge national and local consequences.  | 4/7/2013 8:36 AM   |
| 18 | You need to ask more direct questions - how do we rate this senior center, activities, personnel, food, etc.   | 4/6/2013 2:38 PM   |

**APPENDIX E**  
**OTHER COMMUNITY RESOURCES**



# RESOURCE DIRECTORY

# TABLE OF CONTENTS

|                                 |       |
|---------------------------------|-------|
| Abuse .....                     | 3     |
| Aging .....                     | 3-4   |
| Alcohol, Drugs, Counseling..... | 4-6   |
| Clothes, Food.....              | 6-9   |
| Consumer Problems .....         | 9     |
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## ABUSE

|   |                |
|---|----------------|
| Adult Protective Services.....  | 1-800-482-8049 |
| (Report abuse or neglect ages 18+)  |                |
| <a href="http://www.aradultprotection.com">www.aradultprotection.com</a>                          |                |
| AR Child Abuse Hotline.....   | 1-800-482-5964 |
| <a href="http://www.arkansas.gov/reportARchildabuse">www.arkansas.gov/reportARchildabuse</a>      |                |
| AR Coalition Against Domestic Violence (info only).....   | 1-800-269-4668 |
| CASA (Court Appointed Special Advocate-for children)  |                |
| 511 Union Suite 327, Jonesboro, AR 72401 .....  | 935-1099       |
| 104 W. Main, Paragould, AR 72450.....   | 240-3768       |
| <a href="http://www.neacasa.org">www.neacasa.org</a>  |                |
| Department of Children & Family Services (DCFS) .....   | 972-1732       |
| 2920 McClellan Drive, Jonesboro, AR 72401   |                |
| Department of Human Services (DHS) .....  | 972-1732       |
| (Report abuse of ages 55+)  |                |
| 2920 McClellan Drive, Jonesboro, AR 72401   |                |
| National Domestic Violence Hotline.....   | 1-800-799-3224 |
| Rape & Victim Assistance .....  | 972-9593       |
| 511 Union Suite 342, Jonesboro, AR 72401  |                |
| Report Child Abuse or Neglect .....   | 1-800-482-5964 |
| 1 State Police Plaza Drive, Little Rock, AR 72209   |                |
| Women’s Crisis Center (NEA Council on Violence).....  | 933-9449       |
| (Battered Women’s Shelter) <a href="http://www.keepneawomensafe.com">www.keepneawomensafe.com</a> |                |

## AGING

|  |                |
|--|----------------|
| AARP .....   | 1-888-687-2277 |
| <a href="http://www.aarp.org/states/ar">www.aarp.org/states/ar</a> |                |
| East Arkansas Area Agency on Aging.....                            | 1-800-680-6950 |
| Hoxie - 500 SW Lawrence, 72433 .....                               | 886-2460       |
| Jonesboro - 2005 East Highland, 72401 .....                        | 972-5980       |
| Paragould - 120 W. Highland, 72450.....                            | 236-3903       |
| Piggott - 215 N. 2nd, 72454 .....                                  | 598-2939       |
| Pocahontas - 1320 Dalton, 72455.....                               | 892-5451       |
| Trumann - 351 Campbell St., 72472 .....                            | 483-2532       |
| Wynne - 1412 S. Falls Blvd., 72396.....                            | 238-3816       |
| <a href="http://www.e4aonline.com">www.e4aonline.com</a>           |                |
| Black River Area Development .....                                 | 892-4547       |
| 1403 Hospital Drive, Pocahontas, AR 72455                          |                |

## **AGING (continued)**

|  |                         |
|--|-------------------------|
| Caraway Senior Life Center.....  | 482-3384                |
| 305 New York Ave. Caraway, AR 72419  |                         |
| Center on Aging Northeast.....   | 930-9900                |
| <a href="http://www.centeronagingne.com/">http://www.centeronagingne.com/</a>  |                         |
| 303 East Matthews, Jonesboro, AR 72401   |                         |
| <b>DHS, Division of Aging and Adult Services</b>   |                         |
| Harrisburg - 406 North Illinois, 72432.....  | 578-5491                |
| 2920 McClellan Drive, Jonesboro, AR 72401.....   |                         |
| 972-1732   |                         |
| Newport - 3rd and Hazel Street, 72112.....   | 523-9820                |
| Paragould - 809 Goldsmith Road, 72451 .....  | 236-8723                |
| Pocahontas - 1408 Pace Rd.72455 .....  | 892-4475                |
| Piggott - 187 North Second, 72454.....   | 598-2282                |
| Walnut Ridge - 400 Northwest Fourth Street, 72476 .....  | 886-2408                |
| Wynne - 803 Highway 64 E, 72396.....   | 238-8553                |
| Eldercare Locator (Referral Assistance).....   | 1-800-677-1116          |
| Monette Senior Citizens Center.....  | 486-2480                |
| 504 South Williams Monette, AR 72447   |                         |
| Senior Citizen's Center .....  | 932-8920                |
| 1210 South Church, Jonesboro, AR 72401   |                         |
| Social Security .....  | 972-4620/1-800-772-1213 |
| <a href="http://www.socialsecurity.gov/">http://www.socialsecurity.gov/</a>  |                         |
| St. Bernards Day Place.....  | 933-2074                |
| 700 East Washington, Jonesboro, AR 72401   |                         |
| St. Bernards Senior Services   |                         |
| <a href="http://www.sbrmc.com/centers-of-excellence/senior-services/">www.sbrmc.com/centers-of-excellence/senior-services/</a> |                         |
| St. Bernards Senior Life Center.....   | 935-7282                |
| (Nutrition, transportation, adult care, socialization & activity opportunities)  |                         |
| 700 East Washington, Jonesboro, AR 72401   |                         |

## **ALCOHOL, DRUGS, COUNSELING**

|   |          |
|---|----------|
| Agape House.....                                    | 236-1188 |
| 9 Greene Road 937, Paragould, AR 72450-9160         |          |
| Alcoholics Anonymous (AA).....                      | 933-1518 |
| 2901 W. Washington Jonesboro, AR 72401              |          |
| AL A Teen.....                                      | 933-1518 |
| 200 W. Matthews Jonesboro, AR 72401                 |          |
| Arkansas Baptist Family & Child Care Services ..... | 935-5134 |
| 2100 Stadium Boulevard, Jonesboro, AR 72401         |          |

## **ALCOHOL, DRUGS, COUNSELING (continued)**

|  |          |
|--|----------|
| ASU Counseling Center .....  | 972-2318 |
| <a href="http://www2.astate.edu/a/student-affairs/counseling/index.dot">www2.astate.edu/a/student-affairs/counseling/index.dot</a> |          |
| 101 North Caraway, Jonesboro, AR 72401   |          |
| Better Life Counseling Center  |          |
| 1605 James Street, Jonesboro, AR 72401.....  |          |
| 935-4673   |          |
| 560 Ash Flat Drive , Ash Flat, AR 72513.....   |          |
| 1-888-668-5433   |          |
| <a href="http://www.betterlife.org">www.betterlife.org</a>   |          |
| Celebrate Recovery 7th & Mueller Church of Christ .....  | 239-9442 |
| 1000 South Seventh Street, Paragould, AR 72450   |          |
| Concepts of Truth, Inc.....  | 238-4329 |
| 202 Commercial Avenue East, Wynne, AR 72396  |          |
| <a href="http://conceptsoftruth.org/">http://conceptsoftruth.org/</a>  |          |
| Consolidated Youth Services (youth 8-18 & their families).....   | 972-1110 |
| 4220 Stadium Boulevard, Jonesboro, AR 72401  |          |
| Families Inc   |          |
| Ash Flat - 75 Hwy 62/412, Ste. J, 72513.....   |          |
| 994-7060 or 877-595-8869   |          |
| Jonesboro - 4508 Stadium Boulevard, 72401 .....  |          |
| 933-6886   |          |
| Paragould - 211 N 23rd St, Ste 6, 72450.....   |          |
| 335-9483   |          |
| Pocahontas - 2305 Old County Rd, 72455 .....   |          |
| 892-1005   |          |
| Trumann - 1704 Hwy. 69 W, 72472.....   |          |
| 483-4003   |          |
| Walnut Ridge - 1425 W. Main St, 72476.....   |          |
| 886-5303   |          |
| <a href="http://familiesinc.net">http://familiesinc.net</a>  |          |
| First Baptist Church ~ Celebrate Recovery.....   | 932-3456 |
| 700 Union Street, Jonesboro, AR 72401  |          |
| <a href="http://www.fbcjonesboro.org">www.fbcjonesboro.org</a>   |          |
| Hispanic Community Services, Inc. ....   | 931-1884 |
| 311 Huntington, Jonesboro, AR 72401  |          |
| <a href="http://www.jhcsi.org">www.jhcsi.org</a>   |          |
| Lakeside Behavioral Hospital (inpatient and outpatient) .....  | 972-5542 |
| 2911 Brunswick Road, Memphis, TN 38133   |          |
| <a href="http://www.lakesidebhs.com">www.lakesidebhs.com</a>   |          |
| Life Strategies Counseling   |          |
| Jonesboro - 1217 Stone Street, 72401 .....   |          |
| 972-1268   |          |
| Paragould - 1715 Linwood Dr, 72450 .....   |          |
| 236-5880   |          |
| Piggott - 318 E Poplar, 72454 .....  |          |
| 598-1122   |          |
| Trumann - 809 W. Main St, 72472 .....  |          |
| 483-0068   |          |
| <a href="http://www.lscihelp.com">www.lscihelp.com</a>   |          |
| Mid-South Health Systems (outpatient)  |          |
| Corning - 602 David, 72422 .....   |          |
| 857-3655   |          |
| Jonesboro - 2707 Browns Lane, 72401 .....  |          |
| 972-4000   |          |
| Paragould - #28 Southpointe Dr., 72450.....  |          |
| 239-2244   |          |
| Pocahontas - 2560 Old County Road, 72455 .....   |          |
| 892-7111   |          |

## **ALCOHOL, DRUGS, COUNSELING (continued)**

|  |              |
|--|--------------|
| Mid-South Health Systems <i>continued from page 5</i> (outpatient)<br>Walnut Ridge - 102 S. Larkspur, 72476.....<br>www.mshs.org | 886-7924     |
| NEA Regional Recovery Center .....<br>6009 C. W. Post Road, Jonesboro, AR 72401  | 932-0228     |
| New Beginnings PNC (Lawrence County).....<br>23 W. Main Ash Flat, AR 72513   | 994-5433     |
| Out of the Dark .....<br>407 Union, Jonesboro AR 72401<br>www.outofthedark.org   | 870-336-6737 |
| Randolph County Cornerstone Coalition.....<br>1403 Hospital Drive, Pocahontas, AR 72455<br>www.randolphcountycornerstone.com     | 870-892-4547 |
| St. Bernards Behavioral Health (inpatient/outpatient).....<br>2712 East Johnson, Jonesboro, AR 72401                             | 932-2800     |

## **CLOTHES, FOOD**

|   |                   |
|---|-------------------|
| 7th & Mueller Church of Christ .....<br>1000 South Seventh Street, Paragould, AR 72450<br>http://7thandmueller.com                          | 239-9442          |
| American Red Cross (natural disasters/ house fires).....<br>305 West Jefferson, Jonesboro, AR 72401<br>Monday-Friday 9:00-12:00 & 1:00-4:00 | 932-3212          |
| Agape Mission Outreach .....<br>501 SW 2nd St, Corning, AR 72422 • Available by appointment   | 857-1520          |
| Angel Food Ministries.....<br>2926 Wood Street, Jonesboro, AR 72401 • Available by appointment  | 932-2295/316-1462 |
| Bay First Baptist Church .....<br>200 Central Ave, Bay, AR 72411 • Monday-Friday 12:00-5:00   | 781-3269          |
| Black River Area Development .....<br>1403 Hospital Drive, Pocahontas, AR 72455   | 892-4547          |
| Black Rock Sr. Center .....<br>491 Elm Street, Black Rock, AR 72415 • Monday-Friday 7:30-1:00   | 878-6627          |
| Brookland Church of Christ.....<br>9664 HWY. 49 B, Bono, AR 72416   | 932-5307          |
| Brookland United Methodist (food only) .....<br>301 Church St, Brookland, AR 72417  | 935-3501          |

## **CLOTHES, FOOD (continued)**

|  |          |
|--|----------|
| Campus Outreach Ministry (Greene County only).....<br>7th and Mueller Church of Christ<br>1000 South 7th Street, Paragould, AR 72450<br>Monday-Thursday 8:30-4:00<br>7thandmueller.com | 236-6105 |
| Cherry Valley Food Pantry .....<br>3211 Hwy. 42 (old elementary school), Cherry Valley AR<br>Tuesdays 10am-noon  | 588-4206 |
| Deliverance Family Worship .....<br>403 Scott St, Jonesboro, AR 72401 • Available by appointment   | 931-5453 |
| First Baptist Church (Piggott only).....<br>480 W Main Street, Piggott, AR<br>Thursday 2:00-5:00 & Saturday 9:30-11:00   | 598-2890 |
| First Baptist Church Care Center .....<br>(food, clothes, noon meals) 700 Union Street, Jonesboro, AR 72401<br>Monday-Thursday 10:00-1:30 and Friday 10:00-11:30                       | 932-1872 |
| First Baptist Church of Bay (food only).....<br>200 Central Avenue, Bay, AR 72411 • Monday-Friday 12:00-5:00   | 781-3269 |
| First General Baptist .....<br>679 S. Taylor, Piggott, AR 72454<br>3rd Monday of the month 4:30-6:30   | 598-3621 |
| First United Pentecostal (food only).....<br>206 Warner St, Newport, AR 72112<br>Wednesday 6:00-9:00 & Sunday 11:30-5:00   | 523-3187 |
| Fisher United Methodist Church.....<br>208 E Haines Street, Fisher, AR 72429 • Available by appointment  | 328-7456 |
| Food Bank of Northeast Arkansas, referral only .....<br>3406 S. Culberhouse, Jonesboro, AR 72404<br>Referral to community food pantries only   | 932-3663 |
| Good Samaritan Outreach (CRDC) .....<br>144 Linwood Dr., Paragould, AR 72450   | 239-3531 |
| Good Shepherd Center .....<br>100 Kennedy, Wynne, AR 72396<br>Tuesday 10:00-3:00 and Friday 1:00-4:00  | 238-8322 |
| Harrisburg 1st United Methodist .....<br>204 S. Main, Harrisburg, AR 72432   | 578-5407 |
| Helping Hands Outreach .....<br>113 E Merriman Ave, Wynne, AR 72396  | 208-8722 |
| Helping Neighbors Food Pantry .....<br>900 W. Huntington, Jonesboro, AR 72401 • Monday-Thursday 10:00-2:00   | 935-7298 |

## **CLOTHES, FOOD (continued)**

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|   |          |
|---|----------|
| Lake City First Baptist .....                                     | 237-4414 |
| 700 4th St, Lake City, AR 72437 • Available by appointment        |          |
| Lawrence Co. Resource Council (food only) .....                   | 886-2408 |
| 400 NW 4th Street, Walnut Ridge, AR 72476                         |          |
| Monday-Friday 8:00-4:30   |          |
| Magnolia Rd Baptist Church (food only).....                       | 931-9434 |
| 911 Magnolia Road, Jonesboro, AR 72401                            |          |
| Wednesday 4:30  |          |
| Miller's Temple Church of God in Christ .....                     | 910-6816 |
| 524 North Church Street, Jonesboro, AR 72401                      |          |
| Available by appointment  |          |
| Mission Outreach of NEA (food, shelter).....                      | 236-8080 |
| 901 East Lake St, Paragould, AR 72450 • call in advance           |          |
| NARAN (HIV positive clientele only) .....                         | 931-4448 |
| 2604 E Matthews, Jonesboro, AR 72401                              |          |
| 1st Monday of the month 8:30-4:00                                 |          |
| Nettleton Baptist Church .....                                    | 932-4960 |
| 4000 School Street, Jonesboro, AR 72401                           |          |
| 3rd Wednesday of the month 2:00-4:00                              |          |
| New Testament Mission .....                                       | 578-2443 |
| 203 W South St, Harrisburg, AR 72432 • Available by appointment   |          |
| New Vision Worship Center .....                                   | 578-2615 |
| 900 E South St, Harrisburg, AR 72432                              |          |
| Power of Freedom Ministries .....                                 | 647-2052 |
| 12533 Hwy 251, Warm Springs, AR 72478 • Available by appointment  |          |
| Project New Start .....   | 264-3228 |
| 1417 Dewey Street, Newport, AR 72112 • Available by appointment   |          |
| Salvation Army (Emergency services, food, clothes, shelter)       |          |
| 800 Cate, Jonesboro, AR 72401 • Monday-Friday 9:00-4:00 .....     |          |
|   | 932-3785 |
| Salvation Army (Lawrence, Randolph, and Sharp Counties only)      |          |
| 109 West Everett Street, Pocahontas, AR 72455.....                |          |
|   | 892-1895 |
| Social Security (for disabled, retired, widowed).....             | 972-4620 |
| 2608 Fair Park Boulevard, Jonesboro, AR 72401                     |          |
| Monday-Friday 9:00-4:00   |          |
| Southwest Church of Christ.. ..                                   | 932-9254 |
| 1601 James Street, Jonesboro, AR 72401 • Available by appointment |          |
| Strong Tower Church.....  | 238-7725 |
| 336 W Davis, Wynne, AR 72396 • Available by appointment           |          |

## **CLOTHES, FOOD (continued)**

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|  |          |
|--|----------|
| Victory General Baptist .....                                  | 972-6018 |
| 1611 Duncan Road, Jonesboro, AR 72401                          |          |
| W. I. C.( Food for pregnant women and children).....           | 933-4585 |
| 611 East Washington Suite B, Jonesboro, AR 72401               |          |
| <a href="http://www.fns.usda.gov/wic">www.fns.usda.gov/wic</a> |          |
| Weiner United Methodist.....                                   | 684-7619 |
| 218 N Van Buren Street, Weiner, AR 72479                       |          |
| Wynne Church of Christ.....                                    | 238-2449 |
| 916 E Bridges, Wynne, AR 72396 • Available by appointment      |          |

## **CONSUMER PROBLEMS**

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|   |                |
|---|----------------|
| Attorney General (Consumer complaint) ..... | 1-800-482-8982 |
| Better Business Bureau.....                 | 1-800-482-8448 |
| Consumer Credit Counseling Services .....   | 1-800-966-3328 |

## **DISABILITIES**

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|  |                           |
|--|---------------------------|
| Abilities Unlimited (developmental disabilities)   |                           |
| 2725 North Church, Jonesboro, AR 72401 .....   |                           |
|  | 932-1551                  |
| 6002 W. Kings Hwy. Paragould, AR 72450.....  |                           |
|  | 239-9656                  |
| <a href="http://aui.org/">http://aui.org/</a>  |                           |
| AR DHS Division of Services for the Blind and Physically Handicapped   | 268-2230                  |
| 2920 McClellan Drive, Room 1106, Jonesboro, AR 72401   |                           |
| AR School for the Blind.....   | 800-362-4451/501-296-1810 |
| 2600 Markham Street, Little Rock, AR 72203   |                           |
| <a href="http://www.arkansaschoolfortheblind.org">www.arkansaschoolfortheblind.org</a>   |                           |
| AR School for the Deaf.....  | 501-324-9506 (V/T)        |
| 2400 W. Markham Little Rock, AR 72203  |                           |
| <a href="http://arschoolfortheblind.org">http://arschoolfortheblind.org</a>  |                           |
| AR Spinal Cord Commission .....  | 268-0425                  |
| 2920 McClellan Drive, Jonesboro, AR 72401  |                           |
| <a href="http://www.spinalcord.ar.gov">www.spinalcord.ar.gov</a>   |                           |
| East Arkansas Area Agency on Aging (Alzheimer's, arthritis).....   | 972-5980                  |
| 2005 East Highland, Jonesboro, AR 72401  |                           |
| ASU Speech & Hearing (provides evaluation at low cost) .....   | 972-3301                  |
| 217 Driver St., Jonesboro, AR 72401  |                           |
| <a href="http://www2.astate.edu/a/conhp/communication-disorders/cd-asushc.dot">www2.astate.edu/a/conhp/communication-disorders/cd-asushc.dot</a> |                           |

## **DISABILITIES (continued)**

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Christian Record Services for the Blind ..... 926-9325  
606 Middlebrook Rd Maynard, AR 72444  
www.christianrecord.org

Civitan Civic Club (supports services for disabled children) ..... 933-7085

Deaf and Hearing Impaired ..... TTY-972-1204/972-0025  
2920 McClellan Drive, Jonesboro, AR 72401

Early Connections LLC (Clay Craighead Greene Lawrence Poinsett).....236-2545  
3711 Greene 721 Rd Paragould, AR 72450

FOCUS, Inc (developmental disabilities  
2809 Forest Home Road, Jonesboro, AR 72401 ..... 935-2750/1-888-247-3843  
717 N. Pruett St. Paragould, AR 72450 ..... 236-1400  
904 Speedway Trumann, AR 72427 ..... 483-7942  
http://focusar.com

HealthSouth Rehab Hospital ..... 932-0440  
1201 Fleming, Jonesboro, AR 72401

Home Health Care ..... 932-7463  
2710 Phillips Drive, Jonesboro, AR 72401

ICAN (used equipment exchange for anyone with a disability) .... 1-800-828-2799  
21 Corporate Hill Drive, Little Rock, AR 72205  
www.ar-ican.org

Jackson County Learning Center ..... 523-8488  
8149 Curtner Drive, Newport, AR 72112

Jonesboro Human Development Center ..... 932-5230  
4701 Colony Drive, Jonesboro, AR 72401

Life Skills Center ..... 870-932-5551  
217 East Cherry, Jonesboro, AR 72401  
www.childrenstherapysvs.com

Lifeline (St. Bernards Senior Life Center) ..... 931-4260/1-888-325-4680  
700 East Washington, Jonesboro, AR 72401

Lions World Services for the Blind ..... 800-248-0734  
2811 Fair Park Blvd., Little Rock, AR 72204

Mid-South Lions Sight & Hearing Service ..... 888-546-6042  
930 Madison Ave., Memphis, TN 38103  
www.midsouthlions.org

Network of Community Options (Craighead, Lawrence, Randolph).....612-5900  
PO Box 356 Ashflat, AR 72513

Pathfinders (developmental disabilities) ..... 935-3586  
904 Loberg Lane, Jonesboro, AR 72401

## **DISABILITIES (continued)**

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Rehabilitation (job readiness & placement) ..... 972-0025  
2920 McClellan Drive, Jonesboro, AR 72401

Special Olympics ..... 501-771-0222  
2115 Main St North, Little Rock, AR 72114-2835

St. Bernards Health-Line (referrals) ..... 931-5055

The Learning Center (developmental disabilities) ..... 932-4245  
2808 Fox Meadow Lane, Jonesboro, AR 72404

TTY Referral Service ..... 972-0117  
3024 Stadium Blvd., Jonesboro, AR 72401

United Cerebral Palsy of Arkansas ..... 501-224-6067  
9720 N. Rodney Parham Road, Little Rock, AR 7227  
http://ucpcark.com

## **DISASTER**

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American Red Cross (food, emergency shelter) ..... 932-3212  
305 West Jefferson, Jonesboro, AR 72401  
www.redcross.org

County Emergency Services  
Clay - 151 S. 2nd Ave Piggott, AR 72454 ..... 598-5365  
Craighead - 511 Union Street, Jonesboro, AR 72401 ..... 933-4575  
Cross - 705 E. Union, Room 5 Wynne, AR 72396 ..... 238-5708  
Greene 320 W. Court #107 Paragould, AR 72450 ..... 239-6300  
Jackson ..... 523-6011  
Lawrence ..... 886-5750  
Poinsett - 401 Market St. Harrisburg, 72432 ..... 578-4455  
Randolph 176 Clover Rd. Pocahontas, AR 72455 ..... 892-5264

Salvation Army (Food, shelter & clothing) ..... 932-3785  
800 Cate, Jonesboro, AR 72401

## **EDUCATION**

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ACQUIRE (info regarding child care locations) ..... 972-3055  
615 University Loop East, Jonesboro, AR 72401

Area Vo-Tech (at Jonesboro Public Schools) ..... 933-5891  
1727 South Main, Jonesboro, AR 72401

Arkansas Single Parent Scholarship Fund ..... 501-728-4354  
614 E. Emma Ave., Ste. 119, Springdale, AR  
www.aspsf.org

## EDUCATION (continued)

|   |  |
|---|--|
| Arkansas State University-Newport ..... 1-800-976-1676<br>7648 Victory Blvd., Newport, AR 72112<br>asun.edu   |  |
| Beck Pride Center (wounded veterans)..... 972-2624<br>www2.astate.edu/cpi/beckpride/  |  |
| Black River Technical College ..... 248-4000<br>1410 Hwy 304 East, Pocahontas, AR 72455<br>blackrivertech.org   |  |
| Cooperative Extension Service (Lawn, garden, home economics)<br>Clay - 716 SW 2nd St Corning, AR 72422..... 857-6875<br>Clay - 148 E. Main Piggott, AR 72454 ..... 598-2246<br>Craighead - 611 East Washington, Suite A, Jonesboro, AR 72401..... 933-4565<br>Cross - 705 E Union Ave. Wynne, 72396..... 238-5745<br>Greene - 201 W. Court St. Rm 205, Paragould, AR 72450..... 236-6921<br>Jackson - 649 Jackson 917 Newport, AR 72112..... 523-7450<br>Lawrence -1100 W. Main St. Walnut Ridge, AR 72476..... 886-3741<br>Poinsett - 302 N. Main St. Harrisburg, AR 72432 ..... 578-4490<br>Randolph - 2500 US Hwy 62 West Pocahontas, AR 72455..... 892-4504   |  |
| Craighead County Jonesboro Public Library ..... 935-5133<br>315 West Oak, Jonesboro, AR 72401<br>libraryinjonesboro.org   |  |
| Head Start (income-based for preschoolers)<br>Caraway - 128 Kelly St., 72419..... 482-3674<br>Cherry Valley - 372 Walnut St., 72324 ..... 588-3832<br>Corning - 419 West Third Street, 72422..... 857-6572<br>Harrisburg - 1200 N Illinois St, 72432 ..... 578-5723<br>Jonesboro - 1405 Bittle St., 72401 ..... 802-4783<br>Jonesboro - 2114 N Church St., 72401..... 935-4180<br>Jonesboro - 2200 E. Matthews Ave., 72401..... 931-1172<br>Jonesboro - 911 Magnolia Rd., 72401 ..... 336-1639<br>Leachville - 1300 East 3rd St., 72438..... 539-6554<br>Marked Tree - 99 West Highway 63, 72365 ..... 931-1172<br>Newport - 3103 Highway 67 N., 72112 ..... 523-5438<br>Paragould - 1 Laubach Dr., 72450..... 240-0040<br>Paragould - 210 N. End Ave., 72450 ..... 239-0643<br>Paragould - 505 Canal St., 72450 ..... 240-0488<br>Piggott - 1020 S Taylor Ave., 72454 ..... 598-5850<br>Pocahontas - 1006 Oak St., 72455 ..... 892-1417<br>Pocahontas - 1407 Patrick Dr., 72455..... 892-7755<br>Rector - 49 North Stewart Street, 72461 ..... 595-3811<br>Trumann - 135 S Ozark St., 72472 ..... 483-0253<br>Trumann - 351 Campbell St., 72472 ..... 483-7322<br>Walnut Ridge - 901 State St., 72476..... 892-4547<br>Walnut Ridge 702 State St., 72476..... 886-6088<br>Weiner - 441 School St., 72479 ..... 684-7750<br>IWynne - 320 Magnolia St., 72396 ..... 238-0934 |  |

## EDUCATION (continued)

|   |  |
|---|--|
| Literacy League (Craighead & Poinsett)..... 910-6511<br>324 West Huntington Avenue, Jonesboro, AR 72401         |  |
| Office of Reading (Laubach literacy tutoring)..... 935-5133 ext. 36<br>315 West Oak Avenue, Jonesboro, AR 72401 |  |
| PACES (pregnant & parenting teens)..... 870-932-7542<br>2909 King St Ste. A Jonesboro, AR 72403                 |  |
| SUCCESS Schools ..... 931-9647<br>613 North Fisher, Jonesboro, AR 72401<br>success.k12.ar.us                    |  |
| Valley View Adult Education Center ..... 935-6205<br>2311 East Nettleton Avenue, Jonesboro, AR 72401            |  |
| Williams Baptist College ..... 886-6741<br>201 Fulbright Street, College City, AR 72476<br>wbcoll.edu           |  |

## EMERGENCY SERVICES

|   |  |
|---|--|
| 5 Rivers Medical Center ..... 892-6000<br>2801 Medical Center Dr, Pocahontas, AR 72455  |  |
| Arkansas Methodist Medical Center (Emergency) ..... 239-7138<br>900 West Kingshighway, Paragould, AR 72451                    |  |
| Arkansas State Police..... 935-7302<br>2216 Access Road, Jonesboro, AR 72401  |  |
| ASU Police ..... 972-2093   |  |
| Craighead County Sheriff..... 933-4550<br>901 Willett Road, Jonesboro, AR 72401   |  |
| Emerson Ambulance ..... 935-5577<br>1703 East Nettleton, Jonesboro, AR 72401  |  |
| FBI ..... 932-0700<br>2400 East Highland Drive, Jonesboro, AR 72401   |  |
| Great River Medical Center ..... 838-7332<br>1520 North Division, Blytheville, AR 72315                                       |  |
| Hispanic Center Services, Inc. (crisis o emergencia - bilingual) ..... 932-0700<br>311 Huntington Avenue, Jonesboro, AR 72401 |  |
| Jonesboro City Police ..... 935-5553<br>410 West Washington Avenue, Jonesboro, AR 72401                                       |  |
| Medic-One Ambulance ..... 972-0708<br>3301 South Caraway Road, Jonesboro, AR 72401  |  |

## **EMERGENCY SERVICES (continued)**

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|   |                |
|---|----------------|
| Mid-South Health Systems (suicide, detox services)..... | 972-4000       |
| 2707 Browns Lane, Jonesboro, AR 72401                   |                |
| NEA Baptist (Emergency Room).....                       | 972-7251       |
| 3020 Stadium Boulevard, Jonesboro, AR 72401             |                |
| Paragould Fire (non-emergency).....                     | 239-7525       |
| 1405 West Kingshighway, Paragould, AR 72450             |                |
| Piggott Community Hospital .....                        | 598-3881       |
| 1206 Gordon Duckworth Drive, Piggott, AR 72454          |                |
| Poison Control (poison, drug overdose info).....        | 1-800-222-1222 |
| 4301 West Markham, Little Rock, AR 72205                |                |
| Salvation Army (temporary shelter for homeless).....    | 932-3785       |
| 800 Cate, Jonesboro, AR 72401                           |                |
| SMC Regional Medical Center(Emergency).....             | 563-7180       |
| 611 West Lee, Osceola, AR 72370                         |                |
| St. Bernards Medical Center (Emergency Room).....       | 972-4288       |
| 225 East Jackson, Jonesboro, AR 72401                   |                |

## **EMPLOYMENT**

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|  |                |
|--|----------------|
| American Indian Center.....                                    | 1-800-441-4513 |
| 1100 North University, Little Rock, AR 72207                   |                |
| Arkansas Employment Security Department.....                   | 523-3641       |
| 401 Walnut, Newport, AR 72112                                  |                |
| Arkansas Employment Security Department.....                   | 236-8512       |
| 400 East Kingshighway, Paragould, AR 72451                     |                |
| Arkansas Employment Security Department.....                   | 886-3556       |
| 116 West Elm, Walnut Ridge, AR 72476                           |                |
| Arkansas Rehabilitation Services (education, employment) ..... | 972-0025       |
| 2920 McClellan Drive, Suite 2168, Jonesboro, AR 72401          |                |
| Arkansas Workforce Center (job placement).....                 | 935-5594       |
| 2311 A East Nettleton, Jonesboro, AR 72401                     |                |
| Experience Works (for those 55 or older).....                  | 910-8129       |
| 2311 East Nettleton, Jonesboro, AR 72401                       |                |
| FOCUS, Inc. (for people with disabilities).....                | 935-2750       |
| 2809 Forest Home Road, Jonesboro, AR 72401                     |                |
| Hispanic Community Services, Inc. ....                         | 931-1884       |
| 311 Huntington, Jonesboro, AR 72401                            |                |
| www.jhcsi.org  |                |

## **HOUSING**

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|  |          |
|--|----------|
| Aspen Gardens (Ages 62+).....                            | 972-1898 |
| 1011 Rains, Jonesboro, AR 72401                          |          |
| College Corner (HUD based on income).....                | 972-8200 |
| 1830 East Johnson Avenue, Jonesboro, AR 72401            |          |
| Crowley's Ridge Development Center (home ownership)..... | 919-2669 |
| 2401 Fox Meadow, Jonesboro, AR 72404                     |          |
| Habitat for Humanity .....                               | 933-1660 |
| PO Box 19051, Jonesboro, AR 72403                        |          |
| Jonesboro Housing Authority.....                         | 935-9800 |
| 330 Union, Jonesboro, AR 72401                           |          |
| Garden Manor Apts. (disabled, age 62+).....              | 932-6404 |
| 1400 North Bridge Street, Jonesboro, AR 72401            |          |
| Pines & Cedar .....                                      | 972-0070 |
| 301 North Caraway, Jonesboro, AR 72401                   |          |
| Plainview Apts (Section 8 HUD based on income).....      | 972-6042 |
| 301 East College, Jonesboro, AR 72401                    |          |
| Poinsett County Housing Authority .....                  | 358-2990 |
| 1104 Elm Street, Marked Tree, AR 72365                   |          |
| Walker Courts (Section 8 HUD low rent housing).....      | 935-0832 |
| 1129 Walker Place, Jonesboro, AR 72401                   |          |

## **GENERAL INFORMATION**

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|   |                |
|---|----------------|
| City of Jonesboro Animal Control.....                 | 935-3920       |
| 1628 Strawfloor Drive, Jonesboro, AR 72404            |                |
| Jonesboro Regional Chamber of Commerce .....          | 932-6691       |
| 1709 East Nettleton, Jonesboro, AR 72401              |                |
| Federal Information Center (for federal offices)..... | 1-800-333-4636 |
| First Congressional District Field Office.....        | 972-4600       |
| 108 East Huntington, Jonesboro, AR 72401              |                |
| Hispanic Community Services, Inc. ....                | 931-1884       |
| 311 West Huntington Ave, Jonesboro, AR 72401          |                |
| www.jhcsi.org   |                |
| Jonesboro Jaycees .....                               | 931-5252       |
| NEA Humane Society.....                               | 932-5185       |
| 6111 East Highland, Jonesboro, AR 72401               |                |



## **GENERAL INFORMATION (continued)**

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|                                       |                |
|---------------------------------------|----------------|
| Northeast Arkansans For Animals ..... | 932-5185       |
| nafa@doglover.com                     |                |
| Veteran's Services .....              | 933-4598       |
| 511 South Main, Jonesboro, AR 72401   |                |
| Internal Revenue Service .....        | 1-800-829-1040 |

## **LEGAL**

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|   |                     |
|---|---------------------|
| Ease Arkansas Area Agency on Aging (Lawyers serve ages 55+) .....     | 972-5980            |
| Arkansas Legal Services Partner.....                                  | arlegalservices.org |
| Arkansas Volunteer Lawyer Services for the Elderly.....               | 501-376-9263        |
| 2020 W. 3rd St. Ste. 620, Little Rock, AR 72205                       |                     |
| CASA (Court Appointed Special Advocates) .....                        | 935-1099            |
| 511 Union Suite 327, Jonesboro, AR 72401                              |                     |
| Child Support Enforcement.....  | 972-5510            |
| 2006 Latourette Drive, Jonesboro, AR 72401                            |                     |
| Crimestoppers (report info to help solve crimes).....                 | 935-7867            |
| Hispanic Community Services (referrals, interpret court/police) ..... | 931-1884            |
| 311 Huntington Ave, Jonesboro, AR 72401                               |                     |
| www.jhcsi.org   |                     |
| Legal Aid of AR (low-income, no criminal cases).....                  | 972-9224            |
| Espanol .....   | 1-800-234-3544      |
| 714 South Main, Jonesboro, AR 72401                                   |                     |
| Victim Assistance (victims of crimes).....                            | 972-9593            |
| 511 Union Suite 342, Jonesboro, AR 72401                              |                     |

## **MEDICAL**

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|   |                |
|---|----------------|
| 5 Rivers Medical Center .....                   | 892-6000       |
| 2801 Medical Center Drive, Pocahontas, AR 72455 |                |
| AHEC Family Practice Center.....                | 972-0063       |
| 223 East Jackson Avenue, Jonesboro, AR 72401    |                |
| American Cancer Society.....                    | 1-800-227-2345 |
| 901 North University, Little Rock, AR 72207     |                |
| American Diabetes Association .....             | 1-800-342-2383 |
| 1701 North Beauregard, Alexandria, VA 22312     |                |
| American Lung Association.....                  | 1-800-586-4872 |
| 1118 Hampton Ave., St. Louis, MO 63139          |                |

## **MEDICAL (continued)**

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|  |                |
|--|----------------|
| American Red Cross (first aid, CPR, health classes) .....            | 932-3212       |
| 305 W. Jefferson, Jonesboro, AR 72401-2754                           |                |
| American Red Cross Blood Services.....                               | 268-1990       |
| 1904 Grant Ave, Jonesboro, AR 72401                                  |                |
| American Stroke Association (CPR training).....                      | 877-AHA-4CPR   |
| AR Kids First.....   | 888-474-8275   |
| Arkansas Crisis Pregnancy Help Line .....                            | 888-610-2229   |
| Arkansas Department of Health .....                                  |                |
| 102 Liberty Street, Marked Tree, AR 72365 .....                      | 358-3615       |
| 1204 W Main St, Trumann, AR 72472 .....                              | 483-5761       |
| 110 N East Street, Harrisburg, AR 72432 .....                        | 578-4480       |
| 801 Goldsmith Road, Paragould, AR 72450 .....                        | 236-7782       |
| 1009 South Garfield, Piggott, AR 72454.....                          | 598-3390       |
| 1050 West Free Street, Walnut Ridge, AR 72467.....                   | 886-3201       |
| 704 Canal Street, Wynne, AR 72396.....                               | 238-2101       |
| Arkansas Methodist Medical Center .....                              | 269-7000       |
| 900 West Kingshighway, Paragould, AR 72450                           |                |
| Arthritis (Self-help courses, exercise classes).....                 | 1-800-482-8858 |
| 6213 Father Tribou, Little Rock, AR 72205                            |                |
| Breast Resource Information.....                                     | 336-4806       |
| 1144 East Matthews, Jonesboro, AR 72401                              |                |
| Children's Clinic .....  | 935-6012       |
| 800 South Church Street, Jonesboro, AR 72401                         |                |
| Children's Medical Services (DHS) .....                              | 972-1732       |
| 2920 McClellan Dr, Jonesboro, AR 72401                               |                |
| Coalition for Healthy Children (Health insurance for children) ..... | 972-1732       |
| 2920 McClellan Drive, Jonesboro, AR 72401                            |                |
| Community Healthcare Center.....                                     | 886-5507       |
| 3219 N Hwy 67B, Walnut Ridge, AR 72476                               |                |
| Craighead County Health Department .....                             | 933-4585       |
| 611 E. Washington Ave. #B, Jonesboro, AR 72401                       |                |
| Cross Ridge Community Hospital.....                                  | 238-3300       |
| 310 South Falls Boulevard, Wynne, AR 72396                           |                |
| Emerson Ambulance .....  | 935-5577       |
| 1703 East Nettleton Avenue, Jonesboro, AR 72401                      |                |
| Extended Family Home Health .....                                    | 932-7463       |
| 2710 Phillips Drive, Jonesboro, AR 72401                             |                |

## **MEDICAL (continued)**

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|   |                |
|---|----------------|
| Family Medical Center .....   | 857-3399       |
| 1300 Creason Road, Corning, AR 72422  |                |
| Flo and Phil Jones Hospice.....   | 336-4200       |
| HealthSouth Rehab Hospital.....   | 932-0440       |
| 1201 Fleming, Jonesboro, AR 72401   |                |
| Jonesboro Church Health Ctr (Low income, appointment only) .....                    | 972-4777       |
| 500 Kitchen Street, Jonesboro, AR 72401   |                |
| Lawrence County Health Services.....  | 886-1200       |
| 1309 W. Main, Walnut Ridge, AR 72476  |                |
| Lupus Foundation of America .....   | 1-800-558-0121 |
| Washington, DC 20001<br>www.lupus.org   |                |
| March of Dimes.....   | 932-0300       |
| 272 Southwest Drive, Jonseboro, AR 72401<br>www.marchofdimes.com                    |                |
| Medic-One Ambulance .....   | 972-0708       |
| 3301 South Caraway Road, Jonesboro, AR 72404<br>www.medic-one.info/inside_medec.php |                |
| Medicaid Transportation .....   | 930-2264       |
| 2005 East Highland Drive, Jonesboro, AR 72401                                       |                |
| Breast Resource Information.....  | 336-4806       |
| 1144 East Matthews, Jonesboro, AR 72401   |                |
| Breast Resource Information.....  | 336-4806       |
| 1144 East Matthews, Jonesboro, AR 72401   |                |
| Mission Outreach of NEA.....  | 236-8080       |
| 901 East Lake St, Paragould, AR 72450 • Available by appointment                    |                |
| NEA Regional AIDS Network.....  | 935-0135       |
| NEA Baptist Memorial Hospital.....  | 972-7000       |
| 3204 Stadium Boulevard, Jonesboro, AR 72401   |                |
| NEA Clinic.....   | 935-4150       |
| 311 East Matthews, Jonesboro, AR 72401  |                |
| NEA Clinic Doctor Finder.....   | 935-NEAC       |
| NEA Charitable Foundation, Medical Assistance Program (Prescriptions) ..            | 934-5400       |
| 1835 Grant, Jonesboro AR 72401  |                |
| NEA Women's Clinic .....  | 972-8788       |
| 3104 Apache Drive, Jonesboro, AR 72401  |                |
| Partnership for Prescription Assistance .....                                       | 1-800-762-4636 |

## **MEDICAL (continued)**

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|  |                               |
|--|-------------------------------|
| Poinsett County Medicine Assistance.....                                 | 578-2002                      |
| 110 S. East St., Harrisburg, AR 72432                                    |                               |
| Poison Control.....  | 1-800-376-4766/1-800-222-1222 |
| Pregnancy Health Center .....  | 870-239-0331                  |
| 1103 E Kings Highway Paragould, AR 72450                                 |                               |
| Pregnancy Resource Center .....  | 870-932-6644                  |
| 1000 S. Caraway Ste. 112 Jonesboro, AR 72401<br>www.jonesboroprc.com     |                               |
| Safe Jonesboro Coalition (Car Seats).....                                | 931-1111                      |
| 1413 Marketplace, Jonesboro, AR 72401                                    |                               |
| Shriner's Hospital for Children .....                                    | 1-800-237-5055                |
| 2900 Rocky Point Drive, Tampa, FL 33607-1460                             |                               |
| Spinal Cord Commission.....  | 268-0425                      |
| 2920 McClellan Drive Suite 1100, Jonesboro, AR 72401                     |                               |
| St. Bernards 225 East Jackson, Jonesboro, AR 72401                       |                               |
| Healthline (doctor locator service) .....                                | 931-5055                      |
| Birthcare Center .....   | 972-4388                      |
| Medical Center.....  | 972-4100                      |
| Patient Assistance Program .....   | 336-2080                      |
| United Cerebral Palsy of AR.....   | 1-800-228-6174/501-224-6067   |
| 9720 North Rodney Parham Road, Little Rock, AR 72227-6212                |                               |
| Vision USA (Free eye exams).....   | 1-800-766-4466                |
| 243 North Lindbergh Boulevard, St. Louis, MO 63141                       |                               |
| W. I. C.( Food for pregnant women and children).....                     | 933-4585                      |
| 611 East Washington Suite B, Jonesboro, AR 72401<br>www.fns.usda.gov/wic |                               |

## **RENTAL ASSISTANCE**

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|  |          |
|--|----------|
| Crowley's Ridge Development Council (Rent & Utilities) .....     | 932-0836 |
| 2401 Fox Meadow, Jonesboro, AR 72404<br>www.crdcnea.org          |          |
| Mission Outreach of NEA (Rent and Utilities).....                | 236-8080 |
| 901 East Lake St, Paragould, AR 72450 • Available by appointment |          |
| Salvation Army (Rent, Utilities, Food, Clothes, Shelter) .....   | 932-3785 |
| 800 Cate, Jonesboro, AR 72403 • Monday-Friday 9:00-4:00          |          |

## **SHELTER**

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|  |                            |
|--|----------------------------|
| Arkansas Baptist Children's Homes and Family Ministries..... | 935-5134                   |
| 2100 Stadium Boulevard, Jonesboro, AR 72401                  |                            |
| Black River Area Development .....                           | 892-4547                   |
| 1403 Hospital Drive, Pocahontas, AR 72455                    |                            |
| Children's Homes, Inc. ....                                  | 1-800-382-4114             |
| 5515 Walcott Rd. Paragould, AR 72450                         |                            |
| childrenshomes.org   |                            |
| Consolidated Youth Services (Ages 8-18) .....                | 972-1110                   |
| 4220 Stadium Boulevard, Jonesboro, AR 72401                  |                            |
| Lawrence County Children's Shelter.....                      | 886-5800                   |
| 1056 First Avenue, Walnut Ridge, AR 72476                    |                            |
| Mission Outreach.....  | 236-8080                   |
| 901 East Lake Street, Paragould, AR 72450                    |                            |
| Salvation Army (Temporary shelter for homeless).....         | 932-3785                   |
| 800 Cate, Jonesboro, AR 72403                                |                            |
| White River Battered Women's Shelter .....                   | 523-5000(hotline)/523-5403 |
| 724 Walnut, Newport, AR 72112                                |                            |
| Women's Crisis Center.....                                   | 933-9449                   |
| 1103 Cobb Street, Jonesboro, AR 72403                        |                            |
| ..... Business Line 972-9575                                 |                            |
| www.keepneawomensafe.com                                     |                            |

## **SUPPORT GROUPS**

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|  |                         |
|--|-------------------------|
| ADHD-Focus, Inc (Attention Deficit, hyperactivity) ..... | 1-800-223-1330          |
| 1123 South University Suite 225, Little Rock, AR 72204   |                         |
| Alliance for Mentally Ill .....                          | 935-6304                |
| Alzheimer's (Area Agency for Aging).....                 | 930-2235/1-888-532-2235 |
| 2005 East Highland Drive, Jonesboro, AR 72401            |                         |
| Arthritis Exercise .....                                 | 930-2235/1-888-532-2235 |
| 2005 East Highland Drive, Jonesboro, AR 72401            |                         |
| Battered Women .....                                     | 933-9449                |
| Greene County Low Vision Support Group.....              | 236-8498                |
| 123 North 12th, Paragould, AR 72450                      |                         |
| Grief (St. Bernards Hospice) .....                       | 935-6310                |
| 700 East Washington, Jonesboro, AR 72401                 |                         |
| MADD .....   | 935-2773                |
| Military Family Assistance Center .....                  | 1-501-212-7014          |

## **SUPPORT GROUPS (continued)**

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|   |                         |
|---|-------------------------|
| NEA Breast Care Support Group.....                    | 935-3196                |
| Parents Without Partners .....                        | 1-800-637-7974          |
| PO Box 26016, Little Rock, AR 72221                   |                         |
| ..... 501-568-4476                                    |                         |
| www.pwplittlerockar320.com                            |                         |
| Parkinson's Disease .....                             | 930-2235/1-888-532-2235 |
| 2005 East Highland Drive, Jonesboro, AR 72401         |                         |
| Poinsett County Veterans Administration .....         | 578-4495                |
| 405 Court St, Harrisburg, AR 72432                    |                         |
| Rape-Victim Witness Assistance .....                  | 972-9593                |
| 511 Union Street, Jonesboro, AR 72401                 |                         |
| Reconnection-SW Church of Christ (Ex-gay males) ..... | 932-9254                |
| 1601 James Street, Jonesboro, AR 72401                |                         |
| Sisters for Survival (women cancer survivors).....    | 919-2851                |
| Stroke/Post Polio Rehab Hospital .....                | 932-0440                |
| 1201 Fleming, Jonesboro, AR 72401                     |                         |
| Widowed Persons/Caring & Sharing.....                 | 930-2235/1-888-532-2235 |
| 2005 East Highland Drive, Jonesboro, AR 72401         |                         |

## **TRANSPORTATION**

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|   |          |
|---|----------|
| East Arkansas Area Agency on Aging.....         | 972-5980 |
| 2005 East Highland Drive, Jonesboro, AR 72401   |          |
| Black River Area Development .....              | 892-4547 |
| 1403 Hospital Drive, Pocahontas, AR 72455       |          |
| City Cab.....                                   | 972-9722 |
| 305 County Rd. 472, Jonesboro, AR 72401         |          |
| Crowley's Ridge Development Council.....        | 932-0836 |
| 2401 Fox Meadow Lane, Jonesboro, AR 72404       |          |
| Emerson Ambulance .....                         | 935-5577 |
| 1703 East Nettleton Avenue, Jonesboro, AR 72401 |          |
| JET System.....                                 | 935-5386 |
| 110 South Gee Street, Jonesboro, AR 72401       |          |
| Medic-One Ambulance .....                       | 972-0708 |
| 3301 South Caraway Road, Jonesboro, AR 72404    |          |
| Medicaid Transportation (All ages).....         | 930-2264 |
| 2005 East Highland, Jonesboro, AR 72401         |          |

## **UTILITIES**

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|   |                         |
|---|-------------------------|
| Centerpoint Energy Arkla .....                                | 1-800-992-7552          |
| City Water & Light.....                                       | 930-3300                |
| 400 East Monroe, Jonesboro, AR 72401                          |                         |
| Craighead Electric Cooperative.....                           | 932-8301/1-800-794-5012 |
| 4314 Stadium Boulevard, Jonesboro, AR 72404                   |                         |
| Crowley's Ridge Development Council (rent & utilities) .....  | 932-0836                |
| Mission Outreach of NEA (Greene Co. residents).....           | 870-236-1080            |
| 901 East Lake Street P.O. Box 1122, Paragould, AR 72450       |                         |
| Salvation Army (rent, utilities, food, clothes, shelter)..... | 932-3785                |
| Monday-Friday 9:00-4:00                                       |                         |

## **YOUTH**

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|   |              |
|---|--------------|
| Big Brothers Big Sisters of N. Central Arkansas ..... | 501.336-9505 |
| 1105 Deer St., Conway, AR 72032                       |              |
| <a href="http://www.bbbsnca.org">www.bbbsnca.org</a>  |              |
| Boy Scouts of America (Boys 6-18, Girls 14-18).....   | 800-545-7268 |
| 3220 Cantrell Road, Little Rock, AR 72202             |              |
| Cross County .....                                    | 870-238-2442 |
| 325 Magnolia Street, Wynne, AR 72396                  |              |
| Children and Family Services .....                    | 972-1732     |
| 2920 McClellan Drive, Jonesboro, AR 72401             |              |
| Children Services.....                                | 972-4080     |
| 2701 Browns Lane, Jonesboro, AR 72401                 |              |
| City Youth Ministries .....                           | 932-9398     |
| 118 Burke, Jonesboro, AR 72403                        |              |
| Consolidated Youth Services .....                     | 972-1110     |
| 4220 Stadium Boulevard, Jonesboro, AR 72404           |              |
| Craighead County 4-H .....                            | 933-4565     |
| 611 East Washington Suite A, Jonesboro, AR 72403      |              |
| CRDC (Prevention Resource Center) .....               | 933-0033     |
| 2114 North Church, Jonesboro, AR 72401                |              |
| Girl Scouts Diamonds.....                             | 932-2833     |
| 4803 East Johnson, Jonesboro, AR 72401                |              |
| Greene County 4-H .....                               | 236-6921     |
| 201 West Court Street, Room 205, Paragould, AR 72450  |              |
| Happy Talk.....                                       | 932-7323     |
| 315 West Oak Avenue, Jonesboro, AR 72401              |              |

## **YOUTH (continued)**

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|   |              |
|---|--------------|
| Make a Wish Foundation (Memphis) .....                  | 800-264-9474 |
| 1780 Mariah Woods Boulevard Suite 10, Memphis, TN 38117 |              |
| NEA Children's Advocacy Center .....                    | 275-7902     |
| Paces, Inc. (Teen parenting issues).....                | 932-1166     |
| 2909 King Street, Jonesboro, AR 72403                   |              |
| Parks and Recreation .....                              | 933-4604     |
| 1212 South Church, Jonesboro, AR 72401                  |              |
| SUCCESS Schools .....                                   | 931-9647     |
| 613 North Fisher, Jonesboro, AR 72401                   |              |
| YMCA (Recreational activities, organized teams).....    | 932-8482     |
| 1421 West Nettleton, Jonesboro, AR 72401                |              |

## **FREQUENTLY USED RESOURCES**

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|   |                         |
|---|-------------------------|
| American Red Cross (food, emergency shelter) .....                        | 932-3212                |
| East Arkansas Area Agency on Aging.....                                   | 972-5980/1-800-467-3278 |
| Jonesboro Church Health Center (Low income health care, appointment only) | 972-4777                |
| .....   |                         |
| City Youth Ministries .....   | 932-9398                |
| Craighead County Health Department .....                                  | 933-4585                |
| Crowley's Ridge Development Council (rent & utilities) .....              | 932-0836                |
| Department of Human Services (DHS) .....                                  | 972-1732                |
| Greene County Community Fund .....  | 239-8435                |
| Helping Neighbors Food Pantry .....                                       | 935-7298                |
| Monday-Thursday 10:00-2:00  |                         |
| NEA Foundation (Prescriptions) .....                                      | 934-5400                |
| Salvation Army (rent, utilities, food, clothes, shelter).....             | 932-3785                |
| Monday-Friday 9:00-4:00   |                         |
| The Learning Center (developmental disabilities) .....                    | 932-4245                |
| Women's Crisis Center (domestic violence) .....                           | 933-9449                |

# LIVE UNITED

Living united means being a part of the change.

## Advancing the COMMON GOOD

United Way is working to advance the common good by focusing on education, income and health. These are the building blocks for a good life—a quality education that leads to a stable job, enough income to support a family through retirement, and good health.

Our goal is to create long-lasting changes that prevent problems from happening in the first place.

We invite you to be part of the change. Together, united, we can inspire hope and create opportunities for a better tomorrow. That's what it means to **LIVE UNITED**.

HOW TO

LIVE UNITED

IN NORTHEAST ARKANSAS:

JOIN HANDS.

**OPEN YOUR HEART.**

LEND YOUR MUSCLE.

**FIND YOUR VOICE.**

GIVE 10% GIVE 100%

**GIVE 110%.**

**GIVE AN HOUR.**

**THINK WE BEFORE ME.**

REACH OUT A HAND TO ONE AND

**INFLUENCE**

**THE CONDITION OF ALL.**

GIVE. ADVOCATE. VOLUNTEER.

**LIVE UNITED**™



**APPENDIX F**  
**ACKNOWLEDGEMENTS**

## Acknowledgements

Medical Center management was the convening body for this project. Many other individuals including key informants and community-based organizations contributed to this community health needs assessment.

### **Key Informants**

Thank you to the following individuals who participated in our key informant interview process:

Holly Taylor, R.N., Riverside Schools  
Jon Milligan, Mayor, Lake City  
Barry Rile, Mayor, Caraway  
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Randy McComb, M.D., St. Bernards Medical Center  
Gina Gomez, Executive Director, Hispanic Community Services, Inc.  
Amy Howell, Administrator, Craighead County Health Unit  
Kenneth Jones, Mayor, Brookland  
Veta Schrable, Buffalo Island Central School District  
Darra Cunningham, Microsociety School – Jonesboro School District  
Linda Hutchinson, Administrator, Greene County Health Unit  
Katheren Richardson, Greene County Technical High School  
Misty Colvey, Athletic Director, Williams Baptist College  
Sherry Morgan, R.N., Director of Campus Health, Williams Baptist College  
Jackie White, M.D., White Medical Clinic  
Don House, Mayor, Walnut Ridge  
Carrie Hunter, M.D., Corning Community Clinic  
Kevin Diamond, Lawrence County Family Practice  
Ami Henderson, R.N., Trumann Intermediate School  
Wayne Nichols, Mayor, Marked Tree  
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Jamie Bartholomew, Weiner Public Schools  
William Lewis, M.D., Five Rivers Medical Center  
Greg Mallard, M.D., Piggot Family Medical Clinic  
Bridgitte McDonald, Executive Director, Corning Area Healthcare  
Stan Bradshaw, M.D., Wynne Medical Clinic  
Stephanie Patterson, Occupational Nurse, Denso Manufacturing  
Deborah Boyett, Health Service Administrator, American Greetings  
Wayne Wagner, Mayor, Manila  
Reggie Cullom, M.D., Cullom Clinic



## **APPENDIX G SOURCES**

## Sources

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